

BULLETIN

YOUR COMMUNITY • YOUR VOICE • YOUR NEWSPAPER

EST. 1847

BRIDGEWATER, NOVA SCOTIA, CANADA

WEDNESDAY, MAY 28, 2025



CHESTER VIC TO OPEN

Visitors to Chester now have a place to go to get info.

PAGE 2



LOGAN RING PHOTO

FISHIN' FUN

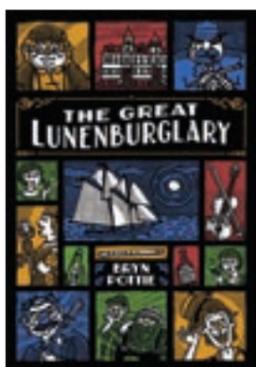
The mother-daughter duo of Lauren and Peyton Strickland-Bird were trying to catch the big one, along with many others at the annual District of Lunenburg Recreation, Parks and Tourism Kids' Fishing Derby, May 24 at the MARC pond. The event is held each year in partnership with the LaHave River Salmon Association.



FOR OUTDOOR ENTHUSIASTS

Bridgewater is hosting a hiking summit this weekend

PAGE 4



A BLUENOSE JOY RIDE

Author pens Lunenburg comedic novel

PAGE 16

New housing for health care workers in Bridgewater

By LOGAN RING
NSCC Student Reporter

BRIDGEWATER - Construction has begun on a modular housing project on Glen Allan Drive in Bridgewater. This project will create affordable housing in the region specifically for health care workers, so they are able to work in the region.

The provincial government purchased the site on Glen Allan in 2023 and started plans to build on the site shortly after.

The province is building this site in collaboration with the Housing Trust of Nova Scotia. In March 2023, the Housing Trust of Nova Scotia entered a \$20 million partnership with the Government of Nova Scotia to build and operate housing designated for health care workers.

In March 2024, the Houston government increased the funding to \$45 million to build at least 112 units throughout the province.

The Bridgewater modular housing project is not the first project done under this initiative on the South Shore. In 2023 the province purchased the Wheelhouse motel in Lunenburg which was converted into mixed income housing for health care workers.

The Wheelhouse motel has six studio apartments, six two-bedroom units, three one-bedroom units, and one three-bedroom unit. An additional six townhouses will also be built on the site, for those workers with families.

The initiative done in collaboration with the provincial government is designed to address two pressing social issues facing the province, the lack of housing for health care workers and the shortage of affordable housing. According to the province some households will be eligible for a contribution or reduction in their monthly rent, if they meet certain requirements.

Jordan Rodgers is the Modular Housing Project Manager at the Glen Allan location. He said the location on the site is ideal for health care workers.

"We pick for proximity to medical centres like the hospital that's down the road. As well as standard main roads, bus routes, that sort of thing, so that it's easily accessible to all."

According to Rodgers the site will have five buildings that will provide around 20 units.

Continued on page 2

Negotiations continue in Canada Post saga

By LOGAN RING
NSCC Student Reporter

NATIONAL - As of Monday, talks are scheduled to continue between the Canadian Union of Postal Workers (CUPW) and Canada Post.

On May 25, the Canadian Union of Postal Workers (CUPW) met with federal mediators to respond to the latest offer from Canada Post and it was expected that the two will continue negotiations at least for the next few days.

Meanwhile, the more than 55,000 Canada Post workers are sticking with their national overtime ban (put in place May 23) as talks continue. CUPW was in a strike position as of 12 a.m. May 23.

Stephen Gale, representative of CUPW Pacific, in an interview with Global News said this form of labour action was chosen instead of a full work stoppage to prevent the harm to Canadians and allows employees to make money while a new contract is being negotiated. CUPW has not yet ruled out the possibility of a full work stoppage if negotiations sour.

Continued on page 5

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The South Shore Bulletin - Proudly serving our community, every day.

SOUTH SHORE
BULLETIN





GERALDINE PAULEY PHOTO

A new physical location for a Visitor Information Centre in Chester has been found and it will soon be open.

Chester testing a return to in-person visitor information centre

By ED HALVERSON
ed.halverson@southshorebulletin.ca

CHESTER - When it comes to making travelers feel welcome there's no substitute for the personal touch. That's the idea behind the new Visitor Information Centre (VIC) that is soon to open in Chester.

Located in what was once the "Ladies' Lounge" in the historic train station commonly called "Station 20" on Smith Road in Chester, the VIC will officially start the summer season with a soft launch open house on Friday, May 30.

Chester has been without a physical visitor information centre since the Municipality of Chester decided to close the permanent VIC several years ago in favour of a mobile system, moving from place to place as events dictated.

The Village of Chester Commission opened the new VIC in response to concerns raised by Chester village business owners that the new model wasn't bringing as many people to their doors. The Municipality of Chester has been very supportive.

Chair of the Village of Chester Commission Geraldine Pauley said, "We hope to prove or disprove the idea that visitors no longer need or are interested in a 'hard' location for their information but rely primarily on their devices."

Pauley says comments collected informally from visitors over the last few years suggested that they would welcome a permanent physical location that

is available to provide visitors with information about the area.

She notes the number of people stopping into Visitor Information Centres in neighbouring municipalities demonstrates the demand.

"Certainly, the Mahone Bay experience suggests a significant visitor interest by their constantly overflowing parking lot," she said.

The Village of Chester Commission made the decision to open the new centre after all the deadlines had passed to fund student summer salaries, so the commission is recruiting volunteers to help staff the VIC.

Those volunteers will be given a small honorarium and according to Pauley, "we have found quite an enthusiastic response from some seniors who fancy the opportunity to chat with visitors and promote the municipality's businesses and attractions."

Pauley said the Chester VIC will offer tourism information focused on the municipality of Chester, accessible parking, entrance, and washrooms, public WiFi, and friendly faces to answer questions.

Visitors will find the new Visitor Information Centre site interesting on its own. Housed in the original CN train station, the building offers an original caboose to explore, an opportunity to shop for antiques and art, a model train display, and the Oak Island Exhibit.

The new centre is expected to open in June once volunteers have been trained and are ready to welcome all comers to the area.

Grammy Mary's Mandarin Orange Cake

Recipe submitted by Purvis Naugler

INGREDIENTS

- 2 cups - all purpose flour
- 1 ½ cups - granulated sugar
- 1 tsp - salt
- 2 tsp - baking soda
- 2 tsp - vanilla extract
- 2 - eggs
- 2 cans - mandarin oranges, well drained (300g)

FROSTING:

- 1 cup - brown sugar
- ¼ cup - milk
- ¼ cup - butter

DIRECTIONS

1. Combine all ingredients in a mixing bowl. Beat with an electric mixer until thoroughly mixed and no large orange pieces can be seen.
2. Pour batter into lightly greased 8x12 pan.
3. Bake at 350 deg. F (325 for Pyrex) for 30 - 35 minutes.
4. Remove from oven and pierce holes in cake with carving knife.
5. Pour hot frosting over cake and into holes, distribute frosting over cake as it collects along the edges of the pan.
6. Frosting: Place brown sugar, milk and butter in medium size saucepan. Bring mixture to a gentle boil, stirring constantly, for just 3 minutes.

Serve cake with ice cream or whipped cream.

.....

Our South Shore Bulletin team taste-tested this recipe:

Kevin: Xxx

Diana: Reminds me of a toffee cake. Definitely hits the sweet tooth!

Erin: Love it. I actually enjoyed the hint of orange instead of being more intense. Texture was fantastic.

Natasha: Super moist, a really delightful treat. Minimal orange flavour, though - perhaps add orange extract to the cake?

Have a recipe you'd like to share? Send it in!

info@southshorebulletin
106-129 Aberdeen Rd,
Bridgewater, NS B4V 2S7

CONTRIBUTED PHOTO
The modular housing for health care workers being built in Bridgewater is going up quickly. This is a photo from late last week.



New housing for health care workers in Bridgewater

Continued from page 1

More housing for health care workers outside of the South Shore is in the works by the partnership. The Housing Trust of Nova Scotia has sites decided around the province, in Guysborough, Canso and Port Hawkesbury.

According to the Nova Scotia Health Authority (NSHA), more housing that is affordable and set aside for health care workers will help with their recruitment effort.

To address the health care worker shortage the NSHA has been putting forward initiatives to recruit more workers, one of which being provincewide career fairs the occurred last spring and summer, which saw 120 new workers join the province's health care sector.

Bluenose Lodge Events
BOUTIQUE HOTEL & RESTAURANT

OPEN FOR Lunch | 12PM ONWARDS WEATHER PERMITTING
ON THE PATIO AT BLUENOSE LODGE

JOIN US FOR **PRIDE DRAG BINGO** WITH HOSTS
QUEERA BANG & HANNIBAL LICKEDER
A PORTION OF THE PROCEEDS WILL BE GOING TO COASTAL ACTION
JUNE 7TH | 9PM | DOORS OPEN AT 8:30PM

Patio Happy Hour
DAILY 3-5PM WEATHER PERMITTING
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DAILY FEATURE: 1/4 LB LOBSTER ROLL FOR \$25.95

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Rum Runner's Ball Dinner Theatre \$115 + HST
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AT BLUENOSE LODGE 902-634-8851
10 FALKLAND STREET LUNenburg, NOVA SCOTIA

CARICATURE PORTRAITS

by **Chuck**

Fun, zany portraits. Have artist Chuck Weiss design a custom portrait for you today! SATURDAY at Bridgewater Farmers Market
Charlesweissart@yahoo.ca

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OTHER LOCATIONS:
Halifax, Shelburne, Barrington Passage

bridgewater@bvca.ca www.bvca.ca

Dahl's dispatch

EVAN DAHL

Lunenburg County firefighters answered 49 calls for service and Queens County firefighters answered 15 calls for service from Thursday, May 15 to Wednesday, May 21 - 29 of these calls were medicals.

MAY 15

At 7:47 a.m., Hubbards, Black Point and Upper Tantallon firefighters responded to a vehicle fire in Ingramport.

At 10:53 a.m., Liverpool firefighters responded to a possible electrical fire in Liverpool.

At 12:52 p.m., Bridgewater firefighters responded to a motorcycle accident in Bridgewater.

At 5:20 p.m., Chester Basin firefighters responded to an illegal burn in Chester Grant.

At 6:20 p.m., Greenfield firefighters responded to a motor vehicle accident in Middlefield. North Queens also responded.

At 7:17 p.m., Mill Village firefighters responded to a brush fire in Mill Village. Port Medway also responded.

MAY 16

At 12:43 p.m., Dayspring firefighters responded to a water rescue

in Upper LaHave. Lunenburg, Bridgewater and Northfield also responded.

At 12:50 p.m., New Germany firefighters responded to a motor vehicle accident in New Germany.

MAY 17

At 9:06 a.m., Bridgewater firefighters responded to a commercial fire alarm in Bridgewater.

At 6:55 p.m., Hubbards firefighters responded to assist Black Point at a brush fire in Queensland.

MAY 18

At 11:29 a.m., Lunenburg firefighters responded to a commercial

fire alarm in Lunenburg.

At 12:05 p.m., New Ross firefighters responded to an unknown fire in Aaldersville.

At 5:30 p.m., Martins River firefighters responded to a motor vehicle accident in Martins River. Western Shore and Mahone Bay also responded.

At 7:33 p.m., Bridgewater firefighters responded to a commercial fire alarm in Bridgewater.

At 10:45 p.m., New Germany firefighters responded to a commercial fire alarm in New Germany.

Continued on page 5

Community Events: May 28 - June 3, 2025

WEDNESDAY, MAY 28

Bright & Lion Touch Rugby at HB Studios Sports Centre, 543 Glen Allan Dr., Bridgewater from 8 to 9 PM.

Mindfulness Meditation at Second Story Women's Centre, Dufferin St., Lunenburg from 12 to 1 PM.

Shared Kitchens to support local food economy at Lunenburg County Lifestyle Centre (LCLC), North Park St., Bridgewater from 3 to 5 PM.

THURSDAY, MAY 29

Recreation and Social Program for Mature Adults at HB Studios Sports Centre, 543 Glen Allan Dr., Bridgewater from 10 AM to 12 PM.

Seniors Safety Academy - Thursdays this May at Riverport District Community Centre, Lower LaHave Rd., Riverport from 1:30 to 3:30 PM.

Bridgewater Toast Master Club at NSCC Lunenburg Campus, 75 High St., Bridgewater from 7 to 8:30 PM.

Trivia with Michelle at King Street Beer, 463 King St., Bridgewater from 7 to 9 PM.

Pop-up Piano Bar with Shari Porter at Old Confidence Lodge, Riverport from 7 to 9 PM.

FRIDAY, MAY 30

Clickety Clack Knitters & Crafters at DesBrisay Museum, Jubilee Rd., Bridgewater from 1 to 5 PM.

New Germany Farmers' Market at 5325 NS Trunk 10 from 2 to 6 PM.

Taco & Tequila Night at King Street Beer, 463 King St., Bridgewater from 4 to 8 PM.

Music Bingo at King Street Beer Company, 463 King St., Bridgewater from 6 to 8 PM.

Hiking Summit at Days Inn, 50 North Street, Bridgewater.

Astor Academy Film Festival at The Astor Theatre, 219 Main St., Liverpool at 7 PM.

Keep on Track at HB Studios, Glen Allan Dr., Bridgewater from 10 AM to 12 PM.

SATURDAY, MAY 31

Hiking Summit at Days Inn, 50 North Street, Bridgewater

Old Man Luedecke at The Astor Theatre, 219 Main St., Liverpool at 7:30 PM.

Discover Downtown Bridgewater Day at Downtown Bridgewater, starting at 10 AM.

SUNDAY, JUNE 1

Hiking Summit at Days Inn, 50 North Street, Bridgewater

Ultimate Frisbee Adult Co-Ed Drop in Games at Kinsmen Field, Maple St., Bridgewater from 10 AM to 12 PM.

Celtic Sunday Session at Eli+Trix, 538 Main St., Mahone Bay from 2 to 4 PM.

MONDAY, JUNE 2

Bingo at Milton Memorial Hall, 168 Tupper St., Liverpool at 7 PM.

TUESDAY, JUNE 3

Game Night at Michelin Social & Athletic Club, Logan Rd., Bridgewater from 4 to 9 PM.



MUNICIPALITY OF THE DISTRICT OF CHESTER

**Public Notice
2025 ANNUAL MEETING
Fire & Emergency Services Providers**

The following Fire and Emergency Service Provider of the Municipality of the District of Chester invites the public to attend their Annual Meeting. There will be a review of the fire department's previous year's operations, budgets and they will be announcing their 2025/26 fire tax rates.

Fire Protection Commission for District 1 (Blandford and Area)	June 2, 2025 at 7:30 pm Wendy Chase, Email: blandfordcommission@bellaliant.com	Blandford Community Center (Lodge Room) 30 Firehall Road, Blandford
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If you have any questions regarding these meetings, please contact the person listed within your Commission, or Bruce Blackwood, Fire Services Coordinator, Municipality of the District of Chester at 902-277-2577 or email bblackwood@chester.ca

D8348



Municipality of the District of Lunenburg

Public Hearing: Tuesday, June 10, 2025, at 5:30 p.m.

A Public Hearing will be held on June 10, 2025, at 5:30 p.m. in Council Chambers at the District of Lunenburg Municipal Office (10 Allée Champlain Drive, Cookville).

Council intends to consider Bylaw 020G to amend the Osprey Village Secondary Planning Strategy, and Bylaw 0211 to amend the Osprey Village Land Use By-Law. The proposed amendments would permit lower-density residential development on four unserviced lots along Harold Whynot Road, rezone a municipally-owned lot near Allée Champlain Drive from Institutional to General Commercial to enable mixed-use development, and rezone a vacant lot along Pine Grove Road from High Density Residential to Open Space to protect the property's natural features.

Written submissions regarding the proposed amendments will be received until 5:00 p.m. on Wednesday, June 4, 2025. Written submissions shall be addressed to Ms. April Whynot Lohnes, Municipal Clerk at 10 Allée Champlain Drive, Cookville, from Monday to Friday, 8:00 a.m. to 5:00 p.m. or e-mail: planning@modl.ca. Oral submissions will be received at the time and place of the Hearing.

The Public Hearing will be streamed live on YouTube, and the public can access the stream here: <https://www.youtube.com/@modnovascotia>.

Copies of the proposed regulations and related reports are available to view at the Municipal Office at 10 Allée Champlain Drive, Cookville, during normal office hours (8:00 a.m. to 5:00 p.m.) or found in the Background Documents section of the project website here: <https://engage.modl.ca/ovpa2025>.

For further information, contact Carin Mahon, Planner I at 902-521-9327.



Notice of Annual General Meeting

TAKE NOTICE THAT the Village of Chester's annual meeting of electors is being held on **Wednesday, June 11, 2025** at 6:30pm at the Village Commission office, 27 Pleasant Street, Chester AND online. For details, visit: <https://villageofchesters.ca/notice-of-annual-general-meeting-june-11-2025.html>

Notice of 2025 Village Commission Election

TAKE NOTICE THAT there are the following Village Commissioner vacancies to be filled in this election:
- Two (2) positions for a 3-year term: June 2025 to May 2028

AND TAKE NOTICE THAT **nominations** for Village Commissioner shall be made on the prescribed paper form, which may be obtained at the Village of Chester Commission office at 27 Pleasant Street or the website <https://villageofchesters.ca/elections.html>. The nomination form must be signed by the candidate and accompanied by endorsement of five (5) electors supporting the nomination. A candidate and elector must be ordinarily resident in the Village of Chester for at least six months immediately prior to the Village election to qualify.

The nomination form must be filed in person by the candidate or their agent with the Returning Officer (the Clerk/Treasurer), on Nomination Day, June 4, 2025 between 9am-5pm at the Village office at 27 Pleasant Street.

Nomination Day Wednesday, June 4, 2025, 9am - 5pm
Advance Poll Saturday, June 14, 2025, 11am - 7pm
Election Day Poll Tuesday, June 17, 2025, 9am - 7pm

Location of the Advance poll and Election Day poll is the Village Commission office, 27 Pleasant Street, Chester.

If you would like to confirm that you are on the **List of Electors**, please contact the Clerk/Treasurer at heather.mccallum@villageofchesters.ca or 902-275-4994.

Please note all locations are wheelchair accessible.

D8437



**MUNICIPALITY OF THE DISTRICT OF LUNENBURG
CITIZEN APPOINTMENT OPENING
FIRE & EMERGENCY SERVICES COMMITTEE**

The Municipality of the District of Lunenburg is looking for a volunteer, for a 3-year term, to serve on the:

Fire and Emergency Services Committee (from July 2025)

The Fire & Emergency Services Committee provides an advisory and consultative role to Council respecting fire and emergency services and programs. Applicants for this vacancy may not be a member of, or the spouse of a member of Council, a Fire Department, Fire Commission or an Auxiliary of a Fire Department.

If you are interested in applying and are resident of the Municipality of the District of Lunenburg, please forward a letter of application outlining your skills and why you would like to serve.

Applications should be received by 4:00 p.m. on Friday, June 13th, 2025 to the undersigned:

Alex Dumaresq, Deputy Chief Administrative Officer
Municipality of the District of Lunenburg
10 Allée Champlain Drive
Cookville NS B4V 9E4
Email: alex.dumaresq@modl.ca

D8468



LOCAL



TO THE EDITOR

A grateful thank you

The Editor,

In the first couple of weeks of May the South Shore Refugee Project held its third Kitchen Party, Spring Basket Raffle and Bake Sale.

The family we are attempting to bring to a new home here are currently living temporarily in Lebanon. As we work toward bringing that family of five Syrian Refugees with three young children to the security and safety of the South Shore, we were reminded of what a wonderful, generous and kind region we are so fortunate to live in.

So many businesses and merchants donated lovely objects, food, gift cards and funds to help people they never met. So many generously bought raffle tickets! People donated time to organize and prepare food. A fabulous group of local musicians came and provided superb entertainment.

Parishioners of Saint John the Apostle Parish in Bridgewater and Lunenburg baked and made us envious of their cooking abilities.

The music was great, the fish and corn chowder and desserts superb. Gar MacDonald and his wife, Tara Webb won

the 50/50 draw and donated it back to the cause. Kathleen Ferrier and Cynthia Clark won the marvelous raffle baskets.

We raised over \$3,250 and are now almost 85 per cent of the way to reach the goal of \$60,000 needed to achieve our sponsorship goal.

In an increasingly challenged world, where hate and division make the news so often, the people of Bridgewater, MODL, Lunenburg and Mahone Bay reminded us that people are good and kind and want to take care of those around them and even those far away who we wait to welcome.

Tom Webb

On behalf of the South Shore Refugee Project

SOUTH SHORE BULLETIN

129 ABERDEEN RD, SUITE 106
BRIDGEWATER, NS, B4V 2S7
902-543-2457

The South Shore Bulletin was established in September 2024, and replaces the LighthouseNOW Progress Bulletin, established in November 2014, The Lunenburg County Progress Bulletin (2011), Bridgewater Bulletin (est. 1887) and Lunenburg Progress Enterprise (est. 1876). South Shore Bulletin is a Nova Scotia owned independent newspaper published every Wednesday by M.E.T. Media Group Limited.



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Walk this way!

Annual Nova Scotia Hiking Summit takes place this weekend

By **LOGAN RING**
NSCC Student Reporter

BRIDGEWATER - Do you have an interest in hiking, walking or snowshoeing on Nova Scotian trails?

If so, you can join a gathering of like-minded people will in Bridgewater and surrounding areas from May 30 to June 1 for the 11th annual Nova Scotia Hiking Summit hosted by Hike Nova Scotia and Lunenburg County Hikers.

Attendees will include avid hikers, hiking clubs, trail groups, provincial government, municipalities and others.

Home base for the summit will be the Days Inn in Bridgewater.

Janet Barlow is the executive director at Hike Nova Scotia. She said the event is a great way to bring the community together whether they are a hiker or work in the hiking and trail sector.

"It is a really great way to bring people who work and

volunteer in the hiking and trail sector together, along with hikers, because we kind of have those two audiences and so it's a nice mash up of these two audiences. It's kind of like a hiking conference and a hiking festival, all in one."

The hikes done in Lunenburg County will highlight the beauty of the region; Castle Rock, located in Gold River is one of these trails, where attendees have the option to hike.

According to the organization, Castle Rock it is considered a moderate to difficult hike.

The Castle Rock trail ends at a look off that allows you to see the surrounding area for kilometers. At the top of the trail, you can even see the ocean from the look off, and it is one of Barlow's favorite hiking spots in the region.

Another favourite spot of Barlow's is Gaff Point; a trail located just off Hirtle's beach a 20-minute drive



away from Lunenburg.

While attendees are not hiking the event will also feature keynote speaker Johnathan Riley, former president of the club, avid canoer and interpreter for Kejimikujik National Park in Queens County.

The event will also feature workshops and seminars along with a silent auction. The event will also include hiking stories, and opportunities for hikers to network with other hikers.

According to Barlow, the event is on track to have 140-150 attendees.

The event will also be held in collaboration with the local hiking group, the Lunenburg County Hikers. A club that hosts group hikes around the county.

This is the first time the event will be held in the Bridgewater area. However, back in 2019, the event was held at the Oak Island resort and focused on trails around the Western Shore.

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ISSN# 1025-6086

SOUTH SHORE BULLETIN



Negotiations continue in Canada Post saga

Continued from page 1

It seems that sticking points between the union and the Crown corporation include Canada Post's desire to hire part-time workers for weekend deliveries, which the union opposes. Full-time postal workers currently get overtime pay for weekend work. Other outstanding issues include wages and sick time.

IN CASE THERE IS A FULL-BLOWN STRIKE:

Just like we did when there was strike action in 2024, the South Shore Bulletin has a contingency plan to set up pick-up locations for our subscribers.

In Bridgewater, you can pick up your paper at the

South Shore Centre kiosk located near Coles bookstore from 10 a.m. to 4 p.m. only.

From 11:30 a.m. to 2:30 p.m. ONLY on Wednesdays during the strike, you can pick up your paper in New Germany at Mader's General Store; in Liverpool, you can pick it up at the Astor Theatre; in Chester, at Our Health Centre; in Lunenburg at the Lunenburg Community Centre; and in Mahone Bay at the Mahone Bay Centre.

These locations will not have cash or the ability to process payments.

You can also pick it up at our office at 129 Aberdeen Rd. Between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Dahl's dispatch

Continued from page 3

MAY 19

At 10:20 a.m., New Ross firefighters responded to a brush fire in New Russell.

At 10:56 p.m., Chester firefighters responded to a commercial fire alarm in Chester.

MAY 20

At 6:17 a.m., North Queens firefighters responded to a power pole fire.

At 8:10 a.m., Hubbards firefighters responded to assist Black Point and Upper Tantallon at a motor vehicle accident in Ingrauport.

At 5:40 p.m., Chester firefighters responded to a smoke sighting in Windsor Road.

At 7:45 p.m., Bridgewater firefighters responded to a fire alarm in Bridgewater.

At 8:55 p.m., Liverpool firefighters responded to an atv fire in Milton.

At 9:31 p.m., Hubbards firefighters responded to a motor vehicle accident in Fox Point.

MAY 21

At 2:20 p.m., Bridgewater firefighters responded to a commercial fire alarm in Bridgewater.

At 5:23 p.m., Lunenburg firefighters responded to a motor vehicle accident in Fauxburg.

At 6:18 p.m., Chester Basin firefighters responded to a motor vehicle accident in Chester Grant.

At 8:07 p.m., Greenfield firefighters responded to a commercial fire alarm in Greenfield.

At 10:25 p.m., Lunenburg firefighters responded to a bonfire in Northwest.

You may reach Evan Dahl by e-mail at evandahl10@hotmail.com or via the Dahl Dispatch Facebook page.

BRIDGEWATER SENIOR CITIZENS GROUP CARD PARTY RESULTS

The Bridgewater Senior Citizens Group met May 14 for a game of Auction 45s.

The winners were: Ladies high, Florence Wagner, 1010; Men's high, Gary Aulenback, 935; Runners up, Phyllis Meisner, 920 and Una Corkum 905; 50/50 winner Dean Avery. 30/60 winners Dean Avery, John MacDougall, Una Corkum.

Card parties are held at the Masonic Hall, Dominion Street, on Wednesdays, 7:00 p.m. New members always welcome.

THE GOLDEN YOUTH CARD CLUB CARD PARTY RESULTS

The Golden Youth Card Club met on May 15th for a game of auction 45s.

The winners were: Ladies high, Edith Clattenburg, 1105; Ladies second, Sheila MacDougall, 1035; Men's high, John MacDougall, 1045; Men's second, Harry Smith, 970; Low Score, Wilma Dorey, 545; Lucky tally, Eva Corkum; Travel prize, Ken Edwards; 50/50 winners Russell Mosher and Marie Rafuse.

The Golden Youth Card Club met on May 22th for a game of auction 45s.

The winners were: Ladies high, Marie Rafuse, 930; Ladies second, Gloria Cox, 910; Men's high, Spencer Bagley, 935; Men's second, Calvin Hiltz and Weldon Naugler, 920; Low Score, John MacDougall, 535; Lucky tally, Shirley Naugler; Travel prize, Phyllis Meisner; 50/50 winners Mary March and Spencer Bagley.

Card parties are held every Thursday starting at 7 pm. New members (over age 55) are welcome to attend. Light snack provided.



MUNICIPALITY OF THE DISTRICT OF CHESTER



D8467

Community Events

FRIDAY, MAY 30

The Fisherings will be playing at the New Ross Legion from 8:30 to 11:30 pm. Cover charge \$5 members and \$7 non-members. Bring your dancing shoes!

SATURDAY, MAY 31

Chester Garden Club's Annual Gardeners' Sale at Chester Train Station from 9:00 am to 12:00 noon. Special thank you to Chester Municipal Heritage Society for the use of the space. Reasonably priced plants from our gardens, local vendors, sweets, and coffee. Talk to local gardeners and chat with your friends. For more info visit: chestergardensclub.ca.

SUNDAY, JUNE 1

13th Annual Chester Cut N Run 5K Walk/Run and 10K Run at the Chester Area Middle School starting 9:00 am. We are taking day-off registrations so be there at 8:00 am so we can get you registered. Adults \$30 and Youth \$10 (cash). For more info contact Chester Rec & Parks 902-275-3490.

Crib Tournament at the Forties Community Centre (1787 Forties Road, New Ross). Doors open 12:00 noon. Registration starts at 12:30 pm and play begins at 1:00 pm. Cost \$20 per team. Must be 19 years or older. Canteen available. Wheelchair accessible (ground level). For more info call 902-689-2147.

TUESDAY, JUNE 3

FREE CLOTHING NEW TO YOU at the Aeon Baptist Church (57 Hwy 12, Chester Basin) from 10:00 am to 2:00 pm and again from 6:00 to 8:00 pm. Donations welcome but not necessary. For more info email: pcountway@eastlink.ca

FRIDAY, JUNE 6

Karaoke with Stormin Norman at the New Ross Legion from 8:30 to 11:30 pm. Cover charge \$5 members and \$7 non-members. Bring your dancing shoes!

SATURDAY, JUNE 7

Lobster Raffle for the East Chester Recreation Association Hall. Tickets: 1 ticket for \$2 or 3 tickets for \$5. Please EMT to shannon_beck@outlook.com. Use "lobster" as security answer. Include your name and phone number in the message. All proceeds go directly to the Hall.

Fishing Derby & BBQ at Hutt's Lake, Chester Basin from 8:00 am to 2:00 pm. Non-Motorized boats only! Registration is \$10 per adult and \$5 per person 18 years and under. All prizes donated by Kelvin's Taxidermy & Gun Shop. First Place: Highest total combined weight of 5 trout (\$100 Gift Card from Kelvin's Taxidermy & Gun Shop). Second Place: Highest total weight of single trout (\$75 Value of Fishing Supplies). Third Place: Longest single trout (\$50 value of Fishing Supplies). One Prize per Fisher.

BBQ on site (Hamburgers, Hot Dogs and Pop). All proceeds will be donated to PRO Kids. *No general fishing license required to register a trout (June 7-8 is NS Sport Fishing Weekend). Registration and weigh-in at Chester Basin Recreation Park (353 Lower Grant Road). For more info contact: secretary@captainkiddrodandgun.com.

The Handy Hands 4-H Club will be holding a BBQ fundraiser and Plant Sale as well as running the "Wheel of Dirt" at the Maibec CanExel Composting Facility Open House from 9:00 am to 12:00 noon, at the Union Hall in East River, 7216 Highway 329 (3.3 kms from Hwy 3 intersection). Rain or Shine. Elizabeth Peirce, among other Guest Speakers, will give a talk on "No Till Gardening", commencing at 10:30 am.

SUNDAY, JUNE 8

Ocean Swells Community Centre will be holding their Annual General Meeting at 11:00 am. All are welcome to attend.

Crib Tournament at the Little Red School (732 Canaan Road, Chester). Doors open at 1:00 pm. Cost \$20 per team. Cash prizes and 50/50. Canteen available.

SATURDAY, JUNE 14

Father's Day Lunch at St. Luke's Parish Hall (10 Shore Club Road, Hubbards) from 11:30 am to 1:00 pm. Enjoy pulled pork sandwich, coleslaw, choice of pie slice, tea/coffee. Admission by donation. Proceeds for the Helm. Hosted by St. Luke's Outreach Mission Group.

SUNDAY, JUNE 15

2025 Ride of Hope - registration at 8:30 am and Ride start time 9:00 am. A bike ride around the Aspotogan Loop or a family fun bike ride on the trail. This is for anyone who wants to fundraise for cancer research. Register and fundraise here: ride.terryfox.ca/Aspotogan.

Father's Day Fish & Chips at the Chester Basin Volunteer Fire Dept (5430 Hwy 3) from 11:30 am to 5:30 pm. The cost is \$14 for 2-piece Fish & Chips. Drive-Thru Take-Out Only. Pre-order by June 13 by texting or calling Melanie 902-298-1799 or Darlene 902-204-2201. Limited amount of drop in orders available.

Father's Day Roast Beef Supper at the Forties Community Centre from 4:00 to 6:00 pm. Roast beef dinner, dessert, tea/coffee. Adults \$17, Children (under 12 years) \$7.50 and under 5 years \$3.50. Eat-in or Take-out. Fully accessible. For more info call 902-689-2147.

WEDNESDAY, JUNE 18

FREE CLOTHING NEW TO YOU at the Aeon Baptist Church (57 Hwy 12, Chester Basin) from 6:00 to 8:00 pm. Donations welcome but not necessary. For more info email: pcountway@eastlink.ca

THURSDAY, JUNE 19

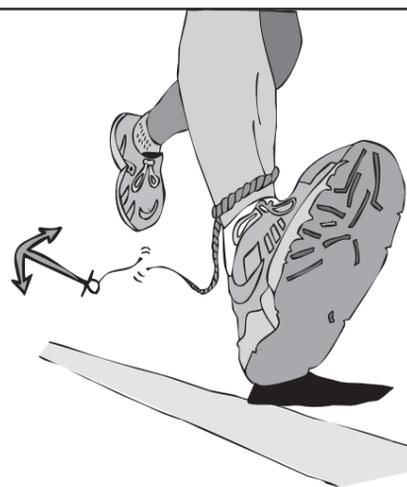
Food Fair at the Hubbards Barn (57 Hwy 3) from 4:00 to 7:00 pm. For more info visit: www.hubbardsbarn.org.

FRIDAY, JUNE 20

45's Card Games at the Ocean Swells Community Centre starting at 7:00 pm. It costs \$10 per person. 1st Prize Lobsters, 2nd Prize Lobsters, 3rd Prize Lobsters and 4th Prize Lobsters.

SUNDAY, JUNE 22

Chester Community Sunny Days Market at the Chester Legion (14 Union Street) from 10:00 am to 2:00 pm. Free admission. Support and Shop Local.



Sunday,
June 2
Chester Area
Middle School

8:00 am Check-In /Registration
9:00 am Event Starts

New Registrants:
\$30 for Adults,
\$10 for Youth,
t-shirt \$10 extra
(limited supply)

For more info,
call 902-275-3490.

CHESTER
CUT N RUN
5K Walk 5K/10K Run

214031



KEVIN MCBAIN PHOTOS

LOGANMANIA III

LoganMania took over the Lunenburg County Lifestyle Centre May 10 in a showcase of wrestling skills. The event hosted by Bob and Juanita McNeary, along with North Pro Canadian Wrestling to honour the life of wrestling super fan, Logan McNeary. All proceeds from the event goes to support local causes.



KEVIN MCBAIN PHOTOS

SKATEBOARDING FUN

Jesse Watson of Homegrown Skateboards and Vaughn Whynot hosted the first SkateJam of the season at the Bridgewater SK8 Park May 24. Skaters young and old took part in the event that included live music by local bands, the Stab Rovers, Radical Dope Lawyers and Young Folk.



Lunenburg, N.S.			
TIDE TABLE			
Wednesday, May 28		Sunday, June 1	
low 0.23 ft	4:06 AM	high 5.68 ft	12:37 AM
high 5.77 ft	9:57 AM	low 0.92 ft	7:52 AM
low 1.31 ft	4:17 PM	high 5.35 ft	1:27 PM
high 6.4 ft	10:04 PM	low 2.03 ft	8:23 PM
Thursday, May 29		Monday, June 2	
low 0.3 ft	5:00 AM	high 5.38 ft	1:29 AM
high 5.74 ft	10:50 AM	low 1.15 ft	8:45 AM
low 1.51 ft	5:14 PM	high 5.22 ft	2:20 PM
high 6.23 ft	10:55 PM	low 2.07 ft	9:20 PM
Friday, May 30		Tuesday, June 3	
low 0.46 ft	5:56 AM	high 5.05 ft	2:26 AM
high 5.64 ft	11:43 AM	low 1.41 ft	9:35 AM
low 1.74 ft	6:17 PM	high 5.15 ft	3:17 PM
high 5.97 ft	11:46 PM	low 2.0 ft	10:13 PM
Saturday, May 31		Wednesday, June 4	
low 0.69 ft	6:55 AM	high 4.82 ft	3:30 AM
high 5.48 ft	12:34 PM	low 1.64 ft	10:22 AM
low 1.94 ft	7:21 PM	high 5.15 ft	4:15 PM

Level of accuracy may be affected by weather patterns and circumstances.

IN THE MATTER OF: The *Companies Act*, R.S.N.S., 1989, as amended;

- and -

IN THE MATTER OF: The Application of 4512561 Nova Scotia Limited for leave to Surrender its Certificate of Incorporation;

NOTICE is hereby given that 4512561 Nova Scotia Limited, a body corporate under the laws of the Province of Nova Scotia with registered office at 28 King Street, Lunenburg, in the Province of Nova Scotia B0J 2C0 intends to apply to the Registrar of Joint Stock Companies for the Province of Nova Scotia for leave to Surrender the Certificate of Incorporation of 4512561 Nova Scotia Limited and for its dissolution consequent thereon, pursuant to the provisions of Section 137 of the *Companies Act* being Chapter 81 of the Revised Statutes of Nova Scotia, 1989, as amended.

DATED at Lunenburg, Nova Scotia this 20 day of May, 2025

PIOTR LUCZAK
Luczak & Associates
PO Box 549, 28 King Street,
Lunenburg, Nova Scotia B0J 2C0
Solicitor for 4512561 Nova Scotia Limited

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FRESH QUALITY MEATS & PRODUCE
PRICES FROM THURS MAY 29 TO WED JUNE 4, 2025

FRESH WHOLE CHICKEN \$2.79 LB/ \$6.15kg	INSIDE ROUND STEAK & ROAST \$6.99 LB/ \$15.41kg	PORK BACK RIBS TEXAS BBQ & HONEY GARLIC 680G \$6.75
SMOKEHOUSE BACON 375G \$3.99	LARSEN WIENERS 375G \$3.99	LACTANTIA BUTTER 454G \$5.49

Savour the Best of Nova Scotia:

White Point Beach Resort hosts exclusive food and wine dinner with Pete Lockett

By DIANA GIRVAN
South Shore Bulletin

One would dream to be wined and dined, just as White Point and Pete Lockett hosted on Friday, May 16. The evening was enchanting from the moment I entered the front door. A grand foyer welcomes you warmly, with sprawling wooden beams, a roaring fire, and ambient lighting.

Upon entering, I was greeted with the introductory wine sample of the evening, Lockett's Traditional Method NV Sparkling. The wine was crisp, refreshing and bubbly, an appropriate beginning to an evening of charm. This sweet treat paired with our first round of hors d'oeuvres, bacon wrapped scallops and crusted bread with pear and brie, was just a glimpse of what was to follow.

Upon entering the dining room, there were eight large ban-

quet-style tables, the room exuded elegance and gusto, as groups of eight settled into their seats. Elaborately set with captivating centerpieces, wine glasses yet to be filled with Pete's products, and what Chef Matt Tattrie would describe as a "palette opener": compressed watermelon with mint crème. A tidbit before his meticulously crafted five-course meal, expertly paired with the fruit of Pete's labour.

To start, guests were served a chef-inspired amuse bouche; A tomato consommé served with a cucumber and tomato basil salsa. Chef Matt encouraged us to be interactive with this course. As we stirred about our add-ins, our glasses were filled with Lockett's 2022 Reisling. This fresh, chilled, citrus forward white wine elevated the starter from a delicious and warm "soup" to a garden-fresh sophistication that appeased the entirety of our group.

Our taste buds awakened. Thrilled to immerse ourselves in the continuity of Chef Matt's culinary parade, Pete prepared us for the next course. He walked us through the actions of swirling, sniffing and sipping. As a self-proclaimed wine tasting connoisseur, I was welcoming scallops on the half shell, seared and brown buttered Mersey scallops, smoked jalapeño puree, roasted red pepper sea foam.

Accompany that with Lockett's 2024 Tidal Bay white wine, enhanced what was already an impressive meal. I quickly realized that fine cuisine and expertly paired wine create an experience that



opens your taste palette beyond what we thought was possible.

We began to wonder how Chef Matt could possibly top his last dish. I had the opportunity to speak with him between courses. You could feel his heart in every bite. That was no less true once we were graced with yet another brilliant dish.

Atlantic lobster tagliolini hand-rolled pasta, charred lemon lobster cream, maritime gourmet mushroom blend, matched with Lockett's 2022 Barrel Fermented Chardonnay. Whether you claim to be a wine expert or not, Chardonnay pairs well with many proteins. It's sultry smoky flavour with a subtle salty finish was the perfect companion for this "good for your soul" course.

Continued on page 15



The latest scoop from the beach.

The Beach has been a beehive of activity gearing up for another honey of a summer season! Chef Matt and his team have created quite a stir with our delicious new Summer Menus. Tuck into entrées like Maritime Mushrooms on Toast, Snow Crab Risotto, or Steak Frites. On Father's Day weekend, we're flipping the flap on **The Tent**, our new summer dining pavilion where we'll be grilling, mixing libations, relaxing, and looking forward to the arrival our new smoker. **Sea Scoops Ice Cream Shop** is open weekends until June 13th when we'll start scooping sweetness daily! Bring your little graduates to celebrate their awesome (or not so awesome) report cards. June is a great time for an impromptu beach getaway, or come for nightly live entertainment and our Shareables Menu in Founder's Lounge. Follow us to stay in the know, or follow your heart and come visit!



Book an early summer Beach Break today!



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LIFESTYLES

The great Cape Sable Island field trip

JAMES HIRTLE
Bird Notes

I led a field trip for Cape Sable Island on May 17, and I had 11 participants.

We had a good day finding 36 species. It was quiet on the island for the only warblers found were yellow and northern parula. It was also very quiet in regards to other migrants.

Highlights would be a piping plover sitting on a nest, eight common terns (the first for me for the year), 22 black-bellied plovers at Daniel's Head, a number of killdeer, a greater yellow-legs and we ended the trip with a snowy egret at Centreville. A number of turkey vultures were exciting for me, but I always enjoy seeing that species.

Barbara McLean and I went on a short bird outing on May 19. We covered the Dynamite Trail in Mahone Bay, Clearland and part of Woodstock. We planned to go further, but there was so much bird activity that we ran out of time.

We found nine species of warblers including northern parula, chestnut-sided warbler, black-throated green warbler, American redstart, ovenbird, black and white warbler, palm warbler, magnolia warbler and common yellowthroat.

The chestnut-sided and common yellowthroat were new for me for the year. Also new for me for the year was red-eyed vireo. We saw several yellow-bellied sapsuckers, which was exciting and quite a few gray catbirds. Hearing a number of hermit thrushes calling is always a thrill. We also had five barred owls which is impressive.

I will be leading a warbler field trip on May 31 for the Nova Scotia Bird Society, starting at the Conquerall Mills Dam at 8:30 a.m. Anyone that wants to attend is welcome. Please contact me if you will be there. The storm date will be June 1.

We will cover Conquerall Mills, the Fitch Road, Publicover Lake and then through the Watermills Road to New Cumberland and Mount Pleasant and will end at Crescent Beach.

Andrew Hirtle of First South reported that a number of American goldfinches had arrived. On a walk in East LaHave on May 13 David Watson came across a black and white warbler, a black-throated green warbler, a magnolia warbler, an American redstart and a blue-headed vireo.

Pat and David Watson of East LaHave on May 15 had an evening grosbeak and on May 16 a red-winged black-



JAMES HIRTLE PHOTO

A snowy egret caught on camera in Centreville, Cape Sable Island on May 17.

bird at their feeders. These are species that they do not see there very often. Peggy Jenkinson saw killdeer between the Dollarama and Pet Valu in Cookville on May 20. These birds always nest in

that busy area and somehow always seem to be successful in raising young.

On May 15 Jeff Macleod found a Wilson's phalarope at Keating Cove, Cape Breton. Linda and Gerald d'Entremont located a glossy ibis at Caribou Island on May 17.

On May 18 Tony Millard saw three sandhill cranes at Salmon River. Rick Brown discovered a great egret at Churn Road Ponds. Kathleen MacAulay and Alix d'Entremont saw a red-shouldered hawk at Egypt Road.

A yellow-headed blackbird arrived at the visitor centre at Cape Forchu. Tony Millard reported a western tanager along Gull Rock Road on Brier Island. A summer tanager showed up in Baddeck on May 19.

Rick Brown sighted a great egret with a snowy egret at Centreville, Cape Sable Island. On May 21 Jake Walker reported a blue-winged warbler at the White Rock Community Trails. A northern rough-winged swallow has been seen by many at the Belleisle Marsh.

You may reach me at 902-693-2174 or e-mail jrhbirder@hotmail.com.

When one persons shifts the whole room

STEPHANIE MILLER VINCENT
Business Moments

Every workplace has one, or at least, they will at some point.

That employee.

The one who rolls their eyes in meetings. Who sighs loud enough for the whole room to hear. Who shows up on time but checks out mentally the moment they walk through the door.

Maybe they used to be your best person. Maybe they still are technically good at their job. Yet, here's the problem: their energy is costing you more than you know.

Because it's not just about tasks and duties.

It's about what they're doing to the rest of your team.

The quiet ripple effect

Culture isn't often destroyed in big, dramatic moments.

Mostly it unravels slowly, sometimes through one person's attitude that never gets addressed.

You start seeing signs:

- * Your top performers are less engaged.
- * New hires don't last.
- * You're spending more time managing around one person than leading your team forward.

And yet... they're still on the schedule.

Continued on page 9

MARY FRANCES LEAHY & GUESTS

TEAM UNITED EAST PRESENTS
COMMUNITY HARMONY

LIVE MUSIC

Join us for an exclusive matinee performance featuring Mary Frances Leahy, daughter of fiddle sensations Natalie MacMaster & Donnell Leahy

JULY 12TH 2025 | 2PM

GENERAL ADMISSION \$40



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St. John's Evangelical Lutheran Church

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LIFESTYLES

Name that emotion

SUSANNE BECK
Reality Check

What emotion are you feeling right now? Take a moment; think about it. Is it curiosity? Joy? Sadness? Enthusiasm? Frustration? Loneliness? Optimism?

It's easy to develop a belief that our emotions control us and that we don't have much say in the matter. That's the implication conveyed by some expressions, such as "swept off our feet," "drowning in despair," "overcome with anxiety." It sounds like our emotions are in charge and there's nothing we can do about it.

If we're satisfied to let our emotions rule us, then of course that's our prerogative. However, if you don't like the way that your emotions take charge of you, then there are some actions that could help.

In a recent article, Dr. Joel Wade writes about a simple skill that we can use to gain better control. He suggests naming the emotions that we are feeling. Stop, notice what we are feeling, and identify each by name. Do this deliberately a few times each day so as to develop it into a regular habit.

Thus my opening question: What emotion are you feeling right now? Identify it. There's no need to judge whether it's good or bad, or whether

it's a wanted or unwanted feeling. Just observe it. Name it.

We have all kinds of words available to describe specific emotions, yet often we clump them together into the two big categories of "feels good" and "feels bad." If we are more specific

about exactly what emotion we are feeling, we have a better chance of using our knowledge and experience to do something about it in a conscious way.

When things are going well, what are we feeling? Is it contentment? Delight? Warmth? Love?

If things are going badly, exactly what is it we're feeling? Is it worry?

Anger? Sadness?

It's probably easiest to begin the habit when things are going smoothly. But any time is better than never, right? And like any habit, the more we practise, the more automatic it becomes, making it easier to call on when times are difficult.

Continued on page 15

When one persons shifts the whole room

Continued from page 8

Why?

Because you're tired. Because they've been with you a long time. Because you're already short-staffed and can't afford to lose anyone else.

I get it. I've been there.

I'm going to say this with love and truth:

You can't build a thriving team while protecting the comfort of someone who's no longer aligned with the values you need. And if you think the rest of your team hasn't noticed, you're wrong.

The hard call is often the right one

There's nothing easy about having a conversation that might end in letting someone go. Especially in small communities, in tight-knit teams, or when you really care about the person involved.

But leadership isn't always about

being liked.

It's about creating the conditions where everyone can succeed.

When you keep someone who's checked out, who's damaging morale, or who's pushing your best people to the edge, you're choosing short-term ease over long-term health.

And I know that's not the kind of leader you want to be.

Your team needs to know their effort matters.

They need to trust that showing up with care and intention means something.

And they need to feel safe from the kind of energy that makes work feel heavy.

They're watching how you lead. They're watching what you allow.

And every time you lean away from dealing with it, they lean out too.

If this struck a nerve, that's okay, in

fact that's good!

It's not about shame, it's about awareness.

And action.

If someone came to mind while you were reading this, trust that instinct.

Have the conversation. Set the boundary. Offer the chance for change.

But if nothing changes? Be willing to choose your team.

It's not personal. It's leadership.

And if you're not sure how to navigate it? That's where I come in.

Let's talk about how to lead with both heart and backbone.

Stephanie is the founder of SMillerVision, a leadership and hospitality strategist based on Nova Scotia's South Shore. She helps businesses lead with intention, strengthen their culture, and build workplaces where people actually want to stay. Learn more at smillervision.com.

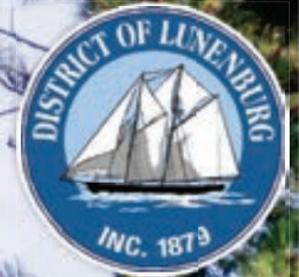
Do you own property in the District of Lunenburg?

Zoning Regulations are being drafted and we want your input so we get it right!

We are holding dozens of open houses across the entire District to talk to residents about land use regulations that make sense for our community.

Visit engage.modl.ca/MODL2040 to see a complete list of events for May and June.

MAY						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 3pm to 5pm Municipal Services Building 10 Allee Champlain	2	3
4	5 6pm to 8pm Parkdale Maplewood	6	7 6pm to 8pm Northfield	8 3pm to 5pm Municipal Services Building 10 Allee Champlain	9	10
11	12	13	14 10am to 12pm Virtual 6pm to 8pm Virtual	15	16	17
18	19	20	21 6pm to 8pm Hebville Fire Hall	22 3pm to 5pm Municipal Services Building 10 Allee Champlain	23	24
25	26	27	28	29 3pm to 5pm Municipal Services Building 10 Allee Champlain	30	31



PUZZLES & MORE

The Weekly Crossword

by Margie E. Burke

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20								21	22					
				23		24	25							
26	27	28	29						30				31	32
33						34		35				36		
37					38						39			
40				41						42				
43			44				45		46					
		47				48								
49	50								51		52	53	54	55
56						57	58	59						
60						61					62			
63						64					65			

ACROSS

- 1 Mayberry sot
- 5 Poet Pound
- 9 "Common Sense" writer
- 14 Pear homophone
- 15 Mine product
- 16 Moon-related
- 17 Rise above
- 19 Moving about
- 20 Summertime shoe
- 21 Magazine VIPs
- 23 Oscilloscope maker
- 26 Go-Go's co-founder
- 30 Addled by age
- 33 Ancient Greek theater
- 34 Weapon supplier
- 36 Film director's cry
- 37 Small drinks
- 38 Swiss mountains
- 39 Diner dish
- 40 Before-long link
- 41 South Korea's largest port, formerly
- 42 Brief brawl
- 43 Lash out at
- 45 Medical pad
- 47 Usually
- 49 Tree with white flower clusters
- 51 State of India
- 56 Light on one's feet
- 57 Work a deal
- 60 Bamboo unit
- 61 Kilt-clad kin
- 62 Large amount
- 63 Puts up, as wallpaper
- 64 Barks
- 65 Jocko of "New Amsterdam"

DOWN

- 1 Chooses
- 2 Scarlett's home
- 3 Farsi-speaking land
- 4 Email action
- 5 Proverbs follower, for short
- 6 "Avatar" actress Saldana
- 7 Hightailed it
- 8 Birch relative
- 9 More evident
- 10 Texas capital
- 11 Make drunk
- 12 Shaving alternative
- 13 Drops the ball
- 18 Lustrous fabric
- 22 Medicine amounts
- 24 Actor Kinski
- 25 Patio of sorts
- 26 ___ del Sol
- 27 Farewell
- 28 Move
- 29 ___ Alamos, NM
- 31 Hungers (for)
- 32 Community spirit
- 35 Landed estate
- 38 Minty drink
- 39 That girl
- 41 Little squealers
- 42 Blackjack play
- 44 Pre-digital clock
- 46 Secret society members
- 48 1980's White House name
- 49 "A Boy Named Sue" singer
- 50 Turkish title
- 52 Painted-face foursome
- 53 Shiva's wife
- 54 Big-ticket ___
- 55 Kittens' cries
- 58 Inventor Whitney
- 59 Opening

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Sudoku

	5		9	7		4		
4					8		6	
		7	4	2	3	9	1	
2		1					4	6
			6			5		
				3			2	1
7	6					1	9	
9	1						3	
	3	4						

Level: Beginner

Puzzles & More Answers

Crossword Solution

S	W	I	S	S	I	P	S	S	N	A	H
M	E	S	N	A	V	L	O	O	H	S	
E	G	E	G	A	N	L	E	C	A	I	G
S	I	K	A	I	P	A	L	I	V	A	
S	S	E	R	A	L	E	N	G	I	N	
O	S	H	M	O	L	I	V	S	S	V	
S	E	T	S	N	V	P	U	S	T	O	
H	S	V	A	S	J	U	R	N	S	I	
C	O	U	T	M	E	R	A	R	N	O	
L	E	S	O	N	E	C	A	R	V	O	
X	I	N	O	R	T	E	K	T	R	A	
S	O	I	D	E	D	L	A	N	V	A	
T	R	I	S	C	E	N	D	S	N	N	
L	U	N	A	R	L	V	A	O	O	R	
P	A	N	E	Z	A	V	E	Z	I	S	

Sudoku

8	3	4	2	9	1	6	5	7
9	1	5	8	6	7	2	3	4
7	6	2	3	4	5	1	9	8
5	9	6	7	3	4	8	2	1
3	4	8	6	1	2	5	7	9
2	7	1	5	8	9	3	4	6
6	8	7	4	2	3	6	3	1
4	2	9	1	5	8	7	6	3
1	5	3	9	7	6	4	8	2

CAUGHT READING WORD SEARCH



P Y D O S R O H T U A B V W O R R O B T
M W T P B C X F O O A G M Y R K A K V I
R F I S B E A K O N B X C W R B N N O E
N N Y H P A R G O I L B I B X A O I R B
E O S A B R U L B E G R G V Y S R O L E S
O T I G T P Y E A C Y R V E E V T B K S
A A H T G Y P D D A E M L V N S P I I S
B K P X C D L B P L V K L F K R L T P L
H B V P P I V N L O P E G O S L E B V I
A V I S E P F E S D H R O N U I F A N U
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Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

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| APPENDIX | BOOKS | GENRE | NONFICTION |
| AUDIO | BOOKSTORE | HARDCOVER | PAGE |
| AUTHOR | BORROW | ILLUSTRATION | READING |
| BIBLIOGRAPHY | CHAPTER | IMAGINATION | SHELVES |
| BINDING | EDITION | INTEREST | SPINE |
| BLURB | E-READER | LIBRARY | STORYTELLER |

WEDNESDAY EVENING MAY 28. Grid of TV programs from 6:30 to 11:30 PM across various channels.

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What's on? www.tvpassport.com/southshore

Channel Guide - A - Lunenburg Co. B - Queens Co. C - Caledonia/Cherry Hill D - St. Margaret's Bay E - New Ross

Channel Guide grid showing channel numbers (A-E) for various stations like GLOBAL, ITV, YTV, etc.

THURSDAY EVENING MAY 29. Grid of TV programs from 6:30 to 11:30 PM across various channels.

FRIDAY EVENING MAY 30. Grid of TV programs from 6:30 to 11:30 PM across various channels.

WEEKDAY DAYTIME MAY 28 TO JUNE 3. Large grid of TV programs from 7:30 AM to 6:00 PM across various channels.

SATURDAY DAYTIME MAY 31. Table with 21 columns (7:30-6:00) and 56 rows of program listings.

SUNDAY DAYTIME JUNE 1. Table with 21 columns (7:30-6:00) and 56 rows of program listings.

SATURDAY EVENING MAY 31. Table with 11 columns (6:30-11:30) and 56 rows of program listings.

SUNDAY EVENING JUNE 1. Table with 11 columns (6:30-11:30) and 56 rows of program listings.

MOVIES

WEDNESDAY, MAY 28

EVENING

9:00 [CH] "What's Eating Gilbert Grape" (Comedy Drama,1993) Johnny Depp, Juliette Lewis. A young man cares for an obese mother, a mentally ill brother and two teenage sisters. (G)
[WIN] "Irresistible" (Comedy,2020) Steve Carell, Rose Byrne. A political consultant helps a retired Marine colonel run for mayor in a small Wisconsin town. (8+)

10:00 [TOON] "Superman vs. the Elite" (Animated,2012) Voices of Robin Atkin Downes, George Newbern. New superpowered heroes run afoul of the Man of Steel when they kill to stop criminals. (G)
[WIN] "Junebug" (Romance,2024) Autumn Reeser, Aaron O'Connell. Juniper reconnects with an eight-year-old version of herself who questions her life choices.
[SHOW] "Battle: Los Angeles" (Sci-Fi,2011) Aaron Eckhart, Michelle Rodriguez. A squad of U.S. Marines becomes the last line of defense against a global invasion. (14+)

[WIN] "Chasing Waterfalls" (Romance,2021) Cindy Busby, Christopher Russell. A photographer falls for a handsome guide after traveling to a lodge to find mythical waterfalls. (G)
7:15 [CTVSCI-FI] "National Treasure" (Adventure,2004) Nicolas Cage, Diane Kruger. A man (Nicolas Cage) tries to steal the Declaration of Independence. (G)
7:30 [SHOW] "Pacific Rim Uprising" (Sci-Fi,2018) John Boyega, Scott Eastwood. A new generation of pilots unite to battle otherworldly monsters that want to destroy humanity. (G)
8:00 [TOON] "Scooby-Doo! Moon Monster Madness" (Animated,2015) Voices of Mindy Cohn, Grey DeLisle. Scooby-Doo and the gang have to solve a mystery in space after aliens attack their shuttle. (G)
[FA] "Rango" (Animated,2011) Voices of Johnny Depp, Isla Fisher. A sheltered chameleon (Johnny Depp) becomes the sheriff of a frontier town. (G)
[APTIN] "The Death Tour" (Documentary,2024) Curtis Howson. Following wrestling hopefuls across Indigenous communities on a grueling tour in indie wrestling.

12:00 [TBS] "The Hunger Games" (Sci-Fi,2012) Jennifer Lawrence, Josh Hutcherson. In a place once known as North America, youths fight to the death in a nationally televised contest. (14+)
12:45 [CTVSCI-FI] "Ghost Rider" (Action,2007) Nicolas Cage, Eva Mendes. A motorcycle stuntman (Nicolas Cage) who sold his soul becomes a supernatural agent of vengeance. (G)
1:00 [WIN] "Making Waves" (Romance,2023) Holland Roden, Corey Cott. A music label executive discovers her childhood sweetheart is the frontman for an elusive new band. (G)
[APTIN] "The Snow Walker" (Adventure,2003) Barry Pepper, Annabella Piugattuk. A plane crash strands a bush pilot (Barry Pepper) and an Inuit woman (Annabella Piugattuk). (G)
1:30 [SLICE] "Ella Enchanted" (Children,2004) Anne Hathaway, Hugh Dancy. A young woman (Anne Hathaway) tries to break her curse of obedience. (G)
[SHOW] "Battleship" (Sci-Fi,2012) Taylor Kitsch, Alexander Skarsgård. American sailors (Taylor Kitsch, Alexander Skarsgård, Rihanna) fight an army of alien invaders. (G)

10:00 [SLICE] "The Breakfast Club" (Comedy Drama,1985) Emilio Estevez, Molly Ringwald. Five high school students endure a Saturday detention under a power-hungry principal. (14+)
[SHOW] "Battleship" (Sci-Fi,2012) Taylor Kitsch, Alexander Skarsgård. American sailors (Taylor Kitsch, Alexander Skarsgård, Rihanna) fight an army of alien invaders. (G)
[ABC] "Inside Out" (Animated,2015) Voices of Amy Poehler, Phyllis Smith. The five emotions inside a girl's (Kaitlyn Dias) head vie for control after a life-changing event. (G)
[APTIN] "Shall We Dance?" (Romance,2004) Richard Gere, Jennifer Lopez. A husband (Richard Gere) takes dancing lessons with a beautiful woman (Jennifer Lopez). (G)
11:00 [WIN] "Evan Almighty" (Children,2004) Steve Carell, Morgan Freeman. God (Morgan Freeman) commands a newly elected congressman (Steve Carell) to build an ark. (G)
[CTVSCI-FI] "Ghostbusters" (Comedy,1984) Bill Murray, Dan Aykroyd. Armed with proton packs, four paranormal investigators battle mischievous ghouls in New York. (G)

2:30 [SLICE] "Sixteen Candles" (Comedy,1984) Molly Ringwald, Anthony Michael Hall. Girl (Molly Ringwald) turning 16 likes another girl's guy (Michael Schoeffling). (14+)

MONDAY, JUNE 2

EVENING

8:00 [FA] "Sherlock Holmes and the Great Escape" (Animated,2021) Voices of David Errigo Jr., Kevin M. Connolly. After his daughter is kidnapped, an outlaw needs help from great dog detective Sherlock Holmes. (G)
10:00 [CH] "Fury" (War,2014) Brad Pitt, Shia LaBeouf. A tank commander takes his men on a deadly mission to strike at the heart of Nazi Germany. (14+)
[TOON] "Batman and Harley Quinn" (Animated,2017) Voices of Melissa Rauch, Kevin Conroy. Batman and Nightwing join forces with Harley Quinn to stop a global threat. (14+)
[SHOW] "The King of Staten Island" (Comedy Drama,2020) Pete Davidson, Marisa Tomei. A slacker dreams of becoming a tattoo artist while living with his mother in Staten Island, N.Y. (18+)
11:00 [FA] "Sherlock Holmes and the Great Escape" (Animated,2021) Voices of David Errigo Jr., Kevin M. Connolly. After his daughter is kidnapped, an outlaw needs help from great dog detective Sherlock Holmes. (G)
12:00 [TOON] "Batman and Harley Quinn" (Animated,2017) Voices of Melissa Rauch, Kevin Conroy. Batman and Nightwing join forces with Harley Quinn to stop a global threat. (14+)
3:00 [TOON] "Batman and Harley Quinn" (Animated,2017) Voices of Melissa Rauch, Kevin Conroy. Batman and Nightwing join forces with Harley Quinn to stop a global threat. (14+)
[SHOW] "The King of Staten Island" (Comedy Drama,2020) Pete Davidson, Marisa Tomei. A slacker dreams of becoming a tattoo artist while living with his mother in Staten Island, N.Y. (18+)

TUESDAY, JUNE 3

EVENING

10:00 [WIN] "Bridesmaids" (Comedy,2011) Kristen Wiig, Maya Rudolph. A woman's life unravels as she helps the bride, her lifelong friend, prepare for the wedding. (14+)
[SHOW] "Killing Them Softly" (Crime Story,2012) Brad Pitt, Scoot McNairy. A hit man (Brad Pitt) is brought in to kill the bumbling thieves who robbed a mob-run poker game. (13+)
3:00 [WIN] "Bridesmaids" (Comedy,2011) Kristen Wiig, Maya Rudolph. A woman's life unravels as she helps the bride, her lifelong friend, prepare for the wedding. (14+)

THURSDAY, MAY 29

LATE NIGHT

12:00 [TBS] "Law Abiding Citizen" (Thriller,2009) Jamie Foxx, Gerard Butler. A prosecutor (Jamie Foxx) gets caught up in a vengeful prisoner's (Gerard Butler) twisted scheme. (13+)
1:00 [VIS] "Hello, My Name Is Doris" (Comedy Drama,2015) Sally Field, Max Greenfield. A smitten woman concocts schemes to get the attention of a younger co-worker in her office. (14+)
2:15 [TBS] "White House Down" (Action,2013) Channing Tatum, Jamie Foxx. A police officer must save the president from a heavily armed paramilitary group. (13+)

11:00 [FA] "The Spiderwick Chronicles" (Children,2008) Freddie Highmore, Sarah Bolger. Siblings (Freddie Highmore, Sarah Bolger) encounter magical creatures at a relative's old estate. (G)
11:40 [TBS] "Magic Mike's Last Dance" (Comedy Drama,2023) Channing Tatum, Salma Hayek. Mike Lane finds himself in London trying to whip a hot new roster of talented dancers into shape. (14+)
12:00 [TOON] "Superman vs. the Elite" (Animated,2012) Voices of Robin Atkin Downes, George Newbern. New superpowered heroes run afoul of the Man of Steel when they kill to stop criminals. (G)
[WIN] "My Dreams of You" (Romance,2024) Kapil Talwalkar, Skyler Samuels. Grace has recurring dreams about a handsome stranger named Michael due to a mix-up in Dream Central.

9:00 [SLICE] "The Wedding Planner" (Romance,2001) Jennifer Lopez, Matthew McConaughey. A lonely organizer (Jennifer Lopez) falls for an engaged pediatrician (Matthew McConaughey). (G)
[WIN] "Love on the Danube: Kissing Stars" (Romance,2024) Sarah Power, Brendan Penny. A publicist and a movie star's professional collaboration leads to unexpected romance on a cruise.
[SHOW] "2012" (Action,2009) John Cusack, Chiwetel Ejiofor. A man (John Cusack) tries to lead his family to safety, as the world collapses around them. (14+)
10:00 [SHOW] "National Treasure: Book of Secrets" (Action,2007) Nicolas Cage, Jon Voight. Ben Gates must prove his ancestor was not involved in the assassination of President Lincoln. (G)
[APTIN] "The Snow Walker" (Adventure,2003) Barry Pepper, Annabella Piugattuk. A plane crash strands a bush pilot (Barry Pepper) and an Inuit woman (Annabella Piugattuk). (G)
11:00 [SLICE] "The Nanny Diaries" (Comedy,2007) Scarlett Johansson, Laura Linney. A college student (Scarlett Johansson) goes to work for an affluent but dysfunctional family. (G)
[WIN] "While You Were Dating" (Romance,2017) William Baldwin, Stefanie von Pfetten. A divorced couple meet online and end up going on a blind date together. (G)

SUNDAY, JUNE 1

EVENING

7:00 [WIN] "Love on the Danube: Kissing Stars" (Romance,2024) Sarah Power, Brendan Penny. A publicist and a movie star's professional collaboration leads to unexpected romance on a cruise.
[TBS] "The Librarian: Curse of the Judas Chalice" (Action,2008) Noah Wyle, Bruce Davison. Flynn's new crush Simone reveals to him that she guards a key that can lead to the Judas Chalice.
[CTVSCI-FI] "SCOOB!" (Animated,2020) Voices of Will Forte, Mark Wahlberg. Scooby and the gang must stop a devious plot to unleash the ghost dog Cerberus upon the world. (G)
8:00 [SLICE] "Sixteen Candles" (Comedy,1984) Molly Ringwald, Anthony Michael Hall. Girl (Molly Ringwald) turning 16 likes another girl's guy (Michael Schoeffling). (14+)
[TOON] "Steven Universe: The Movie: Karaoke" (Animated,2019) Voices of Zach Callison, Deedee Magno. Steven thinks he is done defending the Earth until a new threat arrives. (G)
[FA] "The School of Rock" (Comedy,2003) Jack Black, Joan Cusack. Desperate for money, a guitarist poses as a teacher for students who play in a school band. (G)
9:00 [CTVSCI-FI] "Zombieland" (Comedy,2009) Woody Harrelson, Jesse Eisenberg. Survivors (Woody Harrelson, Jesse Eisenberg) of an apocalypse join forces against zombies. (14+)

12:00 [SLICE] "Sleepless in Seattle" (Romance,1993) Tom Hanks, Meg Ryan. A grieving widower (Tom Hanks) captures the heart of a recently engaged newswoman (Meg Ryan). (G)
[TBS] "The Librarian: Quest for the Spear" (Action,2004) Noah Wyle, Kyle MacLachlan. A bookworm protects magical artifacts from the forces of evil. (G)
12:30 [GLOBAL] "Ice Road Killer" (Thriller,2022) Sarah Allen, Zoë Belkin. A mother and her teen daughter pick up a hitchhiker and become the target of a coldblooded killer.
1:00 [WIN] "Big Sky River: The Bridal Path" (Drama,2023) Emmanuelle Vaugier, Kavan Smith. Now settled in Montana, Tara and Boone face challenges as they try to bring their families together. (G)
[SHOW] "Tales From the Hood 3" (Horror,2020) Tony Todd, Lynn Whitfield. A man tries to outrun an unseen evil with a little girl, who tells him stories as a distraction. (13+)
[CTVSCI-FI] "Ghostbusters II" (Comedy,1989) Bill Murray, Dan Aykroyd. Parapsychologists (Bill Murray, Dan Aykroyd) fight New York's pink slime. (G)
[APTIN] "Shall We Dance?" (Romance,2004) Richard Gere, Jennifer Lopez. A husband (Richard Gere) takes dancing lessons with a beautiful woman (Jennifer Lopez). (G)
2:00 [TBS] "The Librarian: Return to King Solomon's Mines" (Adventure,2006) Noah Wyle, Gabrielle Anwar. An adventurer (Noah Wyle) uses a map to search for King Solomon's mines. (G)

FRIDAY, MAY 30

EVENING

7:00 [FA] "The Spiderwick Chronicles" (Children,2008) Freddie Highmore, Sarah Bolger. Siblings (Freddie Highmore, Sarah Bolger) encounter magical creatures at a relative's old estate. (G)
8:00 [WIN] "Marry Go Round" (Romance,2022) Amanda Schull, Brennan Elliott. An engaged executive learns that her divorce to her high school sweetheart is not exactly official. (G)
9:00 [ASN] "X-Men: Apocalypse" (Action,2016) James McAvoy, Michael Fassbender. Professor X and Raven lead a team of young X-Men to battle the immortal mutant Apocalypse. (G)
[TBS] "White House Down" (Action,2013) Channing Tatum, Jamie Foxx. A police officer must save the president from a heavily armed paramilitary group. (13+)

1:00 [VIS] "Mermaids" (Comedy Drama,1990) Cher, Winona Ryder. A teen is caught in an emotional tug-of-war as she tries to deal with her first love and her mother. (14+)
2:00 [APTIN] "What We Do in the Shadows" (Comedy,2014) Jemaine Clement, Taika Waititi. Vampire housemates show a newly turned hipster the perks of being one of the undead. (14+)
2:05 [TBS] "I, Robot" (Sci-Fi,2004) Will Smith, Bridget Moynahan. A homicide detective (Will Smith) tracks a dangerous robot in 2035. (G)

SATURDAY, MAY 31

EVENING

7:00 [SLICE] "Ella Enchanted" (Children,2004) Anne Hathaway, Hugh Dancy. A young woman (Anne Hathaway) tries to break her curse of obedience. (G)

MONDAY EVENING JUNE 2. Table with columns for time slots (6:30-11:30) and various TV programs like Global, CTV News, News, America, HowMade, News, News, News, Live PD, The King, The Lead, M*A*S*H, Trending N, Barrymore, Mermicorno, Teen/Teen, Good Dr, Power and Pol, WBZ News, Chicago, Match Me, CSI: NY, News, FBI, Man-Plan, Big Bang, Matters, Big Bang, Love-List, Castle, Below Deck, Real Kyper, Golf's Day, Pardon, TMZ Live, Beachcom, Magnum.

TUESDAY EVENING JUNE 3. Table with columns for time slots (6:30-11:30) and various TV programs like Global, CTV News, News, America, HowMade, News, News, News, Neighbor, King, The Lead, Trending N, Barrymore, Loud House, Teen/Teen, Good Dr, Power and Pol, WBZ News, Chicago, Polyfamily, CSI: NY, News, NCIS, Ghosts, Big Bang, Matters, Big Bang, DreamHo., Castle, Housewives, Real Kyper, GOLF Films, Pardon, TMZ Live, Beachcom, Magnum.

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RELIGION DIRECTORY

The 10 Commandments

I am the Lord your God, you shall have no other gods but me
 You shall not make for yourselves an idol and worship it
 You shall not misuse the name of the Lord your God
 Remember the Sabbath day by keeping it holy
 Honour your father and your mother
 You shall not murder
 You shall not commit adultery
 You shall not steal
 You shall not give false testimony
 You shall not covet

D1055

FAMILY ALBUM

Thank You

Gerald, Diane and family would like to thank those who attended Mom's (Delia Langille) 100th Birthday celebration on Saturday, May 17. She had a great time seeing friends and appreciated all of the best wishes. God Bless each one of you.



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DEATHS

Boutillier, Phyllis Lillian (Cooke), 86, East River Point, died May 16, 2025 at Home.

Crouse, Ernest Linburn, 90, Charleston, died May 17, 2025 at South Shore Regional Hospital, Bridgewater. Arrangements entrusted to R.A. Corkum Funeral Home.

Hoskins, Gavin Robert Daniel, 19, died May 15, 2025 at home. Arrangements entrusted to Dana L. Sweeney Funeral Home.

YARD SALES

Plant/Book/Bake Sake. Saturday, June 7; 9 a.m. to 12 p.m., West Northfield Community Centre. Proceeds go to St. Andrew's Anglican Church.

Yard Sale - Saturday, June 7, 9 a.m. to 1 p.m., Northwest Baptist Church, 1609 Big Lots Road. Something for everyone! Hot dogs, snacks, coffee, bake table and pop-up markets!

TEAS

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MEMORIALS



In Loving Memory of George Feener
1935-2020

Those we love don't go away, they walk beside us everyday.

Unseen, unheard, but always near, still missed, and forever dear.

Always in our thoughts and hearts, missed dearly by wife Marie, daughters Susan and Sharon and sons Tony and Wayne, grandchildren, great grandchildren and great grandchildren

OBITUARIES

Kim Leaman Frittenburg

Age 71, of Bridgewater. It is with heavy hearts that we announce his peaceful passing surrounded by the love of his family on May 17, 2025 at South Shore Regional Hospital, Bridgewater.

Kim grew up in Blue Rocks and was the son of the late Lloyd and Jeanette (Hynick) Frittenburg and brother to Toby (Jimmy) Ernst and the late Kevin Frittenburg.

Kim was a devoted employee at Michelin Bridgewater for 30 years. He was a jack of all trades taking on projects around his home and the homes of his family. His failing health over the last few years had hindered his ability to physically help with projects, but he could still narrate in great detail how to get the job done.

The most important things in his life were his loved ones, especially his wife, Dianne (Mader) Frittenburg, of over 52 beautiful years. They have been together since they were teenagers and as Kim would always say he knew it was "love at first sight". They had an adventurous life together traveling all over the world and spending their summers at Poonhook Campground. In some of his last words he told his family he had "absolutely no regrets".

Kim was a true family man. Proud father to Andy (Mallory) and Chad (Sarah) and even prouder grandfather to Kennedy (Brandon Hastings), Brendan, Owen (Willa Jensen), Josey (Cohen Westlake) and the late Lily Frittenburg. Together they shared a lifetime of celebrations, meals, vacations, and fond memories made at "The Lake".

Over the years he had many beloved and devoted four legged family members and leaves behind Max and Charlie to miss his ever-present companionship and cuddles.

A private celebration of life will be held at a later date. In lieu of flowers, donations in memory of Kim can be made to the Health Services Foundation of the South Shore in appreciation of the care he received in the community.

Rest easy Kim, Dad, Papa. You were deeply loved and will be dearly missed.



Obituaries can be found online at
southshorebulletin.ca

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Reverend Kim Curlett; Minister of Worship and Small Group Ministry
Reverend Neil McEwen; Minister of Pastoral Care and Outreach Ministry
A Collaborative Ministry with West Side United Church; Pentz

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10:45am Sunday School (Ages 3-18)
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Sunday June 1st
Sunday after Ascension – Rev. Oliver Osmond
9:00am St. Johns West Dublin
Holy Communion
11:00am St. Marks Broad Cove for St. Michaels
Holy Communion

"O worship the Lord in the beauty of holiness"

MEETINGS

Hebville Village Commission
ANNUAL MEETING
June 4, 2025
Hebville Fire Hall, 7 - 9 PM

The annual meeting of The Lower Blue Rocks Cemetery Society will be held June 10, 2025, 7 p.m. at St Barnabas Anglican Church Hall, Blue Rocks. All welcome.

HOMES/RENT

Furnished 2-bedroom houses near Bridgewater or Mahone Bay. Call 902-543-7193 or 902-277-1013. Rentals vary.

COMMUNITY

Crib Tournament - Sunday, June 1 - Forties Community Centre, 1787 Forties Road, New Ross. Doors open 12:00 noon. Registration at 12:30 p.m. and play starts at 1:00 p.m. Cost: \$20 / team. Must be 19 years or older. Canteen available. Wheelchair accessible (ground level). For more info call 902-689-2147.

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THURSDAY AT 4 P.M.
PRIOR TO
PUBLICATION DATE
(Note: Holidays may affect deadlines)

*Note: All classified ads must be pre-paid. All prices are +HST

Savour the best of Nova Scotia

Continued from page 7

Pete was showing his excitement by this point as he watched his guests devour the dishes that were inspired by his wines. Naturally, you'd expect the last entrée to be the piece de resistance. Undoubtedly, chef delivered just that – 21-day dry-aged rib-eye, P.E.I Grass fed cut, caramelized onion potato pavé, roasted heirloom carrots, garlic broccolini, The Old Bill infused veal reduction. This dish had me seeing stars!

It was inspired by Lockett's 2020 The Old Bill red wine. As someone who rarely dabbles in reds, it was an awakening experience. I feel compelled to stock my wine cabinet with each of the varieties I had the pleasure of tasting.

All good things must come to an end; however, all endings are new beginnings. Feeling blessed to have had the opportunity to get lost in the world of cuisine and fine wine, we had one final course – Dessert!

Chef Matt brought his culinary intelligence full circle, when he married our initial sample: Lockett's Traditional Method NV Sparkling with an exquisite Meyer Lemon Tart with Torched Meringue and Blueberry Coulis. An incredible finish to an enchanting evening.

By the end of the event, Pete had spoken heartfelt words of family, success, and triumph. He made his rounds, weaving between tables, shaking hands, and offering hugs.

At one point the floor was opened



to questions and Pete was asked what advice he might give to someone looking to start a business.

With a kind smile, yet assurance in his voice, he proclaimed, "Be prepared to sacrifice. Be prepared to take

that additional route. Other opportunities will come up. Don't be afraid to take them. The path we follow isn't always the plan we made. Once you reflect on that pressure and pain, you realize what you've overcome."

Name that emotion

Continued from page 9

Dr. Wade puts it like this, "When emotions are running the show, we can be at the mercy of our most unconscious, emergency back-up habits." He's talking about our instant reflexes; those habitual responses we fall into when we believe we can't help ourselves.

Maybe it's losing our temper and blasting everyone in sight when things

go wrong. Or maybe we prefer to walk away, sulking and resentful. Some of those habits, such as over-eating, drinking too much, hurting ourselves, hurting others, are destructive to us and to our relationships.

Thus, the question: Can we exercise control over our emotions? Our emotions might seem to be in charge. Is there anything that we can do to gain more effective control over them?

Choice Theory would suggest that

the answer is yes! And Dr. Glasser offers a model for how to approach gaining some control over our feelings. I'll save a fuller explanation for next time. In the meantime, what I can say is that taking an action is a good start toward changing an emotion. And naming the emotion that you are feeling could be an effective action with which to start the process.

Dr. Wade sends out occasional

emails with tips on topics such as how to manage emotions, gain perspective, increase happiness. I've found them to be solid, useful information. You can subscribe yourself (it's free) by looking up Dr. Joel Wade online or send an email to me at choice@focusonclarity.com.

To your choices! ~ Susanne ~
Susanne Beck, RTC is Reality Therapy Certified by the William Glasser Institute



NOTICE

To the Residents of the Municipality of the District of Lunenburg

On Tuesday, May 13, 2025, Municipal Council gave notice of its intent to consider entering into a development agreement with Jaylynn Enterprise Limited for the development of a land lease cluster development on Lot FE-1, MacCulloch Road (PID 60709383).

A PUBLIC HEARING will be held on Tuesday, June 10, 2025.

The meeting will begin at 5:00 p.m. in the Municipal Council Chambers at 10 Allee Champlain Drive, Cookville. Subsequently, Municipal Council may enter into a development agreement during the Council Meeting, which begins at 6:00 p.m.

Members of the Public can make formal written or oral submissions to Council on the proposed regulations. Written submissions will be received until 5:00 p.m. on Wednesday, June 4, 2025. Address to: April Whynot-Lohnes, Municipal Clerk, 10 Allée Champlain Drive, Cookville, NS B4V 9E4 or email: planning@modl.ca. Oral submissions will be received at the time and place of the Hearing.

The Public Hearing will be streamed live on YouTube, and the public can access the stream here: <https://www.youtube.com/@modlnovascotia>.

Copies of the staff background report and supplementary materials are available to be viewed at the Municipal Office at 10 Allee Champlain Drive, Cookville during normal office hours (8:00 a.m. to 5:00 p.m.) or found on <https://engage.modl.ca>.

For further information, contact Ella Gindi, Planner II at 902-530-2099.

D8457

Meet the newest member of our team

We are pleased to welcome Emily MacKay!



Emily MacKay
 Senior Wealth Associate and Financial Planner
 Tel: 902-421-5147
emily.mackay@bmo.com

BMO Nesbitt Burns
 197 Dufferin St, Suite 300,
 Bridgewater, Nova Scotia,
 B4V 2G9

With 15 years of experience in the financial services industry, Emily brings a deep focus on financial planning and a passion for helping clients achieve their goals. She holds both the CFP® (Certified Financial Planner®) and CIM® (Chartered Investment Manager) designations, and is dedicated to providing personalized, candid advice to support long-term success.



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Voice of the Weaver



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 Peter-Anthony Togni, composer
 Mary Louise Martin, poet

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D8478

Local author leaves stand-up comedy for funny fiction with debut novel

By ED HALVERSON
ed.halverson@southshorebulletin.ca

LUNENBURG - What would happen if a bunch of kids decided to take the Bluenose for a joy ride? That's the question Bryn Pottie answers in his debut comedic novel, *The Great Lunenburglary*.

The premise of the book sets the story in Lunenburg in 1922 and centres on a group of teenagers who sail away on the Bluenose attempting to foil a plot that could destroy the province.

Writing about what he knew seemed to be the logical step for Pottie. Grow-

ing up in Lunenburg, the legend of Bluenose loomed large in the town. He thought how absurd it would be if someone stole the iconic vessel and what kind of shenanigans the would-be thieves might get into.

Pottie said he wrote the book to be funny and enjoyed by anyone whether they come from near or far.

"If you grew up in Nova Scotia there's a lot of in-jokes just for you. If you didn't grow up here, there's a lot of other jokes in there. I feel like people don't like it when comedy is a surprise," said Pottie. "When comedy is a surprise and they weren't expecting it to be

funny and it is, people don't like that. So, I'm really underlining, it's just a joke and it's funny."

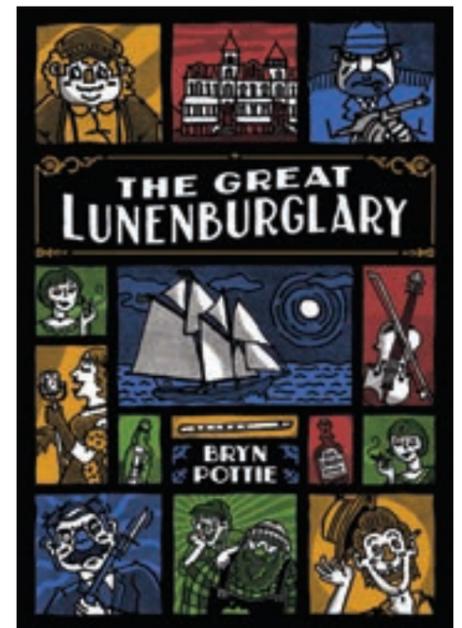
Born and raised in Lunenburg, Pottie currently lives in Liverpool. He moved to Toronto when he was 17 to study comedy writing and spent the next several years putting those skills to work for several children's television shows and performing in sketch comedy troupes around the city. His time with the comedic slam poetry duo, "Definition of Knowledge" allowed him to bring his comedy stylings to cities in the United States and Canada.

But when the COVID pandemic hit in 2020, Pottie decided it was time to return home to his roots. Like many he took the opportunity to take stock of his life and consider what he wanted to do next.

"I think COVID gave everybody a lot of time to think and for me it was, I don't want to do this big-city comedy struggle anymore," said Pottie. "I have a remote job (and) I can do that anywhere, so I officially gave it all up, came back and finished my book."

Pottie leaned into his experience and sketched the novel out first in the form of a screenplay, carefully adding to the story over the next three years. The first-time author also took lessons from his time on stage in sketch comedy when setting the tone and pace of the story.

He knows how difficult it is to hold



CONTRIBUTED PHOTO

Author pens debut book.

the attention of people when they're drinking in a bar and applied what he learned to the pages of his novel, keeping the laughs coming at a rapid pace, "I would say there's like a 30 Rock, Naked Gun pace of jokes. There's a lot of humour crammed into it."

A book launch for *The Great Lunenburglary* will be held at the Lunenburg Library on June 12 when Pottie will be participating in an interview and question and answer session followed by some snacks.

The book can be found online at Moose House Publications or brynpottie.com and in local bookstores.

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Anniversary

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We welcome both new and renewing customers to take advantage of our biggest sale since moving to our new location.

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