

SOUTH SHORE BULLETIN

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YOUR COMMUNITY • YOUR VOICE • YOUR NEWSPAPER

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BRIDGEWATER, NOVA SCOTIA, CANADA

WEDNESDAY, AUGUST 13, 2025



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MARKET**
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MEET UP**
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KEVIN MCBAIN PHOTO

FOOTSTEPS OF CANADIAN HEROES

Sue Milner (front and centre) stopped in at the Bridgewater Legion Aug. 7, as part of her Footsteps of Canadian Heroes Maritime awareness tour. Pictured with her are several local war veterans. Milner's father and uncle were both fighting in the Second World War in Europe. On July 25, Milner's uncle, Lt. James Milner was killed in France. Milner's father, Lt. W.E. Milner, was serving in Italy at the time. Her and her husband, Al Stayura have been travelling throughout Canada and making scheduled stops along the way. Their trailer includes photos of the 158 fallen Afghanistan soldiers, photos of Milner's father and uncle. On the inside of the back of the doors of the trailer are signatures of 3,000+ veterans that have signed them along their tour stops. Along with awareness, Milner is also raising money for the Homes for Heroes mission.

Forests closed to public until drought ends

By **LOGAN RING**
NSCC Student Reporter

NOVA SCOTIA – The province has been riddled with extreme drought conditions this summer; lakes in the province are facing extreme lows and many counties in the province have made water restrictions on residents urging them to preserve water.

For example: According to the Government of Canada "Real-Time Hydrometric

Data Graph for LAHAVE RIVER AT WEST NORTHFIELD (01EF001) [NS]" the LaHave river at the site is down to 1.465 meters as of August 6, this is compared to 2.602 meters which was recorded in April.

The Town of Mahone Bay advised residents to voluntarily restrict their water usage and by doing measures like avoiding filling up pools and ponds, limit watering lawns, and washing cars, and limiting shower time and frequency.

A province-wide ban on open fires started on July 30 and will remain in place until October 15 or until conditions improve. The fine for violating the ban is \$25,000.

The province has increased their precautions to prevent fires, restricting travel and activities in the woods because continued hot, dry conditions have greatly increased the risk of wildfires.

Continued on page 2

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213893

Rockin’ the night away for a good cause

By ED HALVERSON
ed.halverson@southshorebulletin.ca

LUNENBURG - Canadian rock icons The Northern Pikes are coming to the Lunenburg Opera House Aug. 18.

The rockers known for a string of hits in the 1980s and ’90s including Teenland, The Things I Do For Money, and their biggest single, She Ain’t Pretty, will be donating the proceeds from the show to Fishermen’s Memorial Hospital.

Northern Pikes frontman and guitarist Bryan Potvin has called Lunenburg home for many years. Potvin says he was approached by Kinley’s pharmacist Mike Skinner and Lunenburg Mayor Jamie Myra about the possibility of having the band come to town seeing as they are already scheduled to play in Dartmouth at the Rock the Harbour festival along with Trooper and Streetheart Aug. 17.

Potvin said he put the idea of playing a benefit show for the hospital to the Northern Pikes and “everyone in the band loved it!” Potvin is also excited about taking the stage at Lunenburg’s historic venue. “Any excuse to perform in the opera house. Our grand old lady here in town, it’s just a privilege to be in there.”

Potvin said because they already

have a contract with Rock the Harbour, they were told they couldn’t market the show within 100 kilometres of Halifax, a standard clause in the live music industry. To meet that condition, they are promoting the show in an old-school manner,

selling paper tickets and putting up posters in shop windows, message boards and telephone poles across the county.

Kevin Kane, who many will recall from another seminal Canadian band, The Grapes of Wrath joined

the Northern Pikes several years ago. Kane also lives in the area and along with his wife, has been helping Potvin get the word out about the fundraising show.

Continued on page 3

Forests closed to public until drought ends

Continued from page 1

The restrictions, effective as of 4 p.m., Aug. 5, include: no hiking, camping, fishing and the use of vehicles in the woods are not permitted; trail systems through woods are off limits; camping is allowed only in campgrounds.

These and other measures are in place on provincial Crown and private land until Oct. 15 or until conditions allow them to be lifted. The fine for violating the restrictions is \$25,000.

“Conditions continue to be extremely dry. Until we get a significant amount of rain, we’re at an elevated risk of wildfires,” said Premier Tim Houston in a press conference Aug. 5. “Most wildfires are caused by human activity, so to reduce the risk, we’re keeping people out of the woods until conditions improve. I’m asking every-

one to do the right thing don’t light that campfire, stay out of the woods and protect our people and communities.”

“We’ve had about 100 wildfires this season. They’ve all been small and put out quickly, but that could change in a heartbeat in these dry conditions. I ask everyone to co-operate, stay out of the woods and be sensible in applying these rules to help keep our people and our communities safe.” said Tory Rushton the minister of natural resources in the Aug. 5 press conference.

Because of these small wildfires, resources in Nova Scotia are already spread thin. With the fires out west and in Newfoundland the federal governments firefighting capabilities are also at their capacity.

Forestry, mining and any commercial activity on provincial Crown lands are also restricted. People who conduct this kind of activity can apply for a permit at their local Department of Natural Resources office.

In the Aug. 5 press conference premier Tim Houston, told Nova Scotians who smoke to watch where they butt out cigarettes saying that if they cause a fire “they will be held accountable”.

The province also recommended that certain industries move to nighttime operations, when the wind has died down and the humidity is up, and the fire risk is slightly decreased.

While the restrictions are in place, people can still access beaches and parks, but not the trail systems. Private landowners are free to use their own properties but cannot host others to use wooded areas of their properties.

If you have questions about the restrictions, you can call your local Department of Natural Resources office for more details.

IF YOU RUN OUT OF WATER

If you’re in Municipality of Lunenburg:

Starting on Monday, Aug. 11, the Municipality of the District of Lunenburg began providing water coupons for drinking and cooking water to municipal residents experiencing dry wells.

Municipal residents can pick up coupons at the Municipal Service Building between the hours of 8 a.m. to 5 p.m. Monday to Friday) or through e-mail at: info@modl.ca to receive electronic coupons (must be printed to redeem) and exchange them at various retail locations for water.

The program provides 4L of bottled water per person per day up to a maximum of four 4L jugs per day per household. Only households experiencing a clean water shortage are eligible to receive the coupons.

Coupons are good for a one-week period (Monday to Sunday) and will expire each Sunday for as long as the program is running. New coupons can be picked up on a weekly basis. Each coupon can be exchanged at select retailers within the Municipality for one 4L jug of water (no substitutes).

The locations in which the coupons can be used are: Sam’s No Frills, Bridgewater; The Water Market, Lunenburg; Nick’s Your Independent Grocer, Mahone Bay; and the New Germany Freshmart.

Residents with dry wells can also visit the LCLC (135 North Park St, Bridgewater) for showers. Showers can be accessed by registering at the front desk.

IF YOU LIVE IN THE MUNICIPALITY OF CHESTER

Graves Island will be open from 1:30 to 3:30 p.m., seven days a week for people to take showers or get potable water.

Please, stop at the entrance and let the park staff know that you’re there.

IF YOU LIVE IN QUEENS COUNTY

Residents can access potable water and free public showers as listed below (please note, if additional location are added, the list will be updated):

Shower Facilities: Queens Place Emera Centre. Book a time slot by calling 902-354-4422.


Hours of operation are: Monday – Friday, 10 a.m.-1 p.m., and 4-8 p.m., and Saturday – Sunday, noon to 3 p.m.

Potable water can be accessed at the Cowie well at 733 Main Street in Liverpool.

PROVINCIAL PARKS OPEN FOR SHOWERS AND DRINKING WATER

Seven provincial parks around the province are opening their showering facilities and drinking water facilities to people who are experiencing dry wells. Visitors must check in with park staff before using the facilities. Shower facilities are available between 1:30 and 3:30 p.m.

Parks include: Blomidon, Ellenwood Lake, Graves Island, Porters Lake, Rissers Beach, the Islands and Valleyview.



NOVA SCOTIA REGULATORY AND APPEALS BOARD
NOTICE OF PUBLIC HEARING

IN THE MATTER OF AN APPLICATION by the **REGIONAL MUNICIPALITY OF QUEENS**, on behalf of its **Water Utility**, for approval of amendment to its Schedule of Rates and Charges for Water and Water Services and amendments to its Schedule of Rules and Regulations. This matter will be considered in a public hearing as follows

Hearing starts: **Thursday, October 9, 2025**
10:30 a.m.

Evening Session: **Thursday, October 9, 2025**
6:00 pm

Hearing Location: **Council Chambers, Region of Queens Municipality**
249 White Point Road
Liverpool, NS

THE DATE AND LOCATION OF THE HEARING MAY CHANGE

If any Intervenor in this proceeding intends to file evidence, the timeline will be extended to accommodate this, and the hearing date will be rescheduled.

Depending on the circumstances, all or part of this public hearing may be held virtually, by video conferencing.

THE DATE, TIME AND LOCATION FOR THIS HEARING MAY BE CONFIRMED BY VISITING THE BOARD’S WEBSITE OR BY CONTACTING THE CLERK OF THE BOARD.

Board Hearings are open to the public and you may participate as follows:

- You may speak at the hearing. You must notify the Board by **Wednesday, September 17, 2025, of your request to speak.**
- You may make written comments by sending a letter to the Clerk of the Board at P.O. Box 1692, Unit “M”, Halifax, NS B3J 3S3, or by email at: board@novascotia.ca, or by fax at (902) 424-3919 by **Wednesday, September 17, 2025.**
- You may request formal standing as an Intervenor, subject to Board approval. This will allow you to present evidence or cross-examine witnesses. Your request must be received by the Board by **Friday, August 22, 2025**, and a copy of your written evidence by **Wednesday, September 17, 2025.**

Additional information about the matter is as follows:

- For unmetered customers, the current quarterly water bill is \$96.43, and it is proposed to increase to \$200.53 (a 108% increase) in 2025/26; \$206.98 (a 3.2% increase) in 2026/27; and \$213.26 (a 3.0% increase) in 2027/28.
- For residential customers (5/8” meters), the current average quarterly water bill is \$82.61, and it is proposed to increase to \$169.66 (a 105.4% increase) in 2025/26; \$174.63 (a 2.9% increase) in 2026/27; and \$177.39 (a 1.6% increase) in 2027/28.
- For all other metered services, the Utility is requesting amendments ranging from 107.5% to 119.5% in 2025/26; 0.2% to 4.0% in 2026/27; and 2.8% to 4.3% in 2027/28.
- The annual fire protection charge paid by the Municipality, currently \$201,531, is proposed to increase to \$401,599 (a 99.3% increase) for 2025/26, \$495,931 (a 23.5% increase) for 2026/27 and \$503,625 (a 1.6% increase) for 2027/28.

Upon reviewing the Application, the Board, in its Decision, may determine that the proposed amendments should be as requested, higher, or lower.

A copy of the Application and any timetable applying to this matter may be viewed on the Board’s website at <http://nserbt.ca/nsrab/>, by clicking on “Matters & Evidence”, “Go To Files & Documents”, and in the “Go Directly to Matter” search box, enter Matter No. **M12363** or at the offices of the **Region of Queens Municipality, 249 White Point Road, Liverpool, Nova Scotia.**

To assist the Board in using correct forms of address and pronouns in our hearings and decisions, we invite all parties, lawyers, and all other participants to share their pronouns and titles with the Board and each other if they are comfortable doing so. There is no requirement to provide this information.

D8672

Dahl’s dispatch

EVAN DAHL

Lunenburg County firefighters answered 94 calls for service and Queens County firefighters answered 21 calls for service from Wednesday, July 30 to Wednesday, August 6 – 42 of these calls were medicals.

JULY 30

At 2:30 p.m., Italy Cross firefighters responded to a possible motor vehicle accident in Italy Cross. Bridgewater and Mill Village also responded. Port Medway was on stand by.

At 3:39 p.m., Greenfield firefighters responded to trees on power lines on fire in Labelle. North Queens also responded.

At 4:22 p.m., Mahone Bay firefighters responded to a smoke sighting in Mahone Bay. Blockhouse also responded.

At 5:50 p.m., Bridgewater firefighters responded to a mulch fire in Bridgewater.

At 6:11 p.m., Northfield firefighters responded to a motor vehicle accident in Pinehurst.

At 7:40 p.m., Riverport firefighters responded to a fire alarm in Kingsburg.

At 10:15 p.m., Chester Basin firefighters responded to an illegal burn in Chester Grant.

JULY 31

At 7:52 a.m., Northfield firefighters responded to a tree on power lines on fire in Upper Northfield.

At 5:07 p.m., Hubbards firefighters responded to a motor vehicle accident in Simms Settlement.

At 8:46 p.m., Greenfield firefighters responded to an illegal burn in Labelle. North Queens also responded.

AUGUST 1

At 6:35 a.m., Bridgewater firefighters responded to a commercial fire alarm in Bridgewater.

At 7:27 a.m., Tri District firefighters responded to a possible tractor trailer fire in Wileville. Hebbville and Bridgewater also responded.

At 9:23 a.m., New Germany firefighters responded to an illegal burn in Union Square.

At 1:02 p.m., Tri District firefighters responded to a possible motor vehicle accident in Wileville. Hebbville also responded.

At 1:21 p.m., Bridgewater firefighters responded to a golf cart fire in Bridgewater.

At 5:00 p.m., Martins River firefighters responded to a motor vehicle accident in Martins River. Mahone Bay and Western Shore also responded.

At 8:43 p.m., Hubbards firefighters responded to assist Black Point at an illegal burn in Queensland.

AUGUST 2

At 4:03 a.m., Hubbards firefighters responded to assist Black Point at a fire alarm in Hubbards. Upper Tantallon also responded.

At 6:18 a.m., Bridgewater firefighters responded to a commercial fire alarm in Bridgewater.

At 10:45 a.m., Lunenburg firefighters responded to a fire alarm in Blue Rocks.

At 12:30 p.m., Bridgewater firefighters responded to a smoke condition in Bridgewater.

At 3:10 p.m., Dayspring firefighters responded to a motor vehicle accident in Dayspring.

At 4:52 p.m., Tri District firefighters responded to a fire sighting in Chelsea. Hebbville also responded.

At 6:07 p.m., Mill Village firefighters responded to a possible motor vehicle accident in East Port Medway. Port Medway also responded.

At 7:28 p.m., Northfield firefighters responded to a motor vehicle accident in Cookville.

At 7:52 p.m., Chester firefighters responded to a residential fire alarm in Chester.

At 8:02 p.m., Liverpool firefighters responded to a water rescue in White Point. Port Medway also responded. Mill Village was on stand by.

At 9:29 p.m., Tri District firefighters responded to an illegal burn in Chelsea. Hebbville also responded.

At 9:44 p.m., Western Shore firefighters responded to an illegal burn in Gold River.

AUGUST 3

At 3:38 p.m., Hebbville firefighters responded to a house fire in Hebbville. Bridgewater, Hebbs Cross, Tri District, Italy Cross, Conquerall Bank and Petite Rivière also responded. Oakhill was on stand by in Bridgewater, Greenfield was on stand by in Newcombville and North Queens was on stand by in Greenfield.

At 5:52 p.m., Liverpool firefighters responded to a vehicle fire in Brooklyn.

AUGUST 4

At 12 noon, Oakhill firefighters responded to a smoke sighting in Maitland. Blockhouse also responded.

At 5:40 p.m., Blandford firefighters responded to a water rescue in Blandford.

At 8:45 p.m., Hubbards firefighters responded to assist Black Point at a fire sighting in Boutiliers Point.

At 8:49 p.m., Hubbards firefighters responded to assist Black Point at an illegal burn in Hubbards. Upper Tantallon, Hammonds Plains and Lakeside also responded.

At 9:05 p.m., New Ross firefighters responded to a possible motor vehicle accident in New Russell.

At 11:23 p.m., Chester Basin firefighters responded to a smoke sighting in Chester Basin.

AUGUST 5

At 8:53 a.m., Lunenburg firefighters responded to a commercial fire alarm in Lunenburg.

At 10:27 a.m., Chester Basin firefighters responded to a residential fire alarm in Chester Basin.

At 11:49 a.m., Mahone Bay firefighters responded to a commercial fire alarm in Mahone Bay.

At 4:07 p.m., Cornwall firefighters responded to an illegal burn in Newburne. Walden also responded.

ON AUGUST 6

At 9:03 a.m., Hemford firefighters responded to a reported illegal burn in Simpsons Corner.

At 11:39 a.m., Lunenburg firefighters responded to a residential fire alarm in Martins Brook.

At 2:51 p.m., Lunenburg firefighters responded to a commercial fire alarm in Garden Lots.

At 7:14 p.m., Pleasantville firefighters responded to an illegal burn in Lake Centre.

You may reach Evan Dahl by e-mail at evandahl10@hotmail.com or via the Dahl Dispatch Facebook page.



Rockin’ the night away for a good cause

Continued from page 2


While there may be a certain nostalgia for the scrappy, do-it-yourself promotion that helped bring the band to the attention of the masses when they first started out, Potvin says he’s found that’s not the way people of his generation usually buy tickets anymore.

Said Potvin, “it’s been sort of a, a bit of a wakeup call for me to realize that even people of my vintage, you know, people who are older, prefer to shop and buy their concert tickets online and get their promotional materials online as well too.”

They’ve shifted their focus a bit and have been posting about the show on social media trying to spread the word.

Potvin also recognizes that people also tend to wait until the last minute to make decisions about attending shows and expects there will be a good number of people buying tickets the night of the show.

For those wishing to secure their spot in advance for the Northern Pikes show at the Lunenburg Opera House on Aug. 18, tickets are available at Kinley’s Pharmacy and Stan’s Dad and Lad on Lincoln Street in Lunenburg at a cost of \$60.



THE MUNICIPALITY OF
CHESTER

MUNICIPALITY OF THE DISTRICT OF CHESTER
NOTICE REGARDING BY-LAW ADOPTION

Take Notice that Chester Municipal Council conducted Second and Final Reading for consideration of the adoption of the By-Law noted below on July 31, 2025, as follows:

By-Law	Adoption of By-Law
By-Law 156 Water Supply and Septic System Upgrades Program By-Law	• Adoption of By-Law 156 will replace By-Law 148 Water Supply Upgrade Lending Program to permit the Municipality of the District of Chester to provide financing to eligible property owners for improving the supply of potable water and septic upgrades to properties within the Municipality of the District of Chester.
By-Law	Repeal of By-Law
By-Law 148 Water Supply Upgrade Lending Program	• This By-Law is being replaced by By-Law 156 Water Supply and Septic System Upgrades Program By-Law.

Take notice that the above adoption and repeal will take effect as of the date of this publication.

Take notice that copies of By-Laws may be reviewed between the hours of 8:30 a.m. and 4:30 p.m. at the Administration Office of the Municipality of the District of Chester, 151 King Street, Chester or on the Municipality’s website at www.chester.ca or by contacting the undersigned at (902) 275-3554 or via email at pmyra@chester.ca.

Pamela M. Myra
Municipal Clerk

Chester, NS
August 13, 2025

D8697



LOCAL



TO THE EDITOR

Keep on kayaking

The Editor,

Reading your story about Michael Bastarache and the threats and vandalism he endured, I became more and more disturbed. There is a sinister element that makes me think of a coercive, secretive police state.

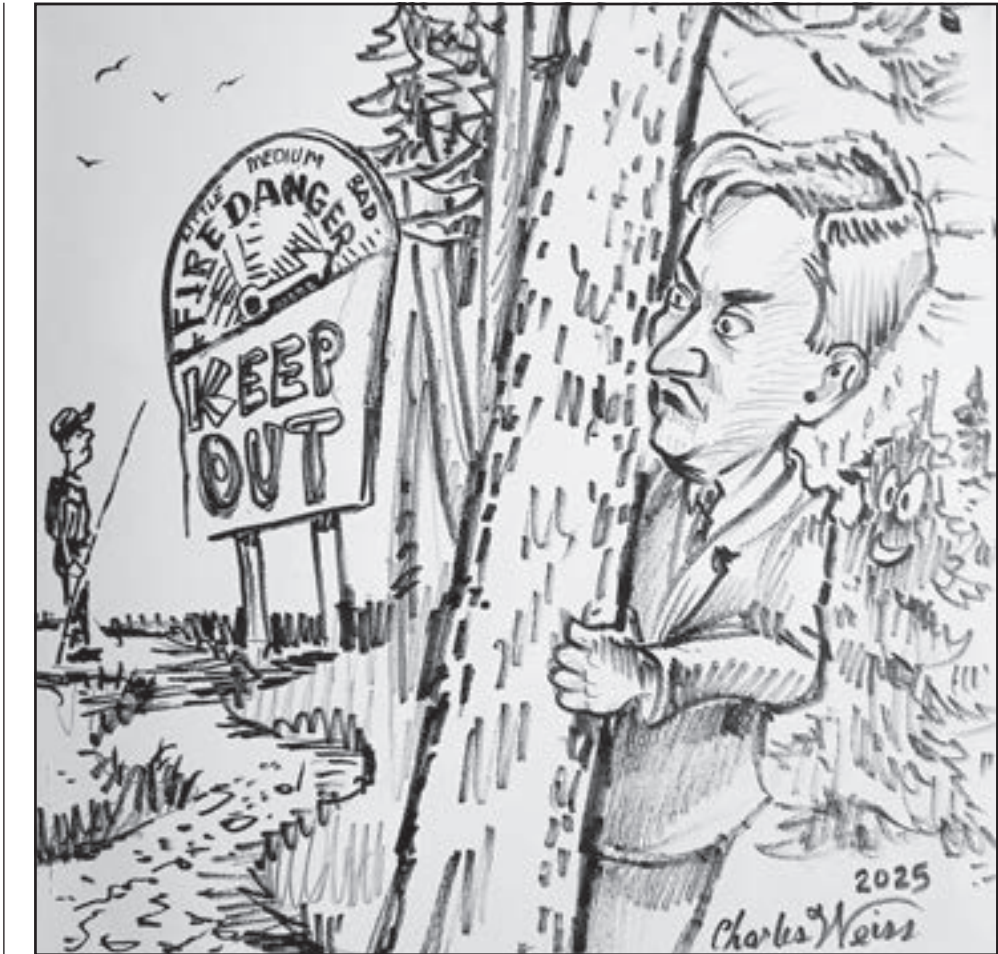
Who was the anonymous DNRR employee who lied and harassed Mr. Bastarache? Does he really work for DNRR, in which case, he should lose his job?

If he lied about working for DNRR then he's guilty of fraud. Mr. Bastarache said this person wouldn't identify himself, but surely it's worth a check of the phone records to see if he can be identified?

As to an inspector from Transport Canada showing up a week after the DNRR conversation to see Mr. Bastarache's kayaks and dock, I agree with Mr. Bastarache, it is suspiciously coincidental. Why the sudden interest from multiple government agencies in Mr. Royal Stevens' business apart from the fact that Mr. Bastarache uses Mr. Stevens' wharf? It is incredibly creepy.

Even the owner of the home rented by Mr. Bastarache for six years, seems to have joined the act, demanding Mr. Bastarache vacate the property.

It all sounds like a collusion orches-



trated by someone or group in the Mahone Bay area to pressure and threaten Mr. Bastarache into abandoning his business. Is some disgruntled person calling in favours?

I hope Mr. Bastarache stays. I also think the story deserves more investigation. Why did Transport Canada start an investigation? Why was Mr. Stevens targeted and on what grounds?

There is something very wrong when

anonymous people can use government departments to harass anyone they don't agree with.

I hope MLA Susan Corkum-Greek and MP Jessica Fancy-Landry make a genuine effort to get to the bottom of this.

Keep on kayaking, Mr. Bastarache.
Sue Dexter
Robert Lawrence
Bridgewater, NS

Proposed development in Lunenburg not a good idea

The Editor,

Solterre Inc's current plan for high-density residential development off Falkland Street in Lunenburg shows a complete lack of understanding of current recreational, business, and residential use patterns in that part of town.

The lack of on-site parking spaces makes the plan unrealistic from the start. Off-site parking spaces in the area are already heavily used and should not be considered available for

use by residents of the development. Then there are the current congestion issues associated with traffic coming from the school, surrounding recreation facilities, Victoria Road, and downtown at certain times of the day.

Lunenburg needs to have well-thought-out planning and zoning bylaws, complete with strict requirements for traffic studies and parking supply, so that real estate developers have a clear understanding of the needs and limits of the community

before proposing pie-in-the-sky plans. Developments need to do more than make money for the developers. They need to make sense for the community.

Does Lunenburg need more housing options for year-round residents? Yes. But 65 units with almost no on-site parking in a busy recreation hub with existing traffic problems? I don't think so.

Sue Kashanski
Garden Lots

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RCMP PHOTO

Photos are of the man and vehicle believed to be involved in the theft.

Lunenburg District RCMP seek information from the public in relation to ATM theft

SOUTH SHORE BULLETIN STAFF

HUBBARDS - Lunenburg District RCMP is seeking information from the public about the theft of an ATM in Hubbards.

On Aug. 6 at approximately 5 a.m., officers responded to a report of a theft at a business on Hwy. 329. Officers learned that a blue SUV backed up to the doors of the store and a person removed the machine from the lobby. There was significant damage to the front of the building in addition to the theft.

Surveillance video shows a tall, slender man wearing a trench coat, a balaclava, and gloves removing the ATM using a newer model Nissan Rogue SUV.

Officers appreciate that several people contacted police to provide information related to the theft. These calls have helped investigators recover parts of the ATM along the sides of roads around Hubbards. The investigation is ongoing.

Anyone who may have information about the theft is asked to contact Lunenburg District RCMP at 902-275-3583. This includes anyone with dash-cam footage or surveillance video of the area around the time of the theft and witnesses who have not yet spoken with police.

To remain anonymous, call Nova Scotia Crime Stoppers, toll-free, at 1-800-222-TIPS (8477), submit a secure web tip at www.crimestoppers.ns.ca, or use the P3 Tips app.

Lunenburg, N.S.					
TIDE TABLE					
Wednesday, August 13			Sunday, August 17		
low	0.56 ft	5:44 AM	high	4.53 ft	2:50 AM
high	5.98 ft	11:50 AM	low	1.67 ft	9:44 AM
low	1.25 ft	6:28 PM	high	5.18 ft	3:16 PM
Thursday, August 14			Monday, August 18		
high	5.41 ft	12:02 AM	high	4.36 ft	4:13 AM
low	0.82 ft	6:33 AM	low	1.77 ft	10:55 AM
high	5.87 ft	12:33 PM	high	5.09 ft	4:35 PM
low	1.25 ft	7:29 PM	low	1.02 ft	11:49 PM
Friday, August 15			Tuesday, August 19		
high	5.15 ft	12:51 AM	high	4.49 ft	5:42 AM
low	1.15 ft	7:31 AM	low	1.77 ft	12:05 PM
high	5.68 ft	1:19 PM	high	5.22 ft	5:52 PM
low	1.25 ft	8:32 PM			
Saturday, August 16			Wednesday, August 20		
high	4.82 ft	1:45 AM	low	0.82 ft	12:52 AM
low	1.44 ft	8:36 AM	high	4.79 ft	6:51 AM
high	5.41 ft	2:12 PM	low	1.61 ft	1:10 PM
low	1.21 ft	9:37 PM	high	5.45 ft	6:54 PM

Level of accuracy may be affected by weather patterns and circumstances.

Those were the days

Take a trip down memory lane with this vintage ad from the Bridgewater Bulletin, August 13, 1975.

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www.southshorebulletin.ca/Archives

Social Column

Enjoy this “social media of yesteryear” excerpt from the Bridgewater Bulletin.

August 13, 1975

Maplewood-Parkdale

by Mrs. Ira Rhodenizer

Mr. and Mrs. Carl Dalrymple and family, Middle Sackville spent five days during the week at the home of Mr. and Mrs. Murray Wentzel.

Mrs. Frances Spratt, Worcester, Mass. And Mrs. Eva Weagle, Bridgewater were Saturday dinner guests at the home of Mr. and Mrs. Ray Wentzel and supper guests at the home of Mr. and Mrs. Laurie Wentzel.

Mr. and Mrs. Ralph Conrad and Mr. Roy Conrad of Chicago, Ill. are spending two weeks with Mrs. Lester Rhodenizer. Sunday they visited relatives in the Annapolis Valley.

Mr. and Mrs. Ralph Conrad and Roy and Mrs. Lester Rhodenizer spent Thursday and Friday touring the Cabot Trail.

Sunday visitors at the home of Mr. and Mrs. Richmond Rafuse were Mr. and Mrs. Donald Foster, Joan, Sharon and Thomas of Westwood, Mass.; Mrs. And Mrs. Michael Langille, Jeffrey and Charlene, Yarmouth; Mr. and Mrs. John Rafuse, Stephen and Jill, New Germany and Mr. and Mrs. Hollis Rafuse, Pinehurst. Wednesday supper guests were Mr. and Mrs. Ellory Langille and Miss Rosamond Tupper, Brooklyn, Anna. Co. Miss Tupper remained with Mr. and Mrs. Rafuse for a few days.

Mr. and Mrs. Willard Mosher and family, Labrador City were Sunday dinner guests at the home of Mr. and Mrs. Ronald Grimm.

Mr. and Mrs. Robert Evanson, Chicago, Ill. are spending their vacation at the home of Mr. and Mrs. Frank Rafuse, Sr.

Congratulations to Mr. and Mrs. Emery Wentzel on the birth of their daughter born Aug. 6 at the D. M. Hospital.

Curious to see more?

Visit our Archives at www.southshorebulletin.ca

Community Events

August 13-19, 2025

WEDNESDAY, AUGUST 13

Victorian Tea at Trinity United, Rose Bay, 2 PM.
\$18, Quilt/Fibre Arts Display & Sale, Info: 902-766-4235.

Bright & Lion Touch Rugby at Kinsman Field, Maple St., Bridgewater, 7:30 to 8:30 PM.

THURSDAY, AUGUST 14

Recreation and Social Program for Mature Adults at HB Studios Sports Centre, 543 Glen Allan Dr., Bridgewater, 10 AM to 12 PM.

Bridgewater Toast Master Club at NSCC Lunenburg Campus, 75 High St., Bridgewater, 7 to 8:30 PM.

Trivia with Michelle at King Street Beer, 463 King St., Bridgewater, 7 to 9 PM.

FRIDAY, AUGUST 15

Clickety Clack Knitters & Crafters at DesBrisay Museum, Jubilee Rd., Bridgewater, 1 to 5 PM.

New Germany Farmers’ Market at 5325 Highway 10, 2 to 6 PM.

Music Bingo at King Street Beer Company, 463 King St., Bridgewater, 6 to 8 PM.

SATURDAY, AUGUST 16

Summer Cruisin’ Dance at Liverpool Curling Club, 108 Gorham St, Liverpool, 9 PM.
Information: 902-354-4407 / liverpoolcurling@gmail.com.

Bridgewater and Area Lions Club - Food Pantry Toiletries and Food Drive at South Shore Mall, Bridgewater, 9 AM. Information: 902-599-3253 / darrin35@hotmail.com.

Fuel the Fun: ProKids Fundraiser at MARC, Dayspring, 1 PM. Information: engage.modl.ca/hemlock

Protect our Hemlocks at Miller Point Peace Park, 9 AM.

SUNDAY, AUGUST 17

Bridgewater Ultimate Frisbee at Kinsmen Field, Maple St., Bridgewater, 10 AM to 12 PM.

Celtic Sunday Session at Eli+Trix, 538 Main St., Mahone Bay, 2 to 4 PM.

TUESDAY, AUGUST 19

Game Night at Michelin Social & Athletic Club, Logan Rd., Bridgewater, 4 to 9 PM.

Lunenburg Farmers Market celebrates 40 years of fresh food

By ED HALVERSON
ed.halverson@southshorebulletin.ca

LUNENBURG - A festive atmosphere greeted visitors to the Lunenburg Farmers Market Thursday as the organization marked 40 years of operation.

In addition to the regular stable of vendors the market also had a bouncy castle, an interactive experience with angora bunnies and a stamp making station where you could design your own card using one of several iconic Lunenburg images created by artist Alison Tremaine. Proceeds from cards went directly to support We Feed Lunenburg.

According to Market Manager Whitney Cruickshank, each week approximately 2,000 people file through the Lunenburg Arena to purchase fresh goods from one of the 60 vendors. With 90 vendors

to choose from, priority is given to food producers, who make up 60 per cent of the available space. The other 40 per cent is composed of artisans and other sellers.

The market is overseen by a nine-person board who are very involved in setting policy and ensuring the market stays true to its roots.

Started by a small group of volunteers, the first

market made its home at the old train station on Dufferin Street on July 25, 1985. The market has moved location a few times over the years, eventually settling on its current location in the Lunenburg Arena during the summer and the Community Centre in the colder months.

Continued on page 7

What’s coming to streaming this week: August 13-20

CRAVE			
August 13 Timber Titans (new season)	Capturing Their Killer: The Girl on the High Bridge Chibiverse (seasons 2-3) Philly Undercover	Airport Security: Madrid (seasons 4 and 7) Airport Security: Peru and Brazil (season 6) Airport Security: Peru (season 3) Reminder (Aşkî Hatırla) The Twisted Tale of Amanda Knox (premiere)	August 18 CoComelon Lane: Season 5 The Legend of Tarzan Sixteen Candles
August 14 And Just Like That... (finale) Fugitive Pieces	August 14 FX’s It’s Always Sunny in Philadelphia (season 17, new episode) Keeping Up with the Kardashians (seasons 9-13)		August 19 America’s Team: The Gambler and His Cowboys
August 15 Bad Moms A Bad Moms Christmas Being Maria Darkest Miriam Death of a Unicorn Developer La Nuit Eighth Grade En Fanfare Magic City: An American Fantasy (series premiere) Mechanic: Resurrection Y2K	August 15 A Brother’s Love (La femme de mon frère) Bob’s Burgers (season 15, new episode) Heat Wave (Les grandes chaleurs) Hochelaga, Land of Souls (Hochelaga, terre des âmes) Jaws @ 50: The Definitive Inside Story John Wick John Wick: Chapter Two Limitless: Live Better Now FX’s Necaxa (new episodes) The Great North (season 5, new episode) The Nice Guy (new episodes)	NETFLIX	August 20 Fisk: Season 3 Rivers of Fate (Brazil)
		August 13 Love is Blind UK: Season 2 (GB) Fixed Saare Jahan Se Accha: The Silent Guardians (India) Songs From the Hotel Young Millionaires (France)	PRIME VIDEO
		August 14 Fear and Loathing in Las Vegas In the Mud (Argentina) Miss Govener: Season 1 Part 2 Mononoke The Movie: Chapter II – The Ashes of Rage (Japan)	August 13 Butterfly The Heavenly Idol Sausage Party: Foodtopia (season 2)
		August 15 The Circle The Echoes of Survivors: Inside Korea’s Tragedies (South Korea) Fit for TV: The Reality of the Biggest Loser Night Always Comes Sing	August 14 Amores Perros Blood For Blood
		August 16 BattleShip Don’t Tell Mom the Babysitter’s Dead Oppenheimer	August 15 Beautiful Was the Fight Blindspot Chasing Zombies: A Tribute to George Romero The Legend of Ochi Say Who Die The Siege at Thorn High
		August 17 Abonimable	August 16 NWSL: Washington Spirit vs. Racing Louisville FC
			August 17 Pixels
			August 18 Vampires Suck
			August 19 Four Ways to Say Farewell
			August 20 Colour Me True A Cop and a Half The Map That Leads to You

GOLDEN YOUTH CARD CLUB CARD PARTY RESULTS
The Golden Youth Card Club met on July 31st for a game of Auction 45’s.
The winners were: Ladies high, Marie Rafuse, 1010; Ladies second, Norma Joudrey, 1000; Men’s high, Dave Rockwell, 915; Men’s second, Ken Edwards, 900; Low Score, Mildred O’Hear, 410; Lucky Tally, Robby Wentzell; Travel Prize, Marie Rafuse; 50/50 Winners: Spencer Bagley and Liz Godden.
The Golden Youth Card Club met on August 7th for a game of Auction 45’s.
The winners were: Ladies high, Marie Rafuse, 1135; Ladies second, Carol Corkum, 890; Men’s high, Russell Mosher, 970; Men’s second, Chris Brown, 915; Low Score, Ken Edwards, 450; Lucky Tally, Sandy Aulenback; Travel Prize, Spencer Bagley; 50/50 Winners: Calvin Hiltz and Ken Edwards.
Card parties are held every Thursday evening at the Pleasantville Fire Hall starting at 7pm. New members are welcome (age 55+).

BRIDGEWATER SENIOR CITIZENS CARD GROUP RESULTS
The Bridgewater Senior Citizens Group met on August 6 for a game of Auction 45’s.
Winners were: ladies’ high, Ethel Andrews, 935; men’s high, Gary Aulenback, 965; runners up, Dean Avery, 955 and Phyllis Meisner, 920. Winner of the 50/50 draw was Sheila MacDougall. Winners of 30 X 60 bids were Ken Edwards and Gary Aulenback (3 times).
Card parties are held on Wednesday evenings at 7:00 in the Masonic Hall on Dominion Street. New members always welcome.

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The winners
The latest winners for the Riverport Community Centre 150 Club Draw were: Sue Hinton, Daphnes Strowbridge, Ivan Chegrinec, Gordie Moreau, Jennifer Lemire, Ca-sey DeVries, Gordie Moreau, and Dan Wilson. Four more weekly draws in August!

Pen pals meet face-to-face after 54 years

By KEVIN MCBAIN

kevin.mcbain@southshorebulletin.ca

NEW ROSS – They live 4,205 kilometres apart, but this distance hasn't kept them separated.

It seems like destiny that brought two men together – same last name, coming from towns with the same name.

Marty Murphy, a community-champion and Christmas tree producer in New Ross and pen pal Fergal Murphy, a now-retired teacher from New Ross, Ireland have been in contact with each other since they were in Grade 6 in 1971, 54 years ago.

Last month they met face-to-face for the first time at Marty's Christmas tree farm in New Ross. The duo, along with their wives, family and friends enjoyed a time of touring, eating and getting to know one another better.

Marty remembers how pen pal relationship got started.

"My teacher was Mary Brown. She told us that there was a group of children in New Ross, Ireland. Apparently, they were looking at a map and found this other New Ross, so their teacher got them to write letters to us," he explained.

"She had the letters in her hand and walked down the aisle, indiscriminately handing them out. She got to me and said, 'Marty, there's a Murphy boy and I think I'm going to give him to you, where you're both Murphys.'"

They began writing to each other, something that continued for several years. Marty said there was a period where they stopped writing during their university and college years, but, in the early to mid-'90s he came across Bernice Hiltz, who was a member of the New Ross Historical Society at the time, and she mentioned that they had been in touch with some New Ross historians in Ireland.

One of the guys involved used to be a school teacher, and he remembered that he had a Murphy student who was a pen pal with a Murphy in New Ross, Nova Scotia.

"She thought of me and after their chat, we were once again reunited and have stayed in touch since," he said.



CONTRIBUTED PHOTO

Fergal Murphy and his wife, Joan of New Ross, Ireland (left) visited with pen pal Marty Murphy and wife Wanda, of New Ross, NS at their home last month. This was the first time that Marty and Fergal have met in person after being pen pals since 1971.

Their letter-writing has now turned into e-mails and Messenger writings. Marty mentioned that he is the only one from his Grade 6 class that is still in contact with a pen pal from that time.

Although July's meeting was the first time they'd met face-to-face, it wasn't the first time they talked to each other over the phone. In 2020, CBC did a story and connected them through a call.

Marty said that getting ready for the interview and the phone call was a bit nerve-wracking.

"This was live, and I thought am I going to understand what he saying?" he said, but, in the end, he recalled that some good questions were asked and all was good. He added that he is not sure why they have never called each other before, but he does have a theory.

"The phone is always there, but I think both of us kind of thought it would break something – we were pen pals," he said.

THE VISIT

Marty said they had always planned to visit in person at some point in time.

The chance came this summer when Fergal's son, Diurmuid, and his four-piece Irish-fusion band, Tulua, scheduled a Maritime tour. At the same time, some of the parents took the opportunity to explore the Maritimes, which included a four-hour stop July 17 at the home of Marty and his wife, Wanda.

Fergal and his wife, Joan stopped in along with two other sets of parents of musicians from the band. Marty and Wanda also invited some of their family to join in.

A big part of the tour was taking them around Ruby's Trail which winds around Marty's Christmas tree lot. It is a peaceful trail which Marty and Wanda created as a memorial to their granddaughter Ruby Webber, who died in 2017 at the age of eight months.

Along with Ruby's Trail, they also created Ruby's Travelling Rocks, which are painted as ladybugs. These have been given to people who in turn have taken photos of them as they travel all over the world. A Facebook page is documenting everywhere they go.

Fergal was one of the recipients of a rock several years ago and this made him more intrigued.

Marty said that he really enjoyed the visit, and their bond is now stronger than ever. He said they learned so much about each other, but the main thing that he learned was...

"How much alike we all were. I thought, different cultures, different countries, the differences are going to be huge. But you know, it was just like you and I talking now," he said. "Yes, we knew each other, but the whole family thing. We felt so close and that we were just part of a big circle. I think we both had a bit of anxiety about meeting, but in the end, we made some new friends, and I think it brought us closer together."

Marty said after the visit, he and Wanda decided to attend the Tulua concert that was being held in Pictou on July 22. The parents would not be there, as they were touring, but they decided to attend.

Marty and Wanda were given free tickets, and they were treated as special guests. Diurmuid even told the pen pal story during the show.

"We were really touched," said Marty.

When asked if he was thinking about going over to Ireland soon he said the invitation is there and that he would really like to take a trip to see them, but admits to having a bit of anxiety over the flight, but he didn't say, no.

Lunenburg Farmers Market celebrates 40 years of fresh food

Continued from page 6

Two of the original organizers of the farmers market are Rumtopf Farm owners, Wanda and Michael Wolter. Today their children Maria and Tobias carry on the tradition, selling fresh produce from their farm in Conquerall Mills.

Forty years on, daughter Maria says she doesn't really know why her parents decided to get into farming. "They bought a farm and just went for it. They both went to agricultural college and studied and, yeah, I think they were just into it."

Wolter says it's good to see the same 15 or 20 core vendors at the market every week.

Laura Mulrooney is the Market's treasurer and a volunteer. Before they retired, she and her husband were regular vendors at the market, selling bread and treats from their business, Julien's Bakery for almost 25 years.

Mulrooney says while the market may be a nice day out for some, for others, it's a part of their regular routine. "People don't just shop at the market. They do their grocery shopping," said Mulrooney. "They come with their bags; they have a list. It is

like they're serious market people. More serious than anyone and all over the province."

The Lunenburg Farmers Market has seen many changes over its four decades. When the market started farmers would exchange crops for cash.

Today, most vendors will accept electronic payments. The market can even provide "Market Dollars", acting as a sort of ATM, allowing buyers to tap and receive paper denominations to be used as a type of cash currency accepted by all the vendors.

Manager, Cruickshank says "we're



just trying to decrease barriers for folks to be able to shop at their market."

The Lunenburg Farmers Market operates every Thursday morning from 8 a.m. to noon at the Lunenburg Arena until mid-September, before moving to the Community Centre when the ice gets put in.

LIFESTYLES

Misidentification

JAMES HIRTLE
Bird Notes

The picture in the Aug. 6 paper is actually not of an arctic tern. I'll have to remove that species from my year list.

I automatically fell into the trap of the bill being bright orange without a black tip and thinking that it was indeed an arctic tern. The bird in question is actually a common tern.

Jason Dain reported at least 100 great shearwaters off Pearl Island with one Manx shearwater and a couple of sooty shearwaters.

On Aug. 1, I saw a nice grouping of migrants at Rissers Beach. There were several warblers, a hermit thrush, black-capped chickadees, a blue-headed vireo with an all-white head, a red-breasted nuthatch, a white-breasted nuthatch, a red cross-bill, black-capped chickadees, cedar waxwings and other species. I saw my first Nelson's sparrows this year and there were eight present.

On Aug. 2, a nice grouping of warblers moved through my yard in LaHave. Lise Bell texted to let me know that on Aug. 3 there were close to 100 ruddy turnstones and many sanderlings at Crescent Beach.

I did a shorebird survey on Aug. 4, and recorded 109 ruddy turnstones, 27 sanderlings, 11 willets, 28 semi-palmated sandpipers, three greater yellowlegs, 15 black-bellied plovers, 191 semi-palmated plovers, 172 short-billed dowitchers and one least sandpiper.

Kerry Jarvis reported numbers of black-bellied plovers at Green Bay. On Aug. 6 at Crescent Beach there were 29 black-bellied plovers, 162 short-billed dowitchers, 223 semi-palmated plovers, eight willets, 15 semi-palmated sandpipers, 74 ruddy turnstones, one sanderling and one greater yellowlegs.

Robby Wentzell of the Leary Fraser Road sighted a black-backed wood-

pecker there on a telephone pole. On Aug. 6, Russell Miller attended a birthday party at Heron Drive (Hirtle Lake) in Hemford. The lady who lives in a large log home there had an eastern phoebe nesting with three young in the nest actively being fed by the adults. The nest was under the house eaves.

On July 27, Rob Edsall found a European whimbrel at Crystal Crescent Beach with about 85 Hudsonian godwits. A Franklin's gull was located by Ken McKenna at Big Island on July 29.

On July 30, Eric Mills discovered a wood stork on Brier Island. A great egret continued at Rainbow Haven

as of July 31. Zachery Deutsch discovered a black-necked stilt at the Wallace Bay Refuge on Aug. 1. The next day, it was reported that about 30,000 semi-pamated sandpipers were at the Guzzle in the valley.

On Aug. 3, Nancy Andrews located a common gallinule at Meadows Pond in Cape Breton. A yellow-headed blackbird was posted on the Nova Scotia Bird Society Facebook page at Lower Sackville.

A number of stilt sandpipers have been reported. Two American oystercatchers showed up at Freeport. Alix d'Entremont, Kathleen MacAulay and Berton d'Eon ventured to the south of Cape Sable Island on August 3. They



JAMES HIRTLE PHOTO

A Nelson's Sparrow spotted on Risser's Beach Aug. 1.

spotted around 1,260 shearwaters of which about half were sooty shearwaters. Manx shearwaters were plentiful as well.

You may reach me at 902-693-2174 or email jrhbirder@hotmail.com.

Call it what you mean: Why the biggest leadership opportunity problem might be sitting in the owner's chair

STEPHANIE MILLER VINCENT
Business Moments

Last week, we talked about tone, how what you think you're saying isn't always what your team hears. But there's another part of the story that doesn't get told enough.

What if the problem isn't the manager's delivery?

What if the real issue is the person who put them there...and then looked the other way?

Yep. We're going there.

If you're the owner, the general manager, or the person signing the paycheques, you're not off the hook. In fact, you're holding the pen and the paper. Because if your team is led by someone who's rude, dismissive, or just plain hard to work for, and you know it (or worse, have been told about it) ... then you're not just part of the culture, you're authoring it.

Let's talk about it. "They've always been that way." That's not a reason. That's an excuse. "They get results." At what cost? A high performer who leaves a trail of bruised egos, turnover, and burned-out employees is costing you far more than you think.

"No one's said anything to me." That doesn't mean it's not happening. It often means your team doesn't feel safe saying it out loud.

You can't build a reputation as an employer of choice if your people are quietly counting the days until they can leave or even the minutes until their shift is over, or the time it takes for a snarky return email after sent has been hit. And if your leadership team is operating unchecked, especially if people have raised concerns and felt dismissed, that's on you.

So, what should you be looking for? Here are a few red flags that some-


thing deeper might be off:

- * You're seeing a revolving door of staff in one or more departments.
- * Guests are happy, but the back-of-house vibe is tense or silent.
- * You hear "they're hard to work for" more than once.
- * Someone on your team seems constantly stressed, but never speaks up.
- * Employees disengage, do the bare minimum, or suddenly stop offering ideas.
- * You find yourself defending the same leader over and over.

And here's the part no one tells you: You can't fix what you're unwilling to see.

Leadership isn't about always having the answers. It's about being willing to ask the right questions even the uncomfortable ones, especially the uncomfortable ones!

Continued on page 15



PUBLIC INFORMATION MEETING NOTICE
In the matter of the Municipal Government Act and the Town of Mahone Bay

TAKE NOTICE THAT on July 31, 2025, the Council of the Town of Mahone Bay received a request to amend the Land Use By-Law section 5.12 Coastal Elevation.

1) Amendments to the Land-Use Bylaw to adjust the language in section 5.12 [Coastal Elevation] to clarify that additions or renovations to existing structures be exempt from the 3.5m vertical setback.

A PUBLIC INFORMATION MEETING on this proposal will be held by staff at Town Hall in Council Chambers (493 Main Street), on Tuesday August 26, 2025, beginning at 7:00 p.m. The purpose of the Public Information Meeting is to provide an opportunity for any interested person to obtain information and to discuss the proposal. This is the kick-off meeting for the request.

For further information, call 902-624-8327 or 902-275-2599.

Kelly Munroe, Clerk

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LIFESTYLES

Understanding feline Upper Respiratory Infections

SHAID TREE ANIMAL SHELTER STAFF
Sheltering Helpless Animals In Distress

If you’ve ever had a bad cold, you know just how miserable it can feel. Now imagine that same discomfort but with no way to communicate it. For many cats, that’s what a feline upper respiratory infection (URI) feels like – sneezing, congestion, runny eyes, and a lack of appetite.

Upper respiratory infections are among the most common illnesses affecting cats, especially in shelter environments where animals may arrive stressed, unvaccinated, or carrying undetected viruses. Caused by a variety of viruses and bacteria – such as feline herpesvirus and calicivirus – URIs are highly contagious and can spread rapidly in group settings, even with stringent cleaning protocols in place.

At SHAID Tree Animal Shelter, we are currently facing an outbreak of URI among our cat population. While not usually life-threatening, these infections can cause significant discomfort and require careful management to prevent complications and further spread.

In response, SHAID has made the difficult but necessary decision to temporarily close the shelter to the public. This pause will allow our team to focus entirely on the recovery and well-being of the cats in our care. Infected cats are being monitored closely, receiving supportive treatments such as fluids, antibiotics when appropriate, and extra TLC from our staff and volunteers.

We know how disappointing this is for the community members hoping to adopt or visit. But this step is essential to give our cats the best chance to heal fully, and to prevent exposing new arrivals or visitors to illness.



CONTRIBUTED PHOTOS
New SHAID Manager Ashley Kippers.

INTRODUCING OUR NEW SHELTER MANAGER

We also want to take this opportunity to introduce our new Shelter Manager, Ashley Kippers. Ashley brings a unique combination of education, experience, and heart to SHAID. She holds a degree in Animal Science and has previously owned and operated both a professional organizing business and a pet sitting company.

Her deep understanding of animal care, paired with her strong organizational skills and hands-on business experience, has already had a positive impact on daily operations at the shelter.

Ashley’s leadership is helping SHAID navigate this challenging time with compassion, structure, and a forward-looking approach. She is committed to ensuring the well-being of every animal in our care, enhancing shelter protocols, and building strong relationships with our community.



Trixie, a four-year-old tortoiseshell.

PROTECTING TRIXIE AND OTHER IMMUNOCOMPROMISED CATS

One of the cats in our care, *Trixie*, is especially vulnerable during this outbreak. Trixie is a delightful four-year-old tortoiseshell who is FeLV+ (Feline Leukemia Virus positive). Her condition makes her immunocompromised and at significantly higher risk for complications from infections like URI.

To protect her health, Trixie is being housed in a separate, quiet room within the shelter—away from the general cat population. At SHAID, we take her FeLV+ status very seriously and are committed to providing her with a safe, calm environment where she can thrive. Our staff limit her exposure to potential pathogens and follow strict handling and cleaning protocols to reduce any risks.

Trixie is full of personality. She’s very loving, enjoys affection, and is looking for a cozy indoor-only home—either as the only cat or with another FeLV+ companion. Thanks to the care she’s receiving, Trixie remains happy and healthy while we navigate this challenging time.

HOW YOU CAN HELP

While adoptions and visits are on hold, SHAID continues to need community support. Donations of cleaning supplies, wet cat food, and funds for veterinary care help ensure that every cat receives the treatment they need to recover and thrive.

URI outbreaks, while frustrating, are temporary, but with your help, these cats will be back on their paws and ready for adoption in no time.

To learn more or to donate, visit shaidanimalshelter.com or follow us on social media for updates.

What I didn’t know then

SUSANNE BECK
Reality Check

Choice Theory is focused on the present day. Why? “All you have any control over is what you do right now” is how Dr. Glasser puts it in “Choice Theory.”

We can’t change the past, but many of us with vivid imaginations can easily speculate about what would have happened had we done things differently. For example, “Had I gone after that promotion, then I would have moved out west and then I would have met new people and had greater opportunities...”

But, this fantasy cannot be tested because we can’t go back and change what we did in the past! We can imagine a different, more wonderful life, but it’s available only in our minds.

This is not to say that the past doesn’t matter. One thing we can do at any age and regardless of choices we’ve made in the past, is continue to learn. We can learn by reading, watching, talking, and possibly most effectively, by listening.

We can learn from our past and from the experiences of others. Just as there’s no need for us to

reinvent the wheel; there is no need for us to figure out everything about human relationships from scratch. Other people have done a lot of that work before us; we can learn from it.

Recently I’d come across several commentaries along the lines of, “If I could go back in time, what would I tell my younger self?” One was a video by author Dan Pink, known for his books on motivation, regret and more. He’s made a nice snappy video of 40 truths he wished he’d known in his 20s.

Continued on page 15

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PUZZLES & MORE

The Weekly Crossword

by Margie E. Burke

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- ACROSS
- 1 Accumulate
6 Auto pioneer
10 Medic or legal starter
14 Summary
15 Rom-com writer Ephron
16 Cassini of fashion
17 Prickly plants
18 Like exciting movie scenes
20 “Quantum Leap” co-star Dean
22 Prone to sulking
23 Seehorn of “Better Call Saul”
24 Writer Uris
26 Cipher system
28 Like some campaigns
34 Fall birthstone
35 Oui’s opposite
36 Cinnamon tree
37 Coffee server
38 Kind of city election
40 Make an attempt
41 Like some profiling
43 Graveyard letters
44 Honey bunch?
45 M. Night Shyamalan film of 2004
47 Prefix with China
48 What’s more
49 Cupid, to the Greeks
51 “Leave me ____!”
54 Period of truce
59 Like some courtroom questions
61 Egypt-Sudan region, once
62 Spicy stew
63 Shepard in space
64 Wooded hollows
65 Dieter’s desire
66 Trait carrier
67 Cunningly
- DOWN
- 1 Circle segments
2 Spam or lamb
3 Agreement
4 Pitching legend Paige
5 Sudden increase
6 ____ and for all
7 Hang loose
8 Army exercises
9 Classic TV bartender
10 Pennsylvania peaks
11 Like a certain sax
12 Kansas City Chiefs coach Andy
13 CIA part: Abbr.
19 Unprincipled
21 Funk’s collaborator
25 Ones that got away
26 Pickleball venue
27 The “O” of the OWN network
29 Scheider of “Jaws”
30 Best Picture Oscar winner of 2024
31 Seemingly
32 Out of gas
33 Approval
38 Sent by USPS
39 Fix, in a way
42 Sir Walter Scott classic
44 Eco energy source
46 Setting
50 Tears apart
51 Truant G.I.
52 Disney’s “____ & Stitch”
53 Elevator pioneer
55 Actor McGregor
56 Green Gables girl
57 Small brook
58 Effortless
60 Cleaning cloth

Sudoku

			2					
		5	6			8		
3					5	1		4
	4					9		
1				6			2	
	3		7	2	8			
6		1						
4	2	8			3		6	5
	7							

Level: Intermediate

Puzzles & More Answers

Crossword Solution

A	T	A	S	S	E	N	E	G	E	L	O	S	E	L
S	T	E	D	N	V	I	L	O	I	L	O			
V	I	E	N	N	N	M	V	R	D	H	I	I	M	
B	R	I	E	S	V	E	C	O	E	N	O	L	V	
		S	O	R	E			O	S	T	V			
O	G	N	I	E	O	V	T	T	I	A	E	H	L	
S	E	E	B		R	I	R	I	V	I	A	C	V	
A	I		T	V	R	O	A	V		L	A	D	O	
V	I	S	S	V	C		N	O	N		T	A	D	O
S	T	O	O	R	S	S	V	R	G	E	D	O	O	
		N	O		L	E		R	H	E				
A	D	D	O	O	M		T	L	E	W	C	O	S	T
O	I	L	O		M	A	V	I	L		I	T	O	
G	E	L	O		V	R	O	N		A	D	V	C	E
P	A	R	A											

Sudoku

8	1	2	9	4	5	3	7	6
5	9	7	3	6	1	8	2	4
6	3	4	2	7	8	1	5	9
4	1	9	8	2	7	6	3	5
3	2	5	6	9	4	7	8	1
2	4	8	3	5	1	9	6	7
7	6	1	5	8	6	9	3	2
7	1	5	6	8	3	4	9	2
8	9	3	7	1	2	4	5	6

FAMILY FUN

WORD SEARCH

A	I	U	R	E	T	O	G	M	T	D	M	B	T	W	E	K	Y	V	C
V	T	W	O	P	D	H	S	G	D	W	B	L	R	O	H	Z	G	I	Y
D	N	Z	A	K	R	I	G	G	T	H	M	E	A	O	Y	O	N	E	E
L	A	U	D	N	L	P	S	P	G	D	H	C	E	C	Z	C	Y	R	H
Z	R	K	T	R	G	O	E	A	N	T	T	Z	Y	M	I	O	E	U	T
I	O	T	R	R	A	U	H	O	E	U	U	O	L	P	E	Z	O	T	M
O	A	O	I	O	C	Z	I	G	I	S	M	S	V	I	V	A	R	N	H
U	C	E	P	E	H	T	O	Y	Z	W	W	U	Y	Z	W	G	P	E	L
C	D	B	B	R	A	T	N	O	I	T	A	R	B	E	L	E	C	V	K
C	N	R	O	C	W	V	S	I	K	U	D	S	I	L	B	Y	H	D	E
K	A	C	A	E	E	L	N	C	Y	B	W	V	A	M	Z	V	L	A	C
B	W	V	A	Y	C	R	E	L	K	I	O	U	K	R	K	W	E	N	W
G	W	H	K	M	I	N	A	L	M	M	G	A	K	M	S	O	M	K	A
N	G	G	L	N	P	D	A	M	Z	H	I	R	R	U	A	U	K	C	P
I	A	U	U	I	S	I	I	D	T	Z	A	D	E	D	N	Y	K	A	Y
K	M	G	T	D	N	N	N	E	W	P	U	B	N	V	G	R	C	G	Z
I	E	H	M	M	G	D	R	G	G	A	Z	P	L	G	O	A	H	M	V
H	H	P	B	S	S	E	I	R	O	M	E	M	I	Z	K	L	M	M	Z
E	B	R	W	R	P	S	O	C	Z	N	K	P	L	A	Y	Y	T	E	C
T	V	C	D	T	Z	M	G	V	T	B	I	R	T	H	D	A	Y	U	S

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

ADVENTURE
BARBECUE
BIRTHDAY
BOARD GAMES
CAMPING
CELEBRATION

DANCE
GAME
HIKING
LAUGHTER
LOVE
MEMORIES

MOVIE
PARK
PICNIC
PLAY
PUZZLE

ROAD TRIP
SEASIDE
SWIMMING
TOGETHER
VACATION

WEDNESDAY EVENING										AUGUST 13		
	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
6	Global	Goldbergs	Ent. Tonight	Elsbeth "Finance Bros"		Big Brother			Hollywood	News	Global	
8	CTV News	etalk	Big Bang	Battle Generat "Battle 36"		MasterChef		Match Game		News-Omar	CTV News	
11	News	Coronation	Gags	Wild Cards		Allegiance			The National (L)		News Land	
4	America	PBS News Hour		Context	Barbra Streisand: Back to Brooklyn			Ken Burns: The Civil War			Beatles	
7	How/Made	CTV News Atlantic		Big Bang	etalk	Highway Thru Hell		Highway Thru Hell		Shark Tank		
9	News	News	World News	News	Chronicle	Who Wants to Be		Match Game		Shark Tank		
12	News	News	NBC News	News	Hollywood	Chicago Med		Chicago Fire		Chicago P.D. "Demons"		
16	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Arrest	Arrest	
17	King	Wings	Wings	Cheers	Cheers	The Office	The Office	The Office	The Office	Work.	Work.	
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)		CNN NewsNight (L)		
19	M*A*S*H	The Cars That Made America "Part 1"				American Pickers			Pawn Stars: Best Of		The Machines	
20	Trending N	Evening News at Six		Trending	Inside Ed.	Tasted Her ★★ "Just Go With It" (11) Jennifer Aniston, Adam Sandler.						
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Border	Ent. Tonight	Elsbeth "Finance Bros"		
22	Loud House	SpongeBob	SpongeBob	"Mission Yeti" ('17) Sylvie Moreau.				"Mission Yeti" ('17) Sylvie Moreau.				
23	Teen/Teen	Teen/Teen	Teen/Teen	Gumball	Looney	Teen/Teen	Teen/Teen	Batman	Batman	Batman	Batman	
28	Good Dr	Will/Grace	Mindy	Superstore	Superstore	Neighbor	Neighbor	Outlander		Will/Grace	Mindy	
29	Power	Power and Pol (R)		Hanomansing Tonight (L)				The National (L)		The National		
32	WBZ News	News	CBS-News	Wheel	Jeopardy!	Big Brother			Hollywood	Elsbeth "Finance Bros"		
33	9-1-1	9-1-1 "FOMO"		9-1-1 "May Day"		9-1-1 "Hero Complex"		9-1-1 "Starting Over"		9-1-1 "Boston"		
34	Dr. Pimple	Dr. Pimple Popper		Help-Giant		My 600-Lb. Life "Jacky's Journey"					My 600-Lb. Life	
35	Mayday	Highway Thru Hell			Bones			Mayday "Power Struggle"		Mayday		
36	News	Boston News (L)		Ent. Tonight	TMZ	MasterChef		Secret Service "Dahlak"		Boston News (L)		
37	NCIS	NCIS "Starting Over"		NCIS "Last Dance"		NCIS "The Brat Pack"		NCIS "Fight or Flight"		NCIS "The Helpers"		
38	Engageme..	King	King	King	King	The Challenge "I Am The Challenge"			Real Housewives		Engageme..	
39	Big Bang	Conners	Conners	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang	
43	Goldbergs	Crime Scene Kitchen		"Open Season 3" ('10)				Lemmings	Sailor	Sailor	"Open Season 3" ('10)	
44	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	All Elite Wrestling: Dynamite				Imp. Jokers	Imp. Jokers	
46	Waterfront	Waterfront	Waterfront	Waterfront	Waterfront	House	House	Kitchen GI	Kitchen GI	Interior Design Masters		
47	Castle	Castle		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next		
49	Top Chef	Top Chef		Top Chef		Real Housewives		Real Housewives		Watch What Below Deck		
50	Blair	Pregame	Blue Jays	MLB Baseball Chicago Cubs at Toronto Blue Jays (L)								Sportsnet Central (L)
52	Golf Today (L)			Swing Gym	Golf's Top	Golf	Golf	Golf Central		Lessons	Build A	
53	2025 Cincinnati Open Tennis ATP, Round of 16 (L)							2025 Cincinnati Open Tennis WTA, Round of 16 (L)				
54	TMZ Live	etalk	TMZ	NUMB3RS "Devil Girl"		Million.		Very Cavallari		Botched Presents		
55	Beachcom..	APTN News	APTN	Chuck and	Corner Gas	Other Side		Ghost	Secret His	Red Earth	Deadman's Curse	
56	Magnum	Murdoch Mysteries		Murder, She Wrote		Heartbeat		Wycliffe "The Four Jacks"		Unforgotten		

THURSDAY EVENING										AUGUST 14		
	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
6	Global	Goldbergs	Ent. Tonight	Matlock "Friends"		Big Brother (L)		Neighbor	Ghosts	News	Global	
8	CTV News	etalk	Big Bang	The Rookie		Big Bang	Big Bang	The Rookie		News-Omar	CTV News	
11	News	Coronation	Gags	Dragons' Den		Plan B Patrick Abellard.			The National (L)		News	Canadian
4	America	PBS News Hour		Context	American Rev	Gregorian-Pure			Supercharge			
7	How/Made	CTV News Atlantic		Big Bang	etalk	Jim	Jim	Jim	Jim	Criminal Minds		
9	News	News	World News	News	Chronicle	Celebrity Family Feud		Press Your Luck (SF)		Press Your Luck		
12	News	News	NBC News	News	Hollywood	The Hunting Party		Law & Order: SVU		Law & Order		
16	The First 48	Homicide Squad New		Homicide Squad New		Homicide Squad New		Homicide Squad New		Lie Detector: Truth		
17	King	Wings	Wings	Cheers	Cheers	The Office	The Office	The Office	The Office	Work.	Work.	
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)		CNN NewsNight (L)		
19	M*A*S*H	Kings of Pain		Kings of Pain		Kings of Pain		Mysteries Unearthed		Alone		
20	Trending N	Evening News at Six		Trending	Inside Ed.	Burgers (S.), The-North		Jeopardy (UK)		Jeopardy (UK)		
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Border	Ent. Tonight	Matlock "Friends"		
22	Loud House	SpongeBob	SpongeBob	"Scooby-Doo! and Krypto, Too!" ('23)		Best		"Scooby-Doo! and Krypto, Too!" ('23)			Best	
23	Teen/Teen	Teen/Teen	Teen/Teen	Gumball	Looney	Teen/Teen	Teen/Teen	Justice	Justice	Justice	Justice	
28	Good Dr	Will/Grace	Mindy	Superstore	Superstore	Matlock "Game Face"		Mom	Mom	Watson		
29	Power	Power and Pol (R)		Hanomansing Tonight (L)		The National (L)			The National			
32	WBZ News	News	CBS-News	Wheel	Jeopardy!	Big Brother (L)		Georgie	Ghosts	Matlock "Friends"		
33	Chicago	Chicago Med		Chicago Med		Chicago Med		Chicago Med		Project Runway		
34	Welcome	Welcome to Plathville		Welcome to Plathville		Welcome to Plathville		90 Day: Hunt for Love				
35	Mayday	Highway Thru Hell		Bones		The Rookie		9-1-1: Lone Star		The Hunting Wives		
36	News	Boston News (L)		Ent. Tonight	TMZ	Burgers (S.), The-North		The 1% Club		Boston News (L)		
37	FBI: Int	FBI: International		FBI: International		FBI: International		Mr Bigstuff	Mr Bigstuff	FBI: International "Trust"		
38	King	King	King	King	King	Goldbergs	Goldbergs	Jersey Shore		Real Housewives		
39	Big Bang	Conners	Conners	How I Met	How I Met	How I Met	How I Met	Big Bang	Big Bang	Big Bang	Big Bang	
43	Goldbergs	Crime Scene Kitchen		Arthur: Rock/Roll		SummerM..		Sailor	Sailor	Arthur: Rock/Roll		
44	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Imp. Jokers	Imp. Jokers	
46	Honest	Honest Renovations		Honest Renovations		Honest Renovations		Honest Renovations		Honest Renovations		
47	Castle	Castle "47 Seconds"		Star Trek: Voyager		Star Trek: Voyager		Star Trek-New Worlds		Revival (SF)		
49	Vanderpu..	Vanderpump Rules		Vanderpump Rules		Housewives/OC		Housewives/OC		Watch What Housewives		
50	Baseball	Blair & Barker (L)		MLB Baseball Atlanta Braves at New York Mets (L)							Sportsnet Central (L)	
52	PGA Golf	Golf Central		Golf	Golf	Golf	Golf	Golf	Golf	PGA Tour Golf		
53	Football	SportsCentre (L)		2025 Cincinnati Open Tennis WTA, Round of 16 (L)				2025 Cincinnati Open Tennis ATP Quarterfinals (L)				
54	TMZ Live	etalk	TMZ	NUMB3RS "Growin' Up"		Million.	Million.	The Fixer "Fluffology"		The Quiz With Balls		
55	Beachcom..	APTN News	Face--Face	Chuck and	Corner Gas	The Nature of Things		Michif Cou	Warriors	Water	Little Big	
56	Magnum	Murdoch Mysteries		Murder, She Wrote		Columbo "Requiem for a Falling Star" Peter Falk.			Doc Martin "Erotomania"			

WEEKDAY DAYTIME																	AUGUST 13 TO AUGUST 19								
	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	Noon	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00			
6	Global News Morning			Global News Morning		The Morning Show		Tamron Hall		Property Brothers		Various	My Reno	Island of Bryan		Masters of Flip		Young & Restless		Barrymore	Barrymore	News			
8	Morning	CTV Your Morning		CTV Your Morning		Kelly and Mark		The Good Stuff		The View		Sheldon	Conners	The Social		Bold	Conners	Big Bang	Big Bang	CTV News	Various	CTV News			
11	Various	Various	Various	Various	Various	Various	Various	Heartland		CBC Newsroom		Escape to the Country		Feud	Bollywed	Wild Cards		Call the Midwife		Various	Karena	News			
4	Odd Squad	Wild Kratts	Wild Kratts	Lyla	Carl	Tiger	Rosie	Sesame	Work It	Donkey	Pink	Elinor	Alma'sWay	Molly	Xavier	Various	Various	Various	Various	Various		Various			
7	CTV Morning Live Atlantic			Paid Prog.		Paid Prog.	Corner Gas	Corner Gas	Bold	Jim		CTV News Channel		Amazing Race		TMZ Live		The Social		The Good Stuff		How I Met	Various	How/Made	
9	News	Good Morning America				Kelly and Mark		Tamron Hall		The View		News		25 Words		GMA3		General Hospital		Jennifer Hudson	News	News	News		
12	News Today					Today 3rd Hour		Today-Jenna		BostonNo..		HUB Today		NBC News Daily		Access Daily		Boston News Daily		Kelly Clarkson	NBC Boston News		News		
16	Joni Table	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various		
17	Creek	Due South		Mr. D	Mr. D	Creek	Creek	Due South		Mr. D	Mr. D	Creek	Creek	King	King	Wings	Wings	Cheers	Cheers	Becker	Becker	King			
18	CNN	CNN News Central		CNN News Central		CNN News Central		The Situation Room		The Situation Room		Ins. Politics		CNN News Central		CNN News Central		CNN News Central		The Arena With Kasie		The Lead			
19	Restorers	Salvage Kings		Salvage Kings		Backroad Truckers		Rust Valley Restorers		Various	Various	M*A*S'H	M*A*S'H	Various		Backroad Truckers		Rust Valley Restorers		Various	Dirty Old	M*A*S'H			
20	Morning Live							Matlock		Beaver		Beaver		Family Ties		Family Ties		Beyond the Gates		3's Comp.		3's Comp.	In Charge	Coach	Nightline
21	Various	Global News Morning		Global News Morning						The Morning Show		Property Brothers		Tamron Hall		Global News at Noon		Island of Bryan		Masters of Flip		Barrymore			
22	Cloudy	Squirrel	SpongeB..	SpongeB..	Various	Movies			Various	Various	Best	Various	Various	Squirrel	Amigonau..	Ollie's	Best	SpongeB..	SpongeB..	Various	Various	Various			
23	Hotel	Total	Various	Various	Various	Mysticons	Various	Hotel	Supernoo..	Total	Amigonau..	Various	Total	Amigonau..	Hotel	Detention	Various	Total	Pokémon	BeyBattle	Various	Various			
28	Movies			Movies				Movies				Good Witch				Days of our Lives		Various	Various	Various	Various	Fri Mom	Various		
29	CBC Morning Live With Heather Hiscox							CBC Newsroom With Aarti Pole							CBC Newsroom with Andrew Nichols - Live from Toronto							Power			
32	WBZ News	CBS Mornings				Barrymore	Barrymore	Let's Make a Deal		The Price Is Right		WBZ News	Young & Restless		Bold	Beyond the Gates		Hot Bench	Hot Bench	JudgeJudy	JudgeJudy	News			
33	Neighbor	Forensic Factor		Flashpoint		Fear Thy Neighbor		Forensic Factor		Flashpoint		Fear Thy Neighbor		Forensic Factor		Flashpoint		Various		Various		Various			
34	JHud Show	Various	Fri Extreme	Various	Fri Extreme	Various	Fri Extreme	Various	Fri Extreme	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various			
35	Driver	Highway Thru Hell			Various		Various		CSI: NY		CSI: NY		Various		Various		Various	Various	Various	Various	Various	Various			
36	News	Boston 25 Morning News at 7AM				Boston News		Boston News		Boston News		Boston News		Investig.	Divorce	Various	Judge	TMZ Live		Boston 25 News at 4PM			News		
37	Tue Creek	Various	Tue Creek	Various	Tue Creek	Various	Tue Creek	Various		Various		Various		Various		Various		Various		Various		Various			
38	Love It	Buying and Selling		Various	Various	Various	Various	Various	Various	Love It or List It		Buying and Selling		Backyard	Backyard	King	King	Goldbergs	Goldbergs	Various	Various	Various			
39	Corner Gas	Various	Various	Cash Cab	Cash Cab	Corner Gas	Corner Gas	Various	Various	Cash Cab	Cash Cab	Corner Gas	Corner Gas	Various	Various	Conners	Various	Various	Various	Various	Big Bang	Big Bang			
43	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	SummerM..	Various	Various	Various	Various	Various	Various	Various			
44	Matters	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Sheldon	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Various	Big Bang			
46	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various	Various			
47	Stargate	Stargate SG-1		Stargate SG-1		Castle		Castle		Stargate SG-1		Stargate SG-1		Stargate SG-1		Stargate SG-1		Stargate SG-1		Stargate SG-1		Castle			
49	Housewiv..	Housewives		Housewives		Housewives		Housewives		Housewives		Various		Various		Various		Million LA	Various		Various		Various		
50	Sportsnet	Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Various		Various		Various		Various	Various	Various	Various	Plays Week	Various		
52	Central	Various		Wed Mon Tue 5 Clubs		Various		Various		Various		Various		Thu Fri Golf		Various		Golfer's	PGA TOUR	Wed Range	Various		Various		
53	Sports	SportsCentre		SportsCentre		SportsCentre		SportsCentre		Various		Various		Mon CSBK		Various		Motorcycle		Various	Various	Mon SC	Mon Tue NFL Live	Various	
54	The Social	Various	Pop Life	Various	Various	Various	Various	The Social		Various		etalk		Various		Various	ThuFri Mary	Various	Various	NUMB3RS		TMZ Live			
55	Various	Various	Various	Various	Various	Various	Chuck	Various	Various	Various	Various	Various	Beachco..	APTNews		Various	Various	Various	Various	Various	North of 60				
56	Tomorrow.	Quick Stud	Various	Mass	Various	Robison	KennethCo	Joyce M.	700 Club	Sid Roth's	Various	Mass	Various	Tribal	LastWine	The Waltons		Father Brown		New Tricks		Magnum			

SATURDAY DAYTIME																						AUGUST 16			
	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	Noon	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00			
6	Food	Paid Prog.	Fish'n	Paid Prog.	Disaster DIY	Paid Prog.	Backyard	My Reno	Paid Prog.	My Reno	Entertainment Tonight	FBI: Most Wanted			FBI: Most Wanted		Great Chocolate Show		Property Brothers		My Reno	News			
8	The Good	CTV Your Morning		Paid Prog.	Paid Prog.	Paid Prog.	Mary	WrtnCA	Moneytalk	"The Wish Swap" (25) Jake Foy, Emily Tennant.			Amazing Race			Highway Thru Hell		CFL Hamilton Tiger-Cats at Saskatchewan Roughriders (L)							
11	Lu & the	Mini-Jon	DinoRanch	Hello	Rivets	Dylan's/Hop	True	Paddington	Mighty	PAWP	Patrol	Addison	Track and Field Diamond League: Silesia			NSL Soccer Montreal Roses vs. Ottawa Rapid (L)			Beach Volley. Pro Elite 16: Montreal						
4	Arthur	Wild Kratts	Wild Kratts	Lyla	Carl	Daniel Tiger	Rosie	Sesame	Moveable	Member Favorites			Member Favorites			Member Favorites			Member Favorites						
7	MasterChef	Canada	Paid Prog.	Paid Prog.	Paid Prog.	Cook-Chef	Kitchen	Paid Prog.	Watts	Paid Prog.	Paid Prog.	How/Made	How/Made	Mighty Planes		Corner Gas	Cash Cab	PGA Tour Golf BMW Championship, Third Round (L)							
9	News	Good Morning America		NewsCenter 5		Good Morning America		Wildlife	oh baby!	Hearts of	Jack Hanna	Kids News	Home, Life	Paid Prog.	Paid Prog.	German Cup Soccer V/B Stuttgart vs. FC Bayern München (L)			Big Deal		NewsCenter				
12	News	Today		Earth Ody.	News	News	Wild King	Wild King	Earth Ody.	Play It	Wild Child	TBA	Premier League Soccer			Goal Zone	PGA Tour Golf BMW Championship, Third Round (L)								
16	Paid Prog.	Zombie House Flipping		Zombie House Flipping		Zombie House Flipping		Zombie House Flipping		Zombie House Flipping		The Mother Flip (P)	Betting	Betting	Storage	Storage	Storage	Storage	Storage	Storage	Storage				
17	Creek	Due South		Mr. D	Mr. D	Creek	Creek	Due South		Mr. D	Mr. D	Great In	Great In	King	King	Engageme..	Engageme..	Man-Plan	Man-Plan	Becker	Becker	King			
18	CNN	CNN This Morning		First		Smerconish (L)		CNN Saturday		The Amanpour Hour		CNN Newsroom				CNN Newsroom		CNN Newsroom		CNN Newsroom		Newsroom			
19	Restorers	Rust Valley Restorers		Lost Car Rescue		Rust Valley Restorers		Rust Valley Restorers		Lost Car Rescue		Built America		Icons- America		American Pickers		American Pickers		Pawn Stars: Best Of		Pawn Stars			
20	Evening	Dr. Ho Talks	Paid Prog.	Dr. Ho Talks	Club 54	Nightline	Paid Prog.	Dr. Ho Talks	Kaeshamm..	Dr. Ho Talks	Trending	Dr. Ho Talks	Paid Prog.	3's Comp.	3's Comp.	★★ "The Admiral Was a Lady" (50) Edmond O'Brien.		★★★ "The Lavender Hill Mob" (51)							
21	Local Prog.	Paid Prog.	Paid Prog.	Disaster DIY	Paid Prog.	Global News Morning						Fish'n	Paid Prog.	Backyard	Food	Law Show	Entertainment Tonight	"Follow Me to Daisy Hills" (20) Cindy Busby.							
22	Cloudy	Piñata Sm	Squirrel	Turtles	SpongeBob	Kamp Koral	Patrick Star	Teen/Teen	Teen/Teen	Gumball	Gumball	"Monster High: The Movie" (22) Miia Harris.				SpongeBob	Squirrel	Pokémon	Cloudy	"Monster High: The Movie" (22)					
23	Mysticons	Total	Gumball	Gumball	Teen/Teen	Teen/Teen	Teen/Teen	"LEGO DC: Batman: Family Matters"				Total	Pokémon	Teen/Teen	Teen/Teen	Teen/Teen	Total	Total	"LEGO DC: Batman: Family Matters"			Total	Teen/Teen		
28	"Falling Together" (24) Ashley Williams.				"Color My World With Love" (22) Lily D. Moore.				"Falling for Vermont" (17) Julie Gonzalo.				"Game of Love" (23) Brooks Darnell, Kimberly Sustad.				"Sweeter Than Chocolate" (23) Eloise Mumford.				"Zoe's Having a Baby" (22) Nina Kiri.				
29	CBC	CBC	CBC	CBC	CBC	CBC	CBC	CBC	CBC	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC	CBC	CBC			
32	WBZ News	WBZ News Mornings 7a		WBZ News Mornings 8a		CBS Saturday Morning					Lucky Dog	Extraord	Mission	Game Day	NFL Football New England Patriots at Minnesota Vikings (L)					Patriots Fifth Quarter (L)			NWSL		
33	Forensic	Forensic Factor "Sniper"		Forensic Factor		9-1-1		9-1-1 "Crash & Learn"		9-1-1		9-1-1 "Animal Instincts"		9-1-1 "Home Invasion"		9-1-1 "Tomorrow"		9-1-1 "Cursed"		9-1-1		9-1-1			
34	Gypsy	Gypsy Wedding		Say Yes to the Dress		Say Yes to the Dress		Say Yes to the Dress		90 Day: Hunt for Love		90 Day: Hunt for Love		90 Day: Hunt for Love		90 Day: Hunt for Love		90 Day Fiancé		90 Day Fiancé		Welcome			
35	Heavy	Heavy Rescue: 401		Heavy Rescue: 401		Highway Thru Hell		Highway Thru Hell		Highway Thru Hell		Highway Thru Hell		The Last Captains		9-1-1: Lone Star		9-1-1: Lone Star		9-1-1: Lone Star		9-1-1			
36	Space	Pets	Invest.	Boston 25 Weekend Morning News (L)				Jacuzzi	LifeLock	NEW Shark Vacuum!			LIV Golf League LIV Golf League Indianapolis, Round Two (L)										Horse Racing FOX Saratoga Saturday		
37	"The Secret Lives of College Freshmen"				Border	Border	Border	Border	Border	★★★ "Top Gun" (86) Kelly McGillis, Tom Cruise.				★★★ "The Bourne Legacy" (12) Rachel Weisz, Edward Norton, Jeremy Renner.				★★★ "American Made" (17)							
38	Buying	Buying and Selling		Buying and Selling		Buying and Selling		★★★★ "When Harry Met Sally..." (89) Billy Crystal.				★★★ "You've Got Mail" (98) Meg Ryan, Parker Posey, Tom Hanks.				★★★ "Sixteen Candles" (84) Molly Ringwald.				"You've Got Mail" (98)					
39	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang			
43	Domino	Domino Masters		Goldbergs	Sabrina	LEGO	A Summer ..	MonkieKid	MonkieKid	LEGO	Dream	Abominable	Jade Armor	Badjelly	Sabrina	Goldbergs	★★ "Ghostbusters II" (89) Dan Aykroyd, Bill Murray.				Domino Masters		Domino		
44	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Mod Fam	Friends	Friends	Friends	Friends	Friends	★★ "Godzilla: King of the Monsters" (19) Kyle Chandler.					★★ "Godzilla vs. Kong" (21) Alexander Skarsgård.						
46	Deck Wars	Deck Wars		Deck Wars		Deck Wars		Deck Wars		Deck Wars		Love-List-Vancouver			Love-List-Vancouver			Love-List-Vancouver			Love-List-Vancouver			Love It	
47	Killjoys	Killjoys		Killjoys "Reckoning Ball"		Killjoys "Wargasm"		★★ "Star Trek V: The Final Frontier" (89)				★★★★ "Star Trek VI: The Undiscovered Country" (91)				★★★★ "Raiders of the Lost Ark" (81) Karen Allen, Harrison Ford.				Movie					
49	Housewives	Housewives		Housewives		Housewives		Housewives		Housewives		Vanderpump Rules			Vanderpump Rules			Vanderpump Rules			Million Dollar LA			Million LA	
50	Sportsnet	Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central		Sportsnet Central	Misplays	Blue Jays	MLB Baseball Texas Rangers at Toronto Blue Jays (L)								
52	DP World Tour Golf DP World Tour Golf Danish Golf Championship, Third Round									GolfPass TPC Tampa Bay		Golf Central Pregame (L)				PGA Tour Golf BMW Championship, Third Round (L)				Golf	Golf	Golf	Golf	Golf	
53	Sports	SportsCentre		SportsCentre		SailGP SailGP Sassnitz, Day 1 (L)		Sports		Amazing Race			SC	SC	SC	SC	PGA Tour Golf BMW Championship, Third Round (L)								
54	Neighbor	Fear Thy Neighbor		Fear Thy Neighbor		TMZ Weekend		Botched		★★ "The Out-of-Towners" (99) Steve Martin.			★★★★ "Airplane!" (80) Julie Hagerty, Robert Hays.				★★★ "Airplane II: The Sequel" (82) Robert Hays.				Movie				
55	Indigenous	Tent/Dream	Glooscap	Savoirs lé	Capteurs	La brigade	Dans un	La terre	Go Native	Rodeo Ntn	Thunder	Spiky Gold Hunters			"Frybread Face and Me" (23) Keir Tallman.			"Frybread Face and Me" (23) Keir Tallman.					Warriors		
56	Classics	Arise	Youngren	Mass	Life Out.	Discover	Mass	Reflections	Citizen Live	Sardari		Quran	Panorama	Sue Thomas F.B.Eye	"Lost Letter Mysteries: The Impossible Dream" (15)					★★ "I Could Go on Singing" (63)					

SUNDAY DAYTIME																						AUGUST 17			
	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	Noon	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00			
6	Backyard	Paid Prog.	Backyard	Paid Prog.	Paid Prog.	Backyard	Paid Prog.	Paid Prog.	Paid Prog.	My Reno	Disaster DIY	Property Brothers				"Love Under the Rainbow" (19) Jodie Sweetin.			Backyard	Backyard	48 Hours		News		
8	CTV Your	Paid Prog.	Tomorrow's	Faith	Paid Prog.	Paid Prog.	Tribal Trails	Paid Prog.	How/Made	Holmes Family Rescue		★★ "DC League of Super-Pets" (22) The Rock.				Corner Gas	Conners	Conners	How I Met	How I Met	Heavy				
11	Unicorn	Coronation	Coronation	Coronation	Coronation	Coronation	Land	Standing	The Nature of Things			Marketplace	CBC Arts	Stratford Festival "Merry Wives of Windsor"				Grand Designs Australia		British Baking	Dragons'				
4	Arthur	Wild Kratts	Wild Kratts	Lyla	Carl	Daniel Tiger	Rosie	Sesame	Stage	Member Favorites				Member Favorites				Member Favorites							
7	The Good Stuff	Paid Prog.	Paid Prog.	Paid Prog.	Paid Prog.	Moneytalk	Paid Prog.	Church	Paid Prog.	Paid Prog.	Holmes Family Rescue	W5		PGA Tour Golf BMW Championship, Final Round (L)											
9	News	Good Morning America		NewsCenter 5		This Week		NewsCenter 5		On the Re.		Matter	CityLine	Paid Prog.	Little League Game 19: Teams TBA (L)						WNBA Basketball Dallas Wings at Las Vegas Aces				
12	News	Boston Weekend Today		Sunday Today		Weekend Today		News	Meet the Press		On Her Mark		To Be Announced		Goal Zone		PGA Tour Golf BMW Championship, Final Round (L)								
16	Potter	Rachael	Rachael	1,000 Ways	1,000 Ways	1,000 Ways	1,000 Ways	Zombie House Flipping		Zombie House Flipping		Zombie House Flipping		Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD			
17	Creek	Due South		Mr. D		Mr. D	Creek	Creek	Due South "The Blue Line"		Mr. D	Mr. D	Man-Plan	Man-Plan	King	King	Engageme..	Engageme..	Man-Plan	Man-Plan	Becker	Becker	King		
18	CNN	CNN This Morning		Inside Politics		State of Union		Fareed Zakaria GPS		Inside Politics		State of Union		Fareed Zakaria GPS		CNN Newsroom		CNN Newsroom		CNN Newsroom		Newsroom			
19	Timber	Timber Kings		Big Timber		Big Timber		Timber Kings		Timber Kings		NCIS: Los Angeles		NCIS: Los Angeles		S.W.A.T. "Safe House"		S.W.A.T. "Survive"		S.W.A.T. "Three Guns"		UnBelievb1			
20	Paid Prog.	Trending N	In Search	Nightline	Life Out.	Dr. Ho Talks		Tribal Trails	Kaeshamm..	Tasted Her	Dr. Ho Talks	David	Dr. Ho Talks	Paid Prog.	3's Comp.	3's Comp.	★★★ "Salt of the Earth" (54) Rosaura Revueltas.		★★★ "Pitfall" (48) Dick Powell.						
21	Local Prog.	Paid Prog.	Entertainment Tonight	Paid Prog.	Global News Morning																				
22	Cloudy	Mermicornio	Squirrel	Transform	SpongeBob	Kamp Koral	Patrick Star	Teen/Teen	Teen/Teen	Gumball	Gumball	★★★ "The Boss Baby: Family Business" (21)				Best	Squirrel	Best	Cloudy	"Monster High 2" (23) Miia Harris.					
23	Mysticons	Total	Gumball	Gumball	Teen/Teen	Teen/Teen	Teen/Teen	"Scooby-Doo! Moon Monster Madness"				Total	Beyblade X	Teen/Teen	Teen/Teen	Teen/Teen	Total	Total	"Scooby-Doo! Moon Monster Madness"				Total	Teen/Teen	
28	"Head Over Heels" (24) Rebecca Dalton.				"All Summer Long" (19) Autumn Reeser.				"Wedding Every Weekend" (20) Kimberly Sustad.				"The Wedding Contract" (23) Becca Tobin.				"Movie"				"Head Over Heels" (24) Rebecca Dalton.				
29	CBC	CBC	CBC	CBC	CBC	CBC	CBC	CBC	CBC	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	CBC News	Cross (L)	CBC			
32	WBZ News	WBZ News Mornings 7a		WBZ News Mornings 8a		CBS News Sunday Morning				Face the Nation		Living		Visioneers	Jeopardy!	PBR Bull Riding		BIG3 Celebrity Game		BIG3 Basketball		BIG3			
33	The Rookie	The Rookie "Homefront"		The Rookie		The Rookie "Free Fall"		The Rookie "Impact"		The Rookie		The Rookie "The Bet"		The Rookie		The Rookie		The Rookie "Homefront"		The Rookie		The Rookie			
34	Hoarding	Hoarding: Buried Alive		Hoarding: Buried Alive		Hoarding: Buried Alive		My Big Fat Fabulous Life		My Big Fat Fabulous Life		My Big Fat Fabulous Life		My Big Fat Fabulous Life		Match Me Abroad		Match Me Abroad		Match Me Abroad		Match Me			
35	Mayday	Mayday		Mayday "Out of Sight"		Mayday "Fog of War"		Mayday "Vertigo"		Mayday "Ghost Plane"		Heavy Rescue: 401		Criminal Minds		Criminal Minds		Criminal Minds		Criminal Minds		Criminal			
36	DIY Sci	Super Ani	Judge Joe	Boston 25 Weekend Morning News (L)				FOX News Sunday				Paid Prog.	Paid Prog.	LIV Golf League LIV Golf League Indianapolis, Round Three (L)				NHRA Drag Racing Lucas Oil Nationals (L)							
37	"My Father's Other Family" (21)			Private Eyes		Private Eyes		Private Eyes		★★★ "Jason Bourne" (Action) (16) Tommy Lee Jones, Alicia Vikander, Matt Damon.				★★★ "The Bourne Identity" (02) Franka Potente, Matt Damon.				"The Bourne Supremacy"							
38	Love It	Love It or List It		Love It or List It		Love It or List It		★★★ "You've Got Mail" (98) Meg Ryan, Parker Posey, Tom Hanks.				★★★ "What to Expect When You're Expecting" (12) Cameron Diaz.				★★★ "Mad Money" (08) Queen Latifah, Katie Holmes, Diane Keaton									
39	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Corner Gas	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends	Friends			
43	Dominio	Dominio Masters		Goldbergs		Sabrina	Arthur: Rock/Roll	Ladybug		LEGO/LEGO		Lanalong	Amominable	Jade Armor	Badjelly	Sabrina	Goldbergs	★★★ "Teenage Mutant Ninja Turtles" (90) Judith Hoag.				Dominio Masters	Dominio		
44	Mod Fam	Friends	Friends	Friends	Friends	Friends	★ "Black Sheep" (96) David Spade, Chris Farley.				★★★ "Hot Tub Time Machine" (10) John Cusack.				★ "Mr. Deeds" (02) Winona Ryder, Adam Sandler.				★★★ "The School of Rock" (03) (P) Jack Black.						
46	Love It	Love-List-Vancouver		Love-List-Vancouver		Love-List-Vancouver		Love-List-Vancouver		Love-List-Vancouver		Celebrity IOU		Celebrity "Wanda Sykes ..		Celebrity IOU		Celebrity IOU		Celebrity IOU		Celebrity			
47	Killjoys	★★★ "Indiana Jones and the Last Crusade" (89) Harrison Ford.					★★★ "Indiana Jones and the Kingdom of the Crystal Skull" (08)		★★★ "Reign of Fire" (02) Christian Bale.				★★★ "Cloverfield" (08) Michael Stahl-David.				"Godzilla: King of the Monsters" (19)								
49	Housewives	Housewives		Housewives		Housewives		Housewives/NYC				Housewives/NYC				Housewives of NJ				Housewives of NJ		Housewives of NJ			
50	Sportsnet	Sportsnet Central		Sportsnet Central		Sportsnet Central				Sportsnet Central				Sportsnet Central		Blue Jays	MLB Baseball	Texas Rangers at Toronto Blue Jays (L)				Misplays		Globl Jam	
52	DP World Tour Golf DP World Tour Golf Danish Golf Championship, Final Round										Golf Central Pregame (L)		PGA Tour Golf BMW Championship, Final Round (L)				PGA Champ. Rogers Charity Classic, Second Round				LPGA Tour Golf				
53	Sports	SportsCentre		SportsCentre		Little League Game 17: Teams TBA (L)				Little League Game 18: Teams TBA (L)				Little League Game 19: Teams TBA (L)				SC	WNBA Basketball Dallas Wings at Las Vegas Aces						
54	Keeping Up	Keeping Up With the		Keeping Up With the		Keeping Up With the		Keeping Up With the		Keeping Up With the		Keeping Up With the				Keeping Up With the		Keeping Up With the		Keeping Up With the		Keeping Up			
55	Indigenous	The Magic	Science	La brigade	Savoirs lé	Capteurs	Kiuna,	Moosemeat		One Dish,	Feast	Nations	Nations	Deadman's Curse		Northwoods Survival		"Frybread Face and Me" (23) Keir Tallman.				Other Side			
56	Peter Popoff	In Touch With		Mass	Leading	Creflo	Faytene	David	Facts	Discover	Hour Of Power	Prop. Conn		Living Truth	Prophecy	Faith	Cantelon	Power	Leading	Youngren	David	Arise			

MOVIES

WEDNESDAY, AUGUST 13

EVENING

8:00 **[FAM] “Open Season 3”** (Animated,2010) *Voices of Matthew J. Munn, Nika Futterman.* Boog switches places with a performing bear from a traveling circus. (G)

9:30 **[CH] “Just Go With It”** (Romance,2011) *Adam Sandler, Jennifer Aniston.* A doctor (Adam Sandler) asks his loyal assistant for help in winning the woman of his dreams. (G)

11:00 **[FAM] “Open Season 3”** (Animated,2011) *Voices of Matthew J. Munn, Nika Futterman.* Boog switches places with a performing bear from a traveling circus. (G)

THURSDAY, AUGUST 14

LATE NIGHT

1:00 **[TBS] “Jurassic Park”** (Adventure,1993) *Sam Neill, Laura Dern.* Scientists (Sam Neill, Laura Dern, Jeff Goldblum) visit a park of DNA-regenerated dinosaurs. (G)

[VIS] “Four Weddings and a Funeral” (Romance,1994) *Hugh Grant, Andie MacDowell.* An English charmer (Hugh Grant) meets a lusty American (Andie MacDowell). (14+)

FRIDAY, AUGUST 15

EVENING

8:00 **[WTN] “Yes I Do”** (Drama,2021) *Queeneth Agbor, Perikles Mandinga.* A father believes that the way his daughters will find success is if he picks out who they marry.

[FAM] “Ghostbusters II” (Comedy,1989) *Bill Murray, Dan Aykroyd.* Parapsychologists (Bill Murray, Dan Aykroyd) fight New York’s pink slime. (G)

9:00 **[TBS] “Godzilla vs. Kong”** (Sci-Fi,2021) *Alexander Skarsgård, Millie Bobby Brown.* Fearsome monsters Godzilla and Kong square off in an epic battle for the ages. (G)

10:00 **[TOON] “Catwoman: Hunted”** (Animated,2022) *Voices of Elizabeth Gillies, Kirby Howell-Baptiste.* Catwoman attempts to steal a priceless jewel. (13+)

[WTN] “The Love Club: Lauren” (Romance,2023) *Chantel Riley, Andrew Bushell.* The Love Club helps Lauren and Peter rediscover a love that was never really lost. (G)

[SHOW] “Sicario” (Thriller,2015) *Emily Blunt, Benicio del Toro.* FBI agent Kate Macer joins a task force for the escalating war against drugs. (14+)

[APTIN] “Frybread Face and Me” (Drama,2023) *Keir Tallman, Charley Hogan.* A Navajo boy from San Diego spends summer vacation with his relatives on the reservation.

11:00 **[FAM] “Ghostbusters II”** (Comedy,1989) *Bill Murray, Dan Aykroyd.* Parapsychologists (Bill Murray, Dan Aykroyd) fight New York’s pink slime. (G)

11:30 **[TBS] “The Meg”** (Sci-Fi,2018) *Jason Statham, Li Bingbing.* A diver must confront a 75-foot-long prehistoric shark to save the trapped crew of a submersible. (14+)

12:00 **[TOON] “Catwoman: Hunted”** (Animated,2022) *Voices of Elizabeth Gillies, Kirby Howell-Baptiste.* Catwoman attempts to steal a priceless jewel. (13+)

[WTN] “The Love Club: Tara” (Romance,2023) *Camille Stopps, Brett Donahue.* The Love Club and Tara’s perfect match show up as she is planning a commitment-to-herself party. (G)

12:30 **[SHOW] “American Made”** (Adventure,2017) *Tom Cruise, Domhnall Gleeson.* Pilot Barry Seal transports contraband for the CIA and the Medellín cartel in the 1980s. (14+)

1:00 **[VIS] “Mermaids”** (Comedy Drama,1990) *Cher, Winona Ryder.* A teen is caught in an emotional tug-of-war as she tries to deal with her first love and her mother. (14+)

SATURDAY, AUGUST 16

EVENING

6:00 **[CTVSCI-FI] “Indiana Jones and the Temple of Doom”** (Adventure,1984) *Harrison Ford, Kate Capshaw.* Jones (Harrison Ford), a singer (Kate Capshaw) and an orphan (Ke Huy Quan) look for missing stones. (G)

[STAR] “The Out-of-Towners” (Comedy,1999) *Steve Martin, Goldie Hawn.* An Ohio couple (Steve Martin, Goldie Hawn) spend a bizarre 24 hours in New York. (G)

6:45 **[TBS] “The Meg”** (Sci-Fi,2018) *Jason Statham, Li Bingbing.* A diver must confront a 75-foot-long prehistoric shark to save the trapped crew of a submersible. (14+)

7:00 **[WTN] “Falling Together”** (Romance,2024) *Ashley Williams, Paul Campbell.* Natalie tries to bring feuding neighbors together in her new condo building. (G)

7:30 **[SHOW] “Top Gun”** (Action,1986) *Tom Cruise, Kelly McGillis.* A hot-shot Navy jet pilot (Tom Cruise) downs MiGs and loves an astrophysicist (Kelly McGillis). (G)

8:00 **[SLICE] “When Harry Met Sally...”** (Romance,1989) *Billy Crystal, Meg Ryan.* Harry and Sally are very good friends, but they fear sex would ruin the friendship. (14+)

[TOON] “LEGO DC: Batman: Family Matters” (Animated,2019) *Voices of Troy Baker, Alyson Stoner.* Ominous notes sent to the Bat-family have the heroes racing against time to stop Red Hood. (C8)

[FAM] “Teenage Mutant Ninja Turtles” (Children,1990) *Judith Hoag, Elias Koteas.* Four superturtles and couple (Judith Hoag, Elias Koteas) vs. ninja Foot Clan. (G)

[STAR] “Airplane!” (Comedy,1980) *Robert Hays, Julie Hagerty.* Flight-shy pilot (Robert Hays) follows ex (Julie Hagerty) into midair crisis. (14+)

[GLOBAL] “The 13th Wife: Escaping Polygamy, Part 1” (Drama,2025) *Felicity Huffman, Olga Petsa.* Rena Chynoweth recounts her forced marriage to abusive cult leader Ervil LeBaron.

[APTIN] “End of the Line: The Women of Standing Rock” (Documentary,2021) Indigenous women risk their lives to stop the construction of the Dakota Access Pipeline.

8:30 **[CTVSCI-FI] “Indiana Jones and the Last Crusade”** (Adventure,1989) *Harrison Ford, Sean Connery.* Jones (Harrison Ford) and his father (Sean Connery) race Nazis to the Holy Grail. (G)

9:00 **[WTN] “Providence Falls: Thief of Fate”** (Romance,2025) *Katie Stevens, Lachlan Quarmby.* Detectives Cora and Liam take fate into their own hands and rebel against the angels.

[TBS] “Meg 2: The Trench” (Sci-Fi,2023) *Jason Statham, Wu Jing.* Members of a deep-dive research team fight for their lives against colossal, prehistoric sharks. (G)

10:00 **[CBC] “Queens of the Qing Dynasty”** (Drama,2022) *Sarah Walker, Zheng Ziyin.* A suicidal teen bonds with the student from Shanghai assigned to watch her in the hospital.

[SLICE] “How to Be Single” (Romance,2016) *Dakota Johnson, Rebel Wilson.* A newly single woman (Dakota Johnson) befriends a partying co-worker who shows her how to have fun. (14+)

[SHOW] “The Bourne Legacy” (Action,2012) *Jeremy Renner, Rachel Weisz.* A specially enhanced government agent (Jeremy Renner) goes on the run when his life may be forfeit. (14+)

[STAR] “Airplane II: The Sequel” (Comedy,1982) *Robert Hays, Julie Hagerty.* A loony couple (Robert Hays, Julie Hagerty) head for the moon. (14+)

[APTIN] “War Pony” (Drama,2022) *Jojo Bapteise Whiting, LaDainian Crazy Thunder.* Two young Oglala Lakota men navigate their unique paths to manhood.

11:00 **[CTVI] “The 13th Wife: Escaping Polygamy, Part 1”** (Drama,2025) *Felicity Huffman, Olga Petsa.* Rena Chynoweth recounts her forced marriage to abusive cult leader Ervil LeBaron.

[WTN] “All Summer Long” (Romance,2019) *Autumn Reeser, Brennan Elliott.* Tia’s dream job of captaining a dining cruise hits rough water when her ex is hired as the chef. (G)

[FAM] “Teenage Mutant Ninja Turtles” (Children,1990) *Judith Hoag, Elias Koteas.* Four superturtles and couple (Judith Hoag, Elias Koteas) vs. ninja Foot Clan. (G)

[CTVSCI-FI] “Indiana Jones and the Kingdom of the Crystal Skull” (Adventure,2008) *Harrison Ford, Cate Blanchett.* Indy (Harrison Ford) and a deadly Soviet agent vie for possession of a powerful artifact. (G)

11:30 **[TBS] “The Lost World: Jurassic Park”** (Adventure,1997) *Jeff Goldblum, Julianne Moore.* Ian Malcolm ventures onto a second island to save his girlfriend from becoming dinosaur bait. (13+)

12:30 **[ATV] “The Equalizer”** (Action,2014) *Denzel Washington, Marton Csokas.* A former commando comes out of retirement to rescue a girl from violent Russian mobsters. (16+)

[SLICE] “Sixteen Candles” (Comedy,1984) *Molly Ringwald, Anthony Michael Hall.* Girl (Molly Ringwald) turning 16 likes another girl’s guy (Michael Schoeffling). (14+)

1:00 **[CBC] “Tammy’s Always Dying”** (Drama,2019) *Felicity Huffman, Anastasia Phillips.* A woman comes to a crossroad when her perpetually troubled mother becomes terminally ill.

[WTN] “Game of Love” (Romance,2023) *Kimberly Sustad, Brooks Darnell.* A game developer and a marketing executive are tasked with creating a board game about love. (G)

[SHOW] “Jason Bourne” (Action,2016) *Matt Damon, Tommy Lee Jones.* Former CIA operative Jason Bourne battles a sinister network that utilizes terror and technology. (14+)

[FAM] “Teenage Mutant Ninja Turtles II: The Secret of the Ooze” (Children,1991) *Paige Turco, David Warner.* The four superturtles and their newswoman friend meet Tokka and Rahzar, Shredder’s new mutants. (G)

[APTIN] “War Pony” (Drama,2022) *Jojo Bapteise Whiting, LaDainian Crazy Thunder.* Two young Oglala Lakota men navigate their unique paths to manhood.

SUNDAY, AUGUST 17

EVENING

6:30 **[SLICE] “The Nanny Diaries”** (Comedy,2007) *Scarlett Johansson, Laura Linney.* A college student (Scarlett Johansson) goes to work for an affluent but dysfunctional family. (G)

7:00 **[WTN] “Providence Falls: Thief of Fate”** (Romance,2025) *Katie Stevens, Lachlan Quarmby.* Detectives Cora and Liam take fate into their own hands and rebel against the angels.

7:30 **[SHOW] “The Bourne Ultimatum”** (Action,2007) *Matt Damon, Julia Stiles.* Jason Bourne (Matt Damon) continues to look for clues to unravel his true identity.

8:00 **[ATV] “Black Adam”** (Action,2022) *The Rock, Aldis Hodge.* Black Adam’s unique form of justice is challenged by modern-day heroes who form the Justice Society. (G)

[TOON] “Scooby-Doo! Moon Monster Madness” (Animated,2015) *Voices of Mindy Cohn, Grey DeLisle.* Scooby-Doo and the gang have to solve a mystery in space after aliens attack their shuttle. (G)

[FAM] “Teenage Mutant Ninja Turtles II: The Secret of the Ooze” (Children,1991) *Paige Turco, David Warner.* The four superturtles and their newswoman friend meet Tokka and Rahzar, Shredder’s new mutants. (G)

[CTVSCI-FI] “Godzilla vs. Kong” (Sci-Fi,2021) *Alexander Skarsgård, Millie Bobby Brown.* Fearsome monsters Godzilla and Kong square off in an epic battle for the ages. (G)

9:00 **[SLICE] “What to Expect When You’re Expecting”** (Romance,2012) *Cameron Diaz, Jennifer Lopez.* The challenges of impending parenthood turn the lives of five couples upside down. (14+)

[CH] “Just Like Heaven” (Romance,2005) *Reese Witherspoon, Mark Ruffalo.* A depressed widower (Mark Ruffalo) falls for a ghostly doctor (Reese Witherspoon). (G)

9:30 **[ASN] “Sister Act”** (Musical,1992) *Whoopi Goldberg, Maggie Smith.* Singer (Whoopi Goldberg) on the run plays nun, shows chorus how to rock. (G)

9:35 **[ABC] “Sister Act”** (Musical,1992) *Whoopi Goldberg, Maggie Smith.* Singer (Whoopi Goldberg) on the run plays nun, shows chorus how to rock. (G)

10:00 **[SHOW] “Jason Bourne”** (Action,2016) *Matt Damon, Tommy Lee Jones.* Former CIA operative Jason Bourne battles a sinister network that utilizes terror and technology. (14+)

[APTIN] “Spy Kids 2: The Island of Lost Dreams” (Children,2002) *Antonio Banderas, Carla Gugino.* A girl (Alexa Vega) and her brother search for a destructive device. (G)

10:30 **[CTVSCI-FI] “The Incredible Hulk”** (Action,2008) *Edward Norton, Liv Ullery.* As Bruce Banner (Edward Norton) seeks a cure for his affliction, a powerful enemy arises. (G)

11:00 **[WTN] “The House Bunny”** (Comedy,2008) *Anna Faris, Colin Hanks.* A Playboy bunny (Anna Faris) teaches socially awkward sorority sisters about the opposite sex. (G)

[FAM] “Teenage Mutant Ninja Turtles II: The Secret of the Ooze” (Children,1991) *Paige Turco, David Warner.* The four superturtles and their newswoman friend meet Tokka and Rahzar, Shredder’s new mutants. (G)

11:30 **[SLICE] “Mad Money”** (Comedy,2008) *Diane Keaton, Queen Latifah.* Three women conspire to steal currency that the Federal Reserve has earmarked for destruction. (G)

12:30 **[TBS] “The School of Rock”** (Comedy,2003) *Jack Black, Joan Cusack.* Desperate for money, a guitarist poses as a teacher for students who play in a school band. (G)

1:00 **[ASN] “Last Scene Alive: An Aurora Teagarden Mystery”** (Mystery,2018) *Candace Cameron Bure, Marilu Henner.* Aurora searches for clues and suspects to solve the murder of a Hollywood actress. (G)

[WTN] “The Wedding Contract” (Romance,2023) *Becca Tobin, Jake Epstein.* A couple’s Jewish wedding and future are put in jeopardy when their mothers meet. (G)

[SHOW] “The Bourne Identity” (Action,2002) *Matt Damon, Franka Potente.* An amnesiac assassin is himself marked for death by his CIA superiors following a failed hit. (14+)

[CTVSCI-FI] “Cloverfield” (Sci-Fi,2008) *Michael Stahl-David, Mike Vogel.* Terrified New Yorkers witness a monstrous creature’s attack on their city. (13+)

MONDAY, AUGUST 18

EVENING

9:00 **[CH] “The Monuments Men”** (History,2014) *George Clooney, Matt Damon.* In World War II, art experts infiltrate enemy territory to rescue stolen masterpieces from Nazis. (G)

10:00 **[TOON] “Batman and Harley Quinn”** (Animated,2017) *Voices of Melissa Rauch, Kevin Conroy.* Batman and Nightwing join forces with Harley Quinn to stop a global threat. (14+)

[SHOW] “Gemini” (Thriller,2017) *Lola Kirke, Zoë Kravitz.* A heinous crime tests the complex relationship between a Hollywood star and her personal assistant. (14+)

12:00 **[TOON] “Batman and Harley Quinn”** (Animated,2017) *Voices of Melissa Rauch, Kevin Conroy.* Batman and Nightwing join forces with Harley Quinn to stop a global threat. (14+)

TUESDAY, AUGUST 19

EVENING

9:00 **[ASN] “Love in Bloom”** (Romance,2022) *Susie Abromeit, Julian Haig.* Sparks fly between a Chicago florist and a best man as they try to save a stranded couple’s wedding. (G)

10:00 **[SHOW] “Gone Baby Gone”** (Mystery,2007) *Casey Affleck, Michelle Monaghan.* Two private investigators scour the Boston underworld for a kidnapped girl. (14+)

MONDAY EVENING										AUGUST 18	
	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Goldbergs	Ent. Tonight	Survival Mode		Family Law		FBI "Abandoned"		News	Global
8	CTV News	etalk	Big Bang	Are You My First?		American Ninja Warrior	Finals 3			News-Omar	CTV News
11	News	Coronation	Gags	Murdoch Mysteries		Saint-Pierre		The National (L)		News	Standing
4	America	PBS News Hour		Context	R. Steves	Antiques Roadshow		Antiques Roadshow		POV "Emergent City"	
7	How/Made	NS TV Bingo (L)		Big Bang	etalk	LEGO Masters Jr. (P)		The Quiz With Balls		Criminal Minds	
9	News	News	World News	News	Chronicle	Bachelor in Paradise				Are You My First?	
12	News	News	NBC News	News	Hollywood	American Ninja Warrior	Finals 3			Survival Mode	
16	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD	Live PD
17	King	Wings	Wings	Cheers	Cheers	The Office	The Office	The Office	The Office	Work.	Work.
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)		CNN NewsNight (L)	
19	M*A*S*H	Holy Marvels-Quaid		Holy Marvels-Quaid		History's-Mysteries		History's-Mysteries		Ancient Aliens	
20	Trending N	Evening News at Six		Trending	Inside Ed.	★★ "The Monuments Men" ('14)	Matt Damon, George Clooney.			Club 54	
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Border	Ent. Tonight	Survival Mode	
22	Mermicorno	Popularity	Popularity	"Blue's Big City Adventure" ('22)		Best		"Blue's Big City Adventure" ('22)		Best	
23	Teen/Teen	Teen/Teen	Pokémon	Gumball	Looney	Teen/Teen	Teen/Teen	"Batman and Harley Quinn" ('17)		Total	
28	Good Dr	Will/Grace	Mindy	Superstore	Superstore	Ghosts	Neighbor	Mom	Gold	Elsbeth "Tearjerker"	
29	Power	Power and Pol (R)		Hanomansing Tonight (L)				The National (L)		The National	
32	WBZ News	News	CBS-News	Wheel	Jeopardy!	Neighbor	Neighbor	FBI "Abandoned"		Watson "Teeth Marks"	
33	Chicago	Chicago Fire		Chicago Fire		Chicago Fire		The Assassin		Chicago Fire	
34	Match Me	90 Day: Hunt for Love		90 Day: Hunt for Love		90 Day: Hunt "The Girl Who Made Her Choice"		90 Day: Hunt for Love			
35	CSI: NY	CSI: NY Gary Sinise.		Suits Gabriel Macht.		Race to Survive: Alaska		Race to Survive: Alaska		The Anonymous	
36	News	Boston News (L)		Ent. Tonight	TMZ	LEGO Masters Jr. (P)		The Quiz With Balls		Boston News (L)	
37	FBI	FBI "Protégé"		FBI "Money for Nothing"		FBI "The Lies We Tell"		★★★ "Gemini" ('17)	Zoë Kravitz, Lola Kirke.		
38	Man-Plan	King	King	King	King	Goldbergs	Goldbergs	King	King	The McBee Dynasty	
39	Big Bang	Conners	Conners	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	The Trades
43	MonkieKid	MonkieKid	MonkieKid	LEGO Monkie		Sailor	Sailor	Sailor	Sailor	Sailor	Sailor
44	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang
46	Love It	Love It or List It		Love It or List It		Amazing Spaces		George Clarke's		House	House
47	Castle	Castle "Always"		Star Trek		Star Trek		Star Trek		Dark Winds	
49	Below Deck	Below Deck		Below Deck		Below Deck		Below Deck		Below Deck	
50	Real Kyper	The FAN Pregame (L)		MLB Baseball						Sportsnet Central (L)	
52	Masters	Golf Central		PGA TOUR	PGA TOUR	PGA TOUR	Golf BMW Championship, Final Round (R)				
53	SC	SportsCentre (L)		Countdown		NFL Football	Cincinnati Bengals at Washington Commanders (L)				
54	TMZ Live	etalk	TMZ	NUMB3RS "Vector"		Million.	Million.	Secret Service		Bob Heart	Bob Heart
55	Beachcom..	APTIN News	APTIN	Chuck and	Corner Gas	Carlos		@Home	Red River	Frozen Planet "Winter"	
56	Magnum	Murdoch Mysteries		Murder, She Wrote		The Marlow Murder Club		Ageless	Ageless	theZoomer	

TUESDAY EVENING										AUGUST 19	
	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
6	Global	Goldbergs	Ent. Tonight	FBI: International		FBI: Most Wanted		The Snake		News	Global
8	CTV News	etalk	Big Bang	Big Bang	Big Bang	Amazing Race		Battle of the Generations		News-Omar	CTV News
11	News	Coronation	Gags	Standing	Son of a	Halifax	Small	The National (L)		News	22 Minutes
4	America	PBS News Hour		Context	GBHRooted	Finding Your Roots		American Experience "My Lai"		Iconic	
7	How/Made	CTV News Atlantic		Big Bang	etalk	"Love in Bloom" ('22)	Julian Haig, Susie Abromeit.			Criminal Minds	
9	News	News	World News	News	Chronicle	High Potential		Will Trent		Will Trent	
12	News	News	NBC News	News	Hollywood	America's Got Talent "Quarterfinals 1" (L)		Songs & Stories (P)			
16	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Customer	Customer
17	King	Wings	Wings	Cheers	Cheers	The Office	The Office	The Office	The Office	Work.	Work.
18	The Lead	Jake Tapper (L)		Erin Burnett OutFront (L)		Anderson Cooper 360 (L)		The Source With (L)		CNN NewsNight (L)	
19	M*A*S*H	Beyond Skinwalker		Beyond Skinwalker		Beyond Skinwalker		The Proof Is Out There		History's Most Shocking	
20	Trending N	Evening News at Six		Trending	Inside Ed.	Saving Hope		Saving Hope		Saving Hope	
21	Barrymore	Young & Restless		Global	Global	Global News Hour at 6		Border	Ent. Tonight	FBI: International	
22	Loud House	SpongeBob	SpongeBob	"Teen Titans GO! See Space Jam" ('21)		Best		"Teen Titans GO! See Space Jam" ('21)		Best	
23	Teen/Teen	Teen/Teen	Teen/Teen	Gumball	Looney	Teen/Teen	Teen/Teen	Batman	Batman	Batman	Batman
28	Good Dr	Will/Grace	Mindy	Superstore	Superstore	Neighbor	Neighbor	Outlander		Will/Grace	Mindy
29	Power	Power and Pol (R)		Hanomansing Tonight (L)				The National (L)		The National	
32	WBZ News	News	CBS-News	Wheel	Jeopardy!	NCIS "Fun and Games"		NCIS: Origins		NCIS: Sydney	
33	Chicago	Chicago Med		Chicago Med		Chicago Med		Chicago Med		Chicago Med	
34	Welcome	My Big Fat Fabulous Life		My Big Fat Fabulous Life		My Big Fat Fabulous Life		My Big Fat Fabulous Life		Welcome to Plathville	
35	CSI: NY	CSI: NY Gary Sinise.		Suits Gabriel Macht.		Timber Titans		Highway Thru Hell		Highway Thru Hell	
36	News	Boston News (L)		Ent. Tonight	TMZ	The 1% Club		The Snake		Boston News (L)	
37	NCIS	NCIS "Leave No Trace"		NCIS "Guardian"		NCIS "The Good Fighter"		★★★ "Gone Baby Gone" ('07)	Casey Affleck.		
38	Ghosts	King	King	King	King	Goldbergs	Goldbergs	Love After Lockup		Love After Lockup	
39	Big Bang	Conners	Conners	Friends	Friends	Friends	Friends	Big Bang	Big Bang	Big Bang	Big Bang
43	Roscoe	Life Derek	Life Derek	Afraid?	Afraid?	Goosebum..	Goosebum..	Degrassi	Degrassi	Degrassi	Degrassi
44	Big Bang	Big Bang	Big Bang	Leadoff		MLB Baseball	Houston Astros at Detroit Tigers				MLB Close
46	Love It	Love-List-Vancouver		Love-List-Vancouver		DreamHo..	DreamHo..	Hunters		Hunters	
47	Castle	Castle		Star Trek: Next		Star Trek: Next		Star Trek: Next		Star Trek: Next	
49	Housewives	Housewives/NYC		The Valley		Housewives/NYC		Housewives of NJ		Housewives of NJ	
50	Real Kyper	The FAN Pregame (L)		MLB Baseball				Sportsnet Central (L)			
52	Golf Today	Golf Central		Payne Stewart Award (L)		Payne		Golf Central		Payne Stewart Award	
53	SC	SportsCentre (L)		Leagues Cup Quarterfinal: Teams TBA (L)		SC	SC	SportsCentre (L)			
54	TMZ Live	etalk	TMZ	NUMB3RS		Million.	Million.	I Kissed a Boy		Bob Heart	Bob Heart
55	Beachcom..	APTIN News	Face--Face	Chuck and	Corner Gas	Life Below Zero	Canada	North of	TallBoyz	Acting	Amplify
56	Magnum	Murdoch Mysteries		Murder, She Wrote		Shakespea	Mark Benton.	Shetland		Silent Witness	

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JOBS • EVENTS • FOR SALE/RENT • NETWORK & MORE!

FAMILY ALBUM



Happy 90th Birthday, Barbara Gerhardt!
Wishing you love and joy on this incredible milestone. Cheers to 90 years and many more! With love from all your family and friends.



Happy 99th Birthday!
Our family would like to wish WWII veteran, and our father, EDGAR RUSSELL, a very happy 99th birthday on August 13th, 2025. Love you dad, to the moon and back.

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COMMUNITY

Splash Battle - Voglers Cove Community Hall, August 24, 2025. 1 p.m. to 4 p.m. A One Day Water Themed Celebration! Toddlers Area with Wading Pools! Bubbles Galore! Fun and Games! Water Fight! Free Food and Beverages! United Communities Fire Department on Site! A free Community Event! Register by text/call to Neila at 902-529-0930.

REAL. ACTION. WRESTLING; Exhibition Grounds. Friday, August 22. Doors open 6:15 p.m. Bell at 7 p.m. WWE stars - The Headbangers!

Saturday, August 23, East Dalhousie Day. Full-service canteens, pancake breakfast, car show and shine, bingo, musical entertainment; Hal Bruce at 7 p.m., beer hall - For a complete list, check out East Dalhousie Community Club Facebook page.

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RELIGION DIRECTORY

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Sunday August 17th
Ninth Sunday after Trinity – Rev. Oliver Osmond
9:00am St. Marys Crousetown
Holy Communion
11:00am St. James LaHave
Holy Communion

"O worship the Lord in the beauty of holiness"

BRIDGEWATER UNITED CHURCH
87 Hillcrest Street info@bridgewaterunited.ca (902) 543-4833

Reverend Kim Curlett; *Minister of Worship and Small Group Ministry*
Reverend Neil McEwen; *Minister of Pastoral Care and Outreach Ministry*
A Collaborative Ministry with West Side United Church; Pentz

10:30am Worship and Fellowship
10:45am Sunday School (Ages 3-18)
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The 10 Commandments

I am the Lord your God, you shall have no other gods but me
You shall not make for yourselves an idol and worship it
You shall not misuse the name of the Lord your God
Remember the Sabbath day by keeping it holy
Honour your father and your mother
You shall not murder
You shall not commit adultery
You shall not steal
You shall not give false testimony
You shall not covet

D1055

CELEBRATION OF LIFE

Celebration of Life

Terrance Everett Naugler
April 30, 1944 - December 10, 2024

Of Rhodes Corner, celebration of life will be held August 23, 2025 at 1 p.m., at Mt. Olivet Lutheran Church, Upper LaHave, Nova Scotia.
Rev. Ron Frampton officiating.

OBITUARIES

Edith Louise Hall
October 28, 1930 - July 31, 2025
HALL, Edith Louise - Age 94, of Bridgewater, Nova Scotia. Passed away peacefully on July 31, 2025, at Ridgewood Assisted Living. Cremation has taken place.
Edith was born in Cookville, NS, at home, to Gordon and Idella (Wentzell) Cook. She graduated high school in Bridgewater and went on to become a Registered nurse. She attended the Yarmouth School of Nursing and graduated in 1953.
Edith is survived by her brother, Everette Cook, Bridgewater; children, Patricia Dexter, Milton, Pamela (Peter) Cormillot, Summerland, BC and Peter Hall, Bridgewater; her four grandchildren, Matthew Dexter, Mill Village, Graham Dexter, Halifax, Sophie and Silvie Cormillot, Summerland, BC; and her beloved great-grandchildren, Chloe Dexter, Piper Dexter and Fox Dexter. Also extended family, loved ones near and far. She was preceded in death by her husband, Wallace Vinton Hall; and her son-in-law, Stephen Michael Dexter.
Edith practiced her career as an RN until after she married, in 1956. When family happened, she devoted herself to being a full-time mother to her three children. Edith will be remembered for the many roles she had in her lifetime. Growing up, our family would visit the family farm in Cookville, we visited every Sunday morning after church and have many fond memories of that time. She was an active volunteer to the Anglican Church Women, Red Cross Society, Dawson Memorial Hospital Auxiliary and Bridgewater Food Bank.
At any time growing up, Wally had one of three cape island boats. We all loved deep sea fishing on the weekend. All except Pam. We ate a lot of fish. As a grandmother, she loved taking her grandchildren to the duck pond across the street, to feed the ducks and go for forest walks. They all remember riding their bicycles in the driveway.
Edith was very active physically. Friends and neighbours would see her every evening, walking her four-mile route. She enjoyed gym classes and social time with her many friends. Her favourite ice cream was rum and raisin. She loved to play crib games with her husband, Wally, whose nickname for her was "Sally", and then later, her friends at Ridgewood.
A Memorial Service for Edith will be held at Holy Trinity Anglican Church, 78 Alexandra Ave., Bridgewater, on Friday, August 15, 2025, 11:00 AM, with Rev. Fran Boutilier officiating. A private interment will be held at Brookside Cemetery, Bridgewater. There will be no visitation and no flowers by request. Memorial donations may be made to the Holy Trinity Anglican Church, the South Shore Regional Hospital, Canadian Cancer Society, or any organization of your choice. Memorial arrangements have been entrusted to Sweeny's Funeral Home, Bridgewater, where online messages of condolences may be made by visiting www.sweenysfuneralhome.com.
The family would like to extend their heartfelt gratitude to the staff at Ridgewood Assisted Living, Bridgewater, her honorary granddaughter, Martha Labour, of Ridgewood, the VON, Canadian Red Cross, and many more caring individuals that touched her life at some point over her remarkable ninety-four years on earth.

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THURSDAY AT 4 P.M.
PRIOR TO
PUBLICATION DATE
(Note: Holidays may affect deadlines)

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OBITUARIES



David Ivan Farmer
(August 10, 1950)

The family of David Farmer is saddened to announce his passing on June 17, 2025, at South Shore Regional Hospital, Lunenburg. There will be a funeral held at the Northwest Baptist Church on August 21, at 1 p.m. Family and friends are welcome.

Sharon Lee Joudrey

Of Blockhouse, passed away, after a short illness, August 3, 2025, at Fishermen’s Memorial Hospital, Lunenburg. She was a daughter of the late Job and Doris (Andrews) Crocker. Sharon loved to cook on her kitchen wood stove and spend time with her cats and dogs over the years. Sharon loved to spend time at the camp in Chelsea. Sharon is survived by her husband of 47 years and high school sweetheart, Ricky; sisters, Karen Crocker (Rob), Calgary; Lois Crocker (Clint), Calgary; Terry Crocker, Clearland; Tobi Crocker (Thom), Blue Rocks. The family kindly asks that memorial donations be considered for SHAID Tree Animal Shelter or Fishermen’s Memorial Hospital. A private family service will be held at a later date. Arrangements entrusted to the care of Mahone Funeral Home, P.O. Box 200, 32 Parish St., Mahone Bay, NS B0J 2E0 (902-624-8241). Online condolences may be sent to the family by visiting: www.mahonefuneral.ca



DEATHS

Baker, Lowell Blanchard, 86, Crescent Beach, died on August 6, 2025 at his home. Arrangements entrusted to R.A. Corkum Funeral Home.

Clark, Christopher “Chris” Andrew, 54, of Bridgewater, died July 25, 2025 in Kentville, NS. Arrangement entrusted to Personal Care Cremations.

Dorey, Noreen Betty, 83, Middle Cornwall, died August 2, 2025 at South Shore Regional Hospital, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home.

Firth, Paul, 59, of Indian Harbour, died August 1, 2025 at Indian Harbour. Arrangement entrusted to Personal Care Cremations.

Hall, Edith Louise, 94, Bridgewater, died July 31, 2025 in Ridgewood Assisted Living, Bridgewater. Arrangements entrusted to Sweeny’s Funeral Home, Bridgewater.

Helm, Mary Lee, 84, of Mahone Bay, died July 28, 2025 in Bridgewater, NS. Arrangement entrusted to Personal Care Cremations.

Johnson, Raymond Andrew, 68, of Maplewood, died July 24, 2025 in Halifax, NS. Arrangements entrusted to Personal Care Cremations.

Joudrey, Sharon Lee, Blockhouse, died August 3, 2025 at Fishermen’s Memorial Hospital, Lunenburg. Arrangements entrusted to Mahone Funeral Home.

Kenney, Valerie, 61, Bridgewater, died August 2, 2025 at Ryan Hall, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home.

Mader, Theodore “Teddy” Phillip, 71, Bridgewater, died August 2, 2025 in Bridgewater. Arrangements entrusted to Sweeny’s Funeral Home, Bridgewater.

Meisner, James “Jimmy” Derek, 56, of Mahone Bay, died July 29, 2025 in Mahone Bay, NS. Arrangement entrusted to Personal Care Cremations.

Saunder, Mary Adelaide Louise, 97, of Mahone Bay, died July 24, 2025 in Mahone Bay. Arrangements entrusted to Personal Care Cremations.

Shanks, Frederick Raymond “Ray”, 93, of Simm’s Settlement, died July 26, 2025 in Marriott’s Cove, NS. Arrangement entrusted to Personal Care Cremations.

Slaunwhite, Randolph Merle, 75, Chester, died August 6, 2025 in Shoreham Village Nursing Home, Chester. Arrangements entrusted to Sweeny’s Funeral Home, Bridgewater.

Stiles, Sandra Dorothy Isabella, 82, of Head of St. Margaret’s Bay, died July 25, 2025 in Head of St. Margaret’s Bay. Arrangements entrusted to Personal Care Cremations.

Wile, Danielle Gwenn, 51, Wentzell’s Lake, died August 5, 2025 at Harbour View Haven, Lunenburg. Arrangements entrusted to R.A. Corkum Funeral Home.

Wright, Irene Elsie, 85, Lunenburg, died August 6, 2025 at Harbour View Haven. Arrangements entrusted to Dana L. Sweeny Funeral Home.

What I didn’t know then

Continued from page 9

Somehow, I doubt that people who are actually in their 20s read helpful articles about things they should know in their 20s. I may be wrong. However, for those of us who are somewhere beyond their 20s by now, such discussion can still make for interesting contemplation.

Do you remember what you were thinking when you were in your 20s? Were you full of confusion, dread, apprehension, wondering if you would ever feel grown up? Or was your mindset one of hope, optimism, plans, dreams, and the certainty that you would achieve your destiny?

If I were to offer one truth to a young person, or to anyone who is looking for a suggestion, it would be, “Pay attention to the people you choose to spend time with. Specifically, choose people who practice the Choice Theory caring habits, such as supporting, encouraging, listening, accepting, respecting.”

We don’t get to choose everyone in our social circles. We have families, workplaces, and communities. Many of those relationships are not of our choosing. Some may be wonderful, close relationships; others not so much.

For relationships where we do have the opportunity to choose, look for people who practise caring habits; people who genuinely support, listen, and encourage. Seek that. Even one such person

can make a huge positive difference in your life. The second part of this suggestion is to practice those caring habits ourselves. Particularly when we are young, it can be appealing to adopt a jaded, cynical persona. We may even mock those who are so naïve as to believe that one can get ahead in life by being “nice,” caring, supportive, and encouraging.

If you want a satisfying life, then the truth I’d offer is that you’ll be more effective if you practice optimism, effort, and encouragement.

You can be a rebel. You can reject a culture that encourages comparisons, pessimism, and resentment.

What truths would you offer a 20 year old? If you’d like the link to Dan Pink’s video, let me know at choice@focusonclarity.com or by mail c/o South Shore Bulletin.

To your choices! ~ Susanne ~
Susanne Beck, RTC is Reality Therapy Certified by the William Glasser Institute

Call it what you mean

Continued from page 8

Like: “How do my team leads make others feel?”
“What kind of workplace am I creating by staying silent?”
“If I didn’t own this business ... would I want to work here?”

The truth? Most of your staff aren’t asking for miracles. They’re asking for respect. For fairness. For someone to actually listen and to see when something’s not working.

So, here’s your leadership nudge for the week: Will you be the kind of owner who hides behind titles, or the kind who rolls up their sleeves and leads with integrity?

Because your tone matters too. And your silence? That says a lot.

Stephanie is the Founder and Visionary behind SMillerVision | Your Hospitality Hero. She helps owners and operators build workplaces people want to stay in, grow in, and brag about later. Learn more at www.smillervision.com.

East Coast
Hodge-Podge

INGREDIENTS

- 1 lb new potatoes quartered (or whole baby potatoes)
- 1 cup baby carrots trimmed and cut in half
- ½ cup fresh green beans
- ½ cup yellow beans
- ½ cup sugar snap or snow peas
- 2 cloves garlic minced
- 1 tbsp fresh chives
- 1 tbsp fresh parsley
- 1 cup water or stock
- ¾ cup 35% heavy cream
- 4 tbsp butter
- 1 pinch salt
- 1 pinch pepper

PREPARATION

1. Start by washing and trimming all the vegetables. Baby Carrots should be washed, have their tops trimmed, and be cut in half. Green and yellow beans should have their ‘stem’ end trimmed off, and then also be cut in half. Fresh peas should also have their stem end trimmed off, and cut in half. The new potatoes should be cut into quarters or bite-sized pieces, depending on their size. Baby potatoes may be left whole if they are bite-sized.
2. Once all the veggies are cleaned and chopped, add the potatoes and carrots to a large pot or deep pan, along with 2 tablespoon of butter, a good pinch of salt, and 1 cup of water, and bring the pot to a boil. Turn the heat down to a simmer, and cover the pot. Cook for 10- 12 minutes.
3. Once the potatoes and carrots are half cooked (poke with a knife to check), add the cream, 1 tablespoon of butter, herbs, and remaining veggies. Cook uncovered for 4-5 minutes until the beans and peas are barely tender and bright in colour.
4. Season the hodge-podge with salt, freshly cracked pepper, and more herbs if you so choose. Add the remaining 1 tablespoon of butter, and serve hot.

Have a recipe you’d like to share?
Send it in!

info@southshorebulletin

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Keelboats sail into Chester for race week



FILE PHOTO

All the excitement of Chester Race Week begins today, Aug. 13.

By **LOGAN RING**
NSCC Student Reporter

CHESTER - All hands are on deck in Chester as organizers prepare for the Atlantic Yacht Sales Chester Race Week August 13-16.

Chester Race Week is an annual event and is regarded as one of the largest keelboats sailing regattas in Canada.

This year the event has a new title sponsor, Atlantic Yacht Sales.

Multiple races are happening during Chester Race Week with boats of all sizes participating.

Many of the races are between “one design” fleets. “One design” fleets refer to boats that are of the same design or model. The one design fleets include: the Bluenose class sloop fleet, the J/30 fleet, the J/105 fleet, the Sonar fleet, the Farr 30 fleet and more.

There are different types of boats racing against each other in the Monohull handicap races.

Monohull handicap boats must have a valid Sail Nova Scotia PHRF Handicap and be a member of a recognized yacht club. PHRF (Performance Handicap Racing Fleet) is a system used to handicap sailboats by observed racing performance.

In this category there is also a classic yacht regatta that consists of boats launched before 1996 or are a replica of a classic yacht or a boat that, in-

dependent of its launch date, was built in conformity with the design of a classic yacht or boat launched before 1996.

Tara Wickwire is the communications media chair for Chester Race Week. She said that this is one of the biggest years for boat entries for Chester Race Week.

“This is among our biggest years with boat entries from N.B., P.E.I. and a first-time entry from National Yacht Club in Etobicoke, Ont.”

Other than sailboat races, there will also be music performances each day, with the following artists playing:

Tyler Salsman, Jessica Russell and Hopping Penguins will be performing on Wednesday, Aug. 13 at the Chester yacht Club. On Thursday, Terry Jagger followed by the ABBA tribute band “Dancing Queen” will perform. On Friday, DRFTR will be playing followed by the Mellotones.

To end the week on Saturday, Lisa Richard, Jane Chaisson and Dark & Stormy are performing throughout the night.

Each day of the event the club will have drink tents open from 10 a.m. to 1 a.m. Drink tents will require you to have drink tickets to receive alcohol.

Bracelets are required to attend the event after 9 p.m. and you must be 19 years or older. Bracelets can be purchased for \$25 and are valid for all four days.

Business of the week

NEED IT, WANT IT, FIND IT

Monday to Saturday: 7 am to 10 pm
Sunday: 8 am to 9 pm
902-543-9244 • www.sobeys.com

Monday to Friday 10am-8pm
Saturday 10am-7pm
Sunday 12pm-5pm
902-543-6314
www.southshorecentre.com

2025 FALL WOOD & METAL COLLECTION

Wood and metal items will be collected on the following dates:

Town of Bridgewater:
September 8 - 12, on your regular collection day

Town of Mahone Bay: September 15, entire Town collected

Municipality of the District of Lunenburg:
September 15 - 26, on your regular collection day

Combined Wood and Metal Collection Limits:
Bridgewater: 100 kgs (220 lbs)
Mahone Bay: 2 cubic metres (2.6 cubic yards)
Municipality: 4 cubic metres (5.2 cubic yards)

Place wood and metal in separate piles at the roadside.

Residents drop off household hazardous waste, fridges, air conditioners, freezers, dehumidifiers, and water coolers at the Waste Site at 908 Mullock Road, Whynott's Settlement.

Accepted Metal Items Include:

Accepted Wood Items Include:

Drain fluids from lawnmowers

Wood and metal items up to 1.8 m (6 ft.) long accepted.
Remove spikes and brackets over 15 cms (6 in.) from pieces of wood.

Questions? Call (902) 543-2991 or visit www.communityrecycling.ca.

A community event to celebrate the upcoming school year and support local families.

FRIDAY
AUGUST 22
2025

The South Shore Bulletin is excited to host a

Hot Dog BBQ

& Back-to-School Contest

SHIPYARD'S
LANDING
5-7 PM

\$1 FOR HOT DOG; \$1 FOR A DRINK
(proceeds go to Souls Harbour Rescue Mission)

Family Fun, Games to Play, Subscription Sales, and More!

As part of the event, we're holding a **Back-to-School Prize Pack Contest.**

Starting August 13, pre-primary to grade 12 students can bring in their school supply list to the South Shore Bulletin office at 129 Aberdeen Rd, Suite 106 in Bridgewater for a chance to win up to \$150 towards their school supplies!

For more chances to win, join us on Friday, August 22, at Shipyard's Landing between 5-7pm for a hot dog BBQ. Play some cornhole for more chances to win!

The winner will be drawn on Monday, August 25 and announced in our August 27 edition, website, and social media pages.

If any businesses want to be a part of this community event by offering prizes, such as gift cards or school supplies, or hot dogs, drinks or condiments to make this event more of a success and get your name out there, that would be great.

If you're able to support this initiative, please call 902-930-4361 or email diana.girvan@southshorebulletin.ca by Thursday, August 21, by 10 a.m.