

# BULLETIN

NEWS AND VIEWS FROM LUNENBURG AND QUEENS

EST. 1847

BRIDGEWATER, NOVA SCOTIA, CANADA

WEDNESDAY, JANUARY 8, 2025



### NEW GEAR FOR QGH

Foundation donates echocardiogram and testing cart

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### A TALE OF LOVE

Woman marries just prior to her death

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### LOBSTER CRAWL 2025

It's all about the Lobster this February

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KEVIN MCBAIN PHOTOS

Jocelyn Peterman studiously watches her stone glide down the ice during the finals at the mixed doubles curling trials that happened in Liverpool Dec. 30, 2024 to Jan. 4, 2025. Peterman and her partner/husband Brett Gallant defeated Rachel Homan and Brendan Bottcher in the championship final held Jan. 4.

## Jocelyn Peterman/Brett Gallant win gold at mixed doubles curling trials in Liverpool

By KEVIN MCBAIN

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✕@SSBulletin2024

LIVERPOOL – The Chestermere, Alberta husband-wife team of Jocelyn Peterman and Brett Gallant went undefeated (10-0) last week in Liverpool and were crowned the mixed doubles trials' champions Jan. 4 at Queens Place Emera Centre.

The team defeated fellow Albertans Rachel Homan and Brendan Bottcher, 8-7 in the final in front of a sold-out crowd.

With the win, they will represent Canada at the 2025 World Mixed Doubles championships that will be held April 26 to May 3 in Fredericton, N.B.

With a solid result there, Peterman and Gallant will secure their nomination to the Canadian Olympic team for the 2026 Winter Games in Italy.

"We've dreamt of this for a long time," said Peterson after the finals' win. "In a sense, it feels like it's kind of the first step; we know we still have to earn that spot in a few months, but yeah, it's amazing."

Gallant, who was born and raised in Charlottetown, said it was great to compete and win on the East Coast.

"It was amazing. The community here was really welcoming to us. The volunteers were



Champions! Jocelyn Peterman and Brett Gallant, along with coach Laine Peters, show off their gold medals and Team Canada jackets, following an 8-7 win over Rachel Homan and Brendan Bottcher in the Mixed Doubles Curling final held in Liverpool.

amazing. I thought the venue was second to none and I just enjoyed every minute here," he said. "We just had an amazing time in Liverpool."

Kim Thorbourne-Whalen, vice-chair of the host, Liverpool Championship Host Society, said for their part, the event "surpassed our expectations. We were very happy and pleased

with how it went. Every day there was so much excitement, and it built up just more and more through to a sold out final."

She said that the nearly 100 volunteers and the many sponsors of the event are what made the event possible to host and estimated the financial impact to businesses in Lunenburg and Queens Counties to be between \$1.5 and two million dollars.

In the championship game, the two-time Canadian mixed double champions built up a good, early lead.

In the first end, after Homan was wide and heavy with her raise attempt, Peterman made an open tap to score three. In end two, Homan wrecked on a guard on her tap for two, allowing Peterman/Gallant to steal one.

After a double take-out by Peterman in the third, Homan/Bottcher had to settle for a single and Peterman/Gallant would score two more in the fourth to make the score 6-1.

In the fifth end, Gallant made a rare miss, but Peterman made a crucial double takeout to limit the score to a deuce, which they matched in the sixth to restore the five-point lead.

Team Homan/Bottcher managed to score a pair in the seventh to make it close, but in the eighth, Peterman had an open hit to seal the victory.

Continued on page 2

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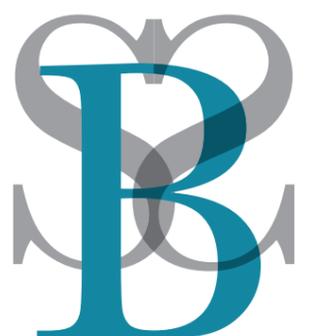
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# New equipment donated to QGH will help in numerous ways

By KEVIN MCBAIN

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LIVERPOOL – The Queens General Hospital Foundation (QGHF) recently donated some much needed equipment to the Queens General Hospital (QGH).

The hospital now has a new echocardiogram machine (\$275,000) and a Medgraphics Cardiopulmonary Exercise Testing Cart (\$93,000). These machines cost a total of \$368,000.

“These are two pieces of equipment that we think are really going to enhance the services we offer at Queens General Hospital,” said Dr. Al Doucet, chair of the QGHF. “If they are in-patients or in our emergency department, these things can be used right where they need to be.

“We are quite excited about these two new pieces of equipment and again its part of our mandate to improve services at Queens General Hospital, but it’s also to help retain medical personnel and give them the equipment they need to do the jobs they want to do.”

Doucet said the echocardiogram is able to take a close look at how a patient’s heart is functioning.

“There’s not a lot of these around, and they’re fairly indispensable in their role and the waiting list is fairly long,” said Doucet.

He said there is a new cardiologist, Kate MacEachern, whose special interest is in echocardiography. She works out of Bridgewater, where they have the same type of equipment, but also does clinics in Liverpool as well.

An echocardiogram technician could also do the echocardiogram in Liverpool and it can be sent to her in Bridgewater to be assessed if needed.

“This means better care close to home for Queens County residents and we’ve been able to shorten the waitlist for this machine in a significant way,” said Doucet, adding that the machine is completely portable, so it can be easily moved around the hospital to wherever it is needed.

The second piece of equipment is a cardiopulmonary stress test machine. Doucet said you have heard of people doing a stress test on a treadmill to measure or test your heart function.

This equipment uses a bicycle and it can also test pulmonary or lung function, as well as your heart under stress – both at the same time. Again, they have the same piece of equipment at the South Shore Regional Hospital in Bridgewater.

Dr. Jeff Ratushny is an internist in Bridgewater, who also does clinics in Liverpool. His special interest is unexplained shortness of breath, said Doucet.

Why duplicate something in Liverpool that



KEVIN MCBAIN PHOTO

The Queens General Hospital Foundation was able to donate a new echocardiogram machine and a Medgraphics Cardiopulmonary Exercise Testing Chart to the Queens General Hospital. Shown here in the photo, from left to right, are Morgan Sampson, echo technician; Kelly Whalen, Kerry Morash, Janice Reynolds and Al Doucet, QGH Foundation trustees.

Bridgewater has? Doucet explained that there is also a waitlist to use this machine, so having the same equipment at both sites is certainly not a re-

dundancy and explained that having access to this equipment in both locations saves a lot of time, travel and again helps with medical personnel retention as well.

Closing out another year, Doucet said that the QGHF has been very busy and have spent a lot of money not only in Liverpool, but in Caledonia and on the South Shore in general – for example, the \$750,000 donation they made for the MRI and its room that is being put together in Bridgewater.

He said thanks to some sound investments; the foundation can raise a good amount of money each year.

“We spend our money quite wisely. We have very good returns from the people that manage our money for us,” he said.

He further explained that they have two different investment groups working for them – this is their main overhead. They don’t have staff that they need to pay for either, with most work being done by volunteers.

“We have minimal overhead, so we can spend most of the money we earn for things that we need in the hospital. We are unique that way,” he said, adding that there are many more projects or investments that are going to be announced in the near future.

“There’s a lot more stuff in the hopper,” he said.



KEVIN MCBAIN PHOTOS

Left: Newly crowned Canadian champions Jocelyn Peterman and Brett Gallant sign autographs for young fans, following their win Jan. 4.

Above: Brendan Bottcher carefully evaluates the weight and curl of this rock, along with partner Rachel Homan. While Jocelyn Peterman and Brett Gallant look on.

## Alberta team claims gold at mixed doubles curling trials

Continued from page 1

Gallant said, “you just never feel comfortable, even with the lead that we had, we knew it was going to come down to the last shot. I’m just thankful that we had a strong game. We battled all the way and it was a relatively easy one for Jocelyn at the end. Lots of emotions now and just proud of how we played.”

He said the early lead made a huge difference in the game.

“We got a couple of breaks early and we were able to build a bit of a lead. Jocelyn made some big shots... We were lucky to get a couple of breaks, but we also make a lot of quality shots ourselves. I thought we played solid like we did all week... the main thing was not to let up and keep doing what we’ve been doing.”

Gallant pointed to a couple of moments in the game, like a steal in the second to make it a four-point game and limiting their offence while they used their power play option.

“We just played steady throughout. We didn’t really have one end where we were in huge trouble, until the seventh which got a little dicey, but again we got a break there,” said Gallant.

Peterman said she was proud of their play all week. “We had some really close games early and we were very determined this week. I am proud of our play this

week as a whole. It wasn’t as easy as 10-0 sounds. It was a grind and we’re really proud of it.”

### A BIT OF HISTORY...

Gallant and Peterman are no stranger to the big stage in mixed doubles. They won the 2016 Canadian Mixed Curling Doubles Trials in Saskatoon, playing in their first mixed doubles event together.

They played in the 2018 Canadian Mixed Doubles Curling Olympic Trials, going undefeated in group play, but lost to the eventual champions, John Morris and Kaitlyn Lawes in the semifinals.

They also competed and won the nationals in 2019 and represented Canada at the 2019 World Mixed Doubles Curling Championships where they finished with a silver medal, losing by one on the last rock.

In 2022, Curling Canada announced that Peterman and Gallant would represent the country at the World Mixed Doubles Championship after the Canadian championship was cancelled due to COVID-19. At the worlds, they went 8-1 during pool play and finished fifth in the event.

In 2023, they went undefeated, 7-0, at the Canadian championships, before losing to Jennifer Jones and Brent Laing in the championship final. They also competed in the 2024 Canadian Mixed Doubles Curling Championships and finished in third place.

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# Blaze destroys Maitland home, garage, shed

*Two firefighters hurt in Northfield Road incident*

By KEITH CORCORAN

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MAITLAND — Paramedics treated two volunteer firefighters hurt while crews worked to extinguish flames that engulfed three buildings, including a two-storey home, along Northfield Road.

On Nov. 29, one responder experienced chest pain, while another sustained slip-and-fall injuries as multiple fire departments dealt with multiple blazes.

The fires destroying all three buildings.

“All three structures were close proximity to each other,” Bill Young, chief of Blockhouse’s volunteer fire department, told the Bulletin in a phone interview. The department serves the Maitland area of Lunenburg County; the location of the Nov. 29 incident.

“With the strength of the wind - and direction it was blowing - the flames went directly to the house from the garage.”

Environment Canada data shows the weather station in Lunenburg registered winds in the 45 km/h range around the time of the fire.

Also, the property’s narrow and steep driveway made truck and equipment set-up challenging, Young suggested.

At the time of the interview, he said he hoped to soon get an update on both injured firefighters.

Neither the woman who lived in the home, nor an occupant helping her clean-up the property, were injured. The property is insured.

At the time of the interview, Young didn’t know



SUBMITTED PHOTO

Firefighters work the scene of a Northfield Road incident in Maitland on Nov. 29.

what the woman was doing for alternative accommodation. Both were present on site when the fire was discovered.

The person assisting clean-up was using a stove in the two-storey garage and a chimney fire developed. Flames quickly spilled into the walls of the seven-by-

10-metre structure. Carpentry tools and lawn maintenance equipment were among contents lost.

“Being a wide-open garage with dry timber (the fire) spread pretty quickly,” Young said.

The two-storey home, just three metres away, caught fire; then a four-by-four metre wood shed became engulfed in flames.

One additional outbuilding sustained heat damage, while the other went unscathed.

The cause of the incident is classified as accidental in nature.

Emergency crews were summoned to the alarm just before 10 a.m. on the day in question.

Young estimates about 40 firefighters from nine departments worked the scene.

Personnel from Oakhill, Northfield district, Cornwall, Dayspring district, Lunenburg, Mahone Bay, Martins River and Chester Basin lent support. Other departments provided stand-by coverage.

Young, who wasn’t on scene, credited senior officers with neighbouring departments for appropriately managing the incident in his absence.

## Association secures title of Baker Settlement hall

*Former firemen’s centre*

*‘back in the hands of the community’*

By KEITH CORCORAN

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COOKVILLE — The Municipality of the District of Lunenburg’s (MODL) latest involvement in another property transaction with the volunteer Tri-district Fire Rescue department proved both less complicated and cheaper than the one decided upon earlier this year.

By motion, MODL council agreed to sell a 2,300 square metre lot along Highway 325 to the Baker Settlement and District Community Hall Association for \$1 and directed senior officials to execute the paperwork conveying the deed.

The property, located about 12 kilometres west of Bridgewater, has long been an active community hall. In 2014, the fire department agreed to turn over operations and management of the building - a former firemen’s centre - to the Association. Between the two sides, the understanding was ownership of the site would ultimately be transitioned to the Association from the fire service.

However, the fire department’s status as a federally-registered charity complicated the land deal, community hall and municipal officials said.

“The solution that was identified and acceptable to both parties was to have Tri-district Fire Rescue transfer the property to MODL (an eligible donee under federal regulations) and then MODL transfer the property to the Baker Settlement and District Community Hall Association,” Tom MacEwan, MODL’s chief administrator, said in a written memo to council.

The work to transfer ownership has been an ongoing process for over a decade, Association vice-president Murray Legge said in written cor-

respondence to MODL, released as part of the open session documentation. Broadcasts of council meetings and associated session records are available online.

Legge said the Association “strongly supports the conveyance of the property” to the community hall organization from MODL.

Coun. Pam Hubley, whose district includes Baker Settlement, said she’s “overjoyed” to see the community centre “back in the hands of the community.”

MODL held a public hearing on the matter because provincial legislation dictates such a proceeding is necessary because the MODL was “selling” the property more than \$10,000 below the site’s \$104,300 market value.

In May, MODL anticipated applying to Nova Scotia Supreme Court to clarify title of the former Wileville fire hall, a site that became part of Tri-district Fire Rescue’s holdings when it and the Wileville volunteer fire department agreed to merge about three years ago. Having made it known the Wiles Lake Road property wouldn’t be a substation, Tri-district Fire Rescue has worked, since the merger, to divest the property to allow for a new use and remove any maintenance and insurance obligations.

However, conveying title was made more complicated given the legal title is in the name of trustees - and their heirs - are now all dead and replacement trustees were never named.

A supreme court-endorsed application replaces the trustees and installs Tri-district as official title holder.

The Tri-district department formed about 11 years ago, as a result of a merger of Baker Settlement, Chelsea and Newcomville volunteer fire services. The station buildings in each community are stations for Tri-district.

*Those were the days*

*Take a trip down memory lane with this vintage ad from the Bridgewater Bulletin, January 8, 1964.*

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# Local woman marks birthday, marries in hospital days before death

## Family lauds care given to Margo McDow-McCleary

By KEITH CORCORAN

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NEW ROSS — The late Margo Ann McDow-McCleary is remembered for her positive attitude, gracious spirit and willingness to help others with a smile on her face.

Earlier this year - bedridden with terminal cancer - the New Ross woman maintained a sunny disposition even when she knew she didn't have much time left.

Before she passed, McDow-McCleary still had milestones to reach and goals to achieve. Her family credits the friendly and courteous health care workers at South Shore Regional Hospital in Bridgewater for helping meet her objectives, one of which was to get married.

After more than 40 years together, she and Donald McCleary wed in



SUBMITTED PHOTO

Margo McDow-McCleary on her family on her wedding day earlier this year at South Shore Regional Hospital in Bridgewater.

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# New season ramps up for Bridgewater triathlon club

By **GLENN JENKINS**  
Bridgewater Triathlon Club

If you're thinking about entering a triathlon next summer, now's a good time to start training. I'm 68 years old and am looking at a sprint for May and an Olympic distance triathlon later in the summer. Not bad for someone who was nicknamed "creampuff" in junior high, never made a sports team she tried out for, and only ever "won" a medal for showing up at the start line, plodding along in first gear, and crossing the finish line all on the same day.

I took up triathlon in my early fifties after three decades of long, slow distance running where I competed in 5- and 10-k "races" and half and full marathons. To me, these were never competitions, just a chance to train, get into some kind of shape, and participate in something where I felt included and could have some fun. Which I did, over and over again. Until I couldn't because the inflammation from injuries was causing too much pain.

Sometime around the turn of the new millennium my husband suggested I check out the Bridgewater Triathlon Club (BTC) as triathlon is a multi-sport discipline that mixes things up and puts less stress on worn-out joints. That is, I could run less and add some cycling and swimming, which I also enjoy but am not very fast at. Did I tell you that I have only one gear?

At first, I felt intimidated as the only



CONTRIBUTED PHOTO

## Let the triathlon training season begin

triathlons I had seen were televised and the participants looked like Olympians. Surely this wasn't something I could do?

Even so, on a Thursday evening in May, I packed my bathing suit and some running gear and headed to Fancy Lake, where I met BTC members and tried the first workout - a "brick" consisting of a 250-metre swim followed by a 5-kilometre run, followed by an abundance of homemade bread, cookies, and watermelon.

And a bit of flattery for having swum without a wet suit and passed some of the guys, never mind that I was close to last in the run. This group was standing at the end of the course, cheering everyone on right to the last runner. They made me feel good about that workout,

like I could do this ... like I actually belonged.

My husband bought me a second-hand road bike and I kept showing up for Thursday's bricks and followed a training program during the week. By mid-July, I was ready for my first triathlon - an Olympic distance event held in Yarmouth, which I participated in with my best friend, Linda, who is a real athlete.

After 10 weeks of training with the BTC, each component of the event felt easy right to the scenic 10-k run out to Cape Forchu Lighthouse and back to the finish at Yarmouth's waterfront. I felt good about finishing 15 minutes behind Linda in an event that takes about three hours to complete.

The mix of age groups and fitness

levels and the abundance of grey hair were other reassuring factors. In triathlon, nobody is there to tell you that you are "too slow" or that you "don't belong on the team." You are your own team and the only person you are racing for is yourself.

The Bridgewater Triathlon Club started its winter training Jan. 6 at the Lunenburg County Lifestyle Center (LCLC), with a weekly swim on Mondays from 7-8 p.m. This is included in your BTC membership.

BTC members help each other with technique, and training sessions progress each week so participants can improve their form and fitness. Training programs are also available to provide guidance on how to add running and cycling workouts to your triathlon training.

Outdoor workouts begin at Fancy Lake in May and carry on until late September. Throughout the rest of the year, various training courses, workshops, events, and camps are organized.

The club also keeps you informed of upcoming races, shares tips on training, and provides support and social fun.

We are also members of Triathlon Nova Scotia. The membership fee is \$60 per year: \$15 for your BTC membership and \$45 for your Triathlon Nova Scotia (TNS) membership. You can find us on our website: [bridgewater-triathlonclub.com](http://bridgewater-triathlonclub.com), on Facebook: <https://www.facebook.com/groups/bridgewater-triathlonclub>, or by email: [bridgewatertriathlonclub@gmail.com](mailto:bridgewatertriathlonclub@gmail.com).

## Local woman marks birthday, marries in hospital days before death

*Continued from page 4*

a small ceremony with close family in her hospital room. Nurses helped decorate the space with flowers, did her make-up and the hospitals volunteer-run thrift store The Daisy was the source for the wedding dress. There was a wedding cake, too.

Rev. Cherry Workman of the Anglican Church in Chester Basin officiated.

"Those nurses went above and beyond," family member Linda Swinamer said of how hospital staff pulled off the event. "It was pretty awesome ... it was magical."

Five days before the wedding, McDow-McCleary marked her 65th birthday and joked she wouldn't get a chance to spend a penny of her old age security.

"She was a fighter; she had a very good attitude toward life itself," Swinamer told the Bulletin in a phone interview.

Three days after exchanging vows, cancer took McDow-McCleary.

McDow-McCleary's published obituary showed she enjoyed a range of professional experiences in her 65 years.

She worked in home care, ran a bed-and-breakfast with McCleary in New Ross. In Ontario where the couple met,

she had a charter fishing enterprise, flipped houses, and had a photo lab and studio business.

She spent nearly 20 years in Ontario and, while studying at Ryerson University, that's when she met her husband.

Family members agreed to publicize the hospital wedding in tribute to McDow-McCleary's life and courage and as a thank-you and credit to care provided by frontline health-care staff who made her final days as comfortable as possible.

Despite whatever pressure they may have been experiencing in their work, Swinamer said doctors, nurses and so many others showed incredible compassion - not only to McDow-McCleary - but her family members.

There are good things happening in Nova Scotia's health care system, Swinamer said, but the negative news tends to get broader reach.

McDow-McCleary's "last seven days were filled with so much love and joy," she said.

A service was held in New Ross for McDow-McCleary, followed by small gatherings in the community where friends and relatives had a chance to share stories in her memory.

## SPORTS SHORTS

### LUMBERJACKS

The South Shore Jr. B Lumberjacks kicked off 2025 with a 5-2 home loss to the second-place Capstone Colts Jan. 4. Lumberjacks' goals were scored by Brandon Rideout and Kyle MacIntyre. The Lumberjacks were outshot in this one 45-35.

With the loss, the Lumberjacks record dropped to eight wins, 10 losses and one shootout win for 18 points, fourth in the Fred Fox division.

They were scheduled to play Jan. 6 in Sackville against the third-place Blazers.

This weekend, they will host the last place Brookfield Elks Jan. 11

### SCHOONERS

The South Shore Schooners started off 2025 with a big 5-2 victory over the Newport Titans. Goals-corers for the Schooners were Dylan Rafuse (2), Mitchell Stevens, CJ Zinck and Nolan O'Brien.

The Schooners outshot the Titans 37-24 in this tilt. With the win, their record improves to eight wins, seven losses, three overtime losses and one shootout loss for 20 points, good enough for third place in the Nova Scotia Regional Junior Hockey League.

The Schooners will host East Hants Jan. 12 at 1 p.m. for their only game of the weekend.



### THE MUNICIPALITY OF CHESTER VILLAGE PLANNING ADVISORY COMMITTEE MEETING

A meeting of the **Village Planning Advisory Committee** will be held on **Tuesday, January 14, 2025** beginning at 3:00 p.m. in Municipal Council Chambers (151 King St, Chester).

Agenda items include:

- Coastal Protection Regulations Discussion/Update
- Definition(s) for Density
- Water Strategy Discussion
- Any other issues or topics related to the Draft Village Planning Documents
- Correspondence received from Nicola Hubbard & Brett Mudford (email related to lot coverage)
- Correspondence received from Nova Scotia Environment (response to information on on-site well regulations)
- Correspondence received from Council via motion to conclude review and provide recommendations on Draft Village Planning Documents to Council by the end of January 2025
- Proposed amendments to add residential use permission for "Maple Cottage" at the Lordly House Museum lands, Chester Municipal Heritage Society
- Any other planning matters.

Committee meetings are open to the public to attend. The Committee is open to hearing from members of the public on items directly related to the Agenda. This includes issues or concerns with the latest draft of the new Village Secondary Planning Strategy and Land Use By-law. Any issues raised may be discussed with the Committee for a potential recommendation back to Council.

If you would like an appointment to speak at a future VPAC meeting, please call 902-275-2599 or email: [planning@chester.ca](mailto:planning@chester.ca) or if you have any questions.

What happens when you don't advertise?

**Very little.**

# Police hours decline at emergency department

## Municipal force opts against invoicing health agency this quarter

By KEITH CORCORAN

keith.corcoran@southshorebulletin.ca

✉@SSBulletin2024

BRIDGEWATER — The number of hours the Bridgewater Police Service spent at South Shore Regional Hospital (SSRH) committed to mental health-related calls for service came in low enough that Nova Scotia Health (NSH) wasn't invoiced for costs.

"I can confirm that there was only one billable hour for Q2 (Quarter 2), so (BPS) opted not to invoice in Q2 for such a small amount," town spokesperson Patrick Hirtle told the Bulletin in an email.

Earlier this year, BPS's governance board of commissioners committed to invoicing the province for cost recovery on staff hours exceeding two hours at SSRH's emergency department. In March, the commission agreed to advise NSH of its plans.

In August, the province paid the first invoice, \$869.14, sent to it by this town to cover more than 12 hours total officers spent at the Bridgewater hospital on two dates in May and June and one in April. However, a spokesperson for NSH, Brendan Elliott, said the bill was paid erroneously due to an issue in "administrative processes." Elliott previously told the Bulletin it's not normal practice for NSH to pay an invoice from BPS or the RCMP.

"This particular payment is in no way an acknowledgement by Nova Scotia

**"We've also done private duty safety at the inpatient mental health unit if they're under staffed or overwhelmed by specific patients."**

**Danny MacPhee**  
Deputy chief  
Bridgewater Police Service

Health that this is a service we would normally agree to pay," Elliott said at the time.

However, BPS's deputy chief, Danny MacPhee, said NSH has paid and continues to compensate the municipal police service for duties the health agency requests that are outside the ordinary scope of officers' work.

"They have paid for private duty for us for decades," MacPhee told the Bulletin in an interview.

"We've also done private duty safety at the inpatient mental health unit if they're under staffed or overwhelmed by specific patients." The province has also forked over for ambulance transports to mental health units in other areas, he said.

In the letter to the province sent earlier this year, the commission said BPS "is regularly contacted to assist with or provide security functions" and personnel spend an "unacceptable amount of time" waiting with patients. "Exceeding two

hours significantly impacts the ability of officers to complete core police functions, posing a significant risk to general public safety."

Figures released in the police commission's letter showed BPS spent nearly 200 hours of police resources on mental health and well-being calls in 2022, up from 150 the previous year.

In a recent email, MacPhee told the Bulletin that BPS is pleased that the police hours on site have now decreased "and we appreciate Nova Scotia Health's commitment to minimizing police time at hospital."

The next invoice to the province would be disseminated in January or February.

In response to the police commission's letter, Nova Scotia's Office of Addictions

and Mental Health (OAMH) replied by saying improvements are taking place within emergency care, such as "increasing staff levels, adding more beds, ensuring people in hospital requiring long-term care are being placed in appropriate settings," among other steps.

"We acknowledge there is still significant work to be done and that the impact of these changes will take time. OAMH will continue to work with Department of Justice and policing partners to understand these concerns."

In September, the province established a community-based crisis response pilot project in West Hants. No details were immediately available as to whether that service will become available in the Lunenburg/Queens region.

# Driver admits causing highway deaths of Bayswater couple

## Court sentencing of Trevor John Heisler in January

By KEITH CORCORAN

keith.corcoran@southshorebulletin.ca

✉@SSBulletin2024

BRIDGEWATER — A 31-year-old man will learn his judicial punishment in the new year after admitting his driving behaviour on a Lunenburg County highway more than two years ago caused the deaths of a local couple.

In Bridgewater provincial court in late January, Trevor John Heisler will be sentenced on two counts of dangerous driving causing death. In November, he re-elected to have his case heard in provincial court and pleaded guilty to the offences, which date back to July 27, 2022.

It was on that date that an eastbound Dodge Ram collided with a westbound Ford Escape on Highway 103, less than two kilometres east of the Oakland exit. Authorities learned of the crash at about 11:10 a.m., just a few minutes after receiving a stolen vehicle complaint involving a pickup truck eastbound on Highway 103 that was taken from a Cookville property.

The crash killed Alan Peter Boutilier, 64, and Shelley Laverne Boutilier, 60, of Bayswater. Born in Colchester County, she "loved flowers, gardening and the outdoors," reads her published obituary.

"She had an amazing zest for life and a wonderful smile. She was always ready to help anyone at anytime."

Halifax-born, he "was an avid outdoorsman, jack of all trades with

a wonderful sense of humour and helped anyone," read his published obituary.

RCMP, paramedics and four volunteer fire departments responded to the incident, which resulted in the temporary closure of a section of Highway 103 between Oakland and Chester Basin.

Heisler's guilty pleas came a week before he was planning to challenge the charges in an 11-day judge-alone trial in Nova Scotia Supreme Court.

In Supreme Court in September 2023, he denied the allegations, which included one of stealing another man's 2011 Dodge Ram. The auto theft charge is set for disposition at sentencing.

In provincial court in September 2022, he decided to test the Crown's case in a preliminary hearing, a proceeding available to accused facing more serious types of charges.

The preliminary hearing took place over three days in August 2023 and heard from a total of 12 witnesses.

Meanwhile, provincial court ordered a pre-sentence report on Heisler, which will examine his background and person circumstances. Such reports are crafted to help the presiding judge decide a fit and appropriate sentence.

The prosecution has until early January to file a written submission, while the defence has until Jan. 10 to do same.

Heisler's been remanded in custody since his 2022 arrest.

Lunenburg, N.S.

# TIDE TABLE

Wednesday, January 8

high	5.68 ft	2:17 AM
low	1.57 ft	9:34 AM
high	4.66 ft	2:48 PM
low	1.67 ft	9:32 PM

Thursday, January 9

high	5.61 ft	3:24 AM
low	1.31 ft	10:37 AM
high	4.66 ft	4:13 PM
low	1.77 ft	10:39 PM

Friday, January 10

high	5.68 ft	4:33 AM
low	1.05 ft	11:39 AM
high	4.86 ft	5:28 PM
low	1.77 ft	11:46 PM

Saturday, January 11

high	5.77 ft	5:36 AM
low	0.75 ft	12:37 PM
high	5.15 ft	6:29 PM

Sunday, January 12

low	1.71 ft	12:48 AM
high	5.94 ft	6:31 AM
low	0.52 ft	1:30 PM
high	5.38 ft	7:22 PM

Monday, January 13

low	1.61 ft	1:43 AM
high	6.07 ft	7:22 AM
low	0.39 ft	2:18 PM
high	5.58 ft	8:10 PM

Tuesday, January 14

low	1.57 ft	2:33 AM
high	6.14 ft	8:09 AM
low	0.39 ft	3:03 PM
high	5.74 ft	8:55 PM

Wednesday, January 15

low	1.61 ft	3:18 AM
high	6.1 ft	8:55 AM
low	0.49 ft	3:45 PM
high	5.81 ft	9:38 PM

Level of accuracy may be affected by weather patterns and circumstances.



# Social Column

Enjoy this "social media of yesteryear" excerpt from the Bridgewater Bulletin.

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January 8, 1964

## Middle LaHave

Congratulations are being extended to Mr. and Mrs. Gardner Corkum on the birth of a baby girl born on Christmas Day at the F.M. Hospital at Lunenburg. A sister for Frankie.

## Voglers Cove

An accident which might have been a tragedy had a happy ending. On Friday, Ronald Reinhardt and Barry Conrad went duck hunting in a boat which capsized throwing both into the water. As Ronald could swim he was able to get out, but Barry was unable to swim. They finally reached shore and went to the home of Mr. and Mrs. David Zinck where they were given dry clothing and warmth and then were driven home. Barry who lives in Kingston was visiting his grandmother Mrs. Leila Conrad with his mother and sister.

## Dalhousie East

Friends of Mrs. Sydney Moore were pleased to read her greeting so aptly put in rhyme. We wish them all the best in the year ahead. Also would note with appreciation the writer of the thank you verses. Perhaps we become so engrossed in our own Christmas plans we do neglect to say thanks to those who go out of their way to sing and help those who are lonely and neglected at this time.

## Upper Kingsburg

Mr. Calvin Silver entertained friends on Monday evening when five tables of auction 45's were in play. Prizes to those scoring highest were Mrs. Robert Silver and Albert Oxner; lowest, Mrs. George Fraser and George Fraser; lucky cup prize went to Mrs. Albert Oxner. Refreshments were served by the host.

Curious to see more?  
Visit our Archives at [www.southshorebulletin.ca](http://www.southshorebulletin.ca)

### GOLDEN YOUTH CARD PARTY RESULTS

The Golden Youth Card Club met Dec. 19th, 2024 for a game of Auction 45s.

Winners were: ladies' high, Carol Corkum, 1040; ladies' second, Marie Rafuse, 995; men's high, Jim Hebb, 1090; men's second, Spencer Bagley, 940; lucky

tally, Norma Joudrey; low score, Eva Corkum, 630; travel prize, Eva Corkum; 50/50, Chris Brown and Wilma Dorey.

Card parties are held in the Pleasantville Fire Hall each Thursday at 1:30 p.m. New members (age 55 years+) welcome. A light snack is provided.

# LIFESTYLES

## Beginning a new habit

**SUSANNE BECK**  
*Reality Check*

Some folks approach the beginning of a new year as the “Season of Good Intentions.”

It’s January, a fresh new year stretches ahead of us. The possibilities are endless, or at least, they seem different than the “same old-same old” that we’re leaving behind. Out with the old, in with the new!

However, you may notice that good intentions are easier to talk about than to act on. For example, we might decide to be kinder in this new year, and then we notice that we’ve snapped at the cashier, fumed about all the people who can’t drive, and maybe even glared at the dog, who is, after all, just being a dog.

Where did all that intended kindness go? It would be easier to be kind if everyone else would behave better. The cashier could pack our groceries properly, other drivers could learn to

drive or stay off the road, and the dog could sit quietly without chewing on those appealing slippers.

Reality keeps popping up with persistent truths however, and one of them is that while we can provide information to others that may influence their actions, fundamentally, we can only change ourselves.

If we believe that we want to be kinder, happier, have better relationships, the one person who can make a change, is well, us. And change is hard, especially if we are trying to change any well-established habit.

In his writings, Dr. Wm. Glasser identified two sets of habits that have an impact on relationships. One set, the seven “deadly” habits, destroy relationships. The other set, the “caring” habits, improve relationships.

If we have the good intention of wanting to be kinder, then building caring habits and avoiding the deadly habits could be a way to start. It’s not going to hurt anyone and it could even

help. So what might we do?

Let’s compare the destructive habit of criticizing with the caring habit of supporting.

It’s safe to say that you already know what criticism sounds like. Think of, “You didn’t do that right;” “That was dumb;” “Why don’t you ever listen;” and so on. I’m sure that you, like me, could fill pages with examples of criticism.

But what does supporting sound like? How about, “Well done!” or “Keep taking one step at a time.” We could ask, “Would you like to talk about it?” or offer, “I’m here for you.” (Use that one only if it’s true.)

Do you find that it’s harder to think of supportive statements than critical statements? That may be, unless we choose to build a habit of making supportive statements.

Here’s my suggestion. Take some quiet time with a notebook and write down 10 phrases that you perceive to be supportive. You can write more if

you want, but go for at least 10. They don’t have to be profound, just simple and supportive.

Writing them down, of course, helps us remember. But writing helps in another way, too. Putting them in a little notebook is a reminder that this activity matters; it’s important enough to have a record of it.

Once you have your supportive statements, then find a way to use at least one each day. If you like, you could even check it off in your notebook.

When you deliberately look for opportunities to be supportive, you may be amazed at how often they emerge!

Do you think it’s possible to find an opportunity to say something supportive every day? Let me know at [choice@focusonclarity.com](mailto:choice@focusonclarity.com) or by mail c/o South Shore Bulletin.

To your choices! ~ Susanne ~  
*Susanne Beck, RTC is Reality Therapy Certified by the William Glasser Institute*

## The three little pigs of 2025

**KELLY INGLIS, MANAGER**  
*Sheltering Helpless Animals In Distress*

Another year has come to a close here at SHAID Tree Animal Shelter, and we wanted to share some highlights with our amazing and supportive community.

As a registered non-profit animal shelter, we are not provided with any government funding; we operate through donations and fundraisers, and our adoption fees assist with our astronomically high medical costs as a true no-kill shelter.

2024 saw our little shelter take in 502 cats and kittens, 27 dogs and puppies, and two birds. We were able to save many little lives who needed round-the-clock care by having nearly all staff and volunteers assist with home fostering at one point or another throughout the year.

All animals are vet-checked, spayed or neutered, vaccinated, treated for worms, fleas, and other parasites, and micro-chipped. Cats are tested for feline leukemia and feline immunodeficiency virus.

If the pet is suffering from any ailments, they are provided with the treatment and/or surgery needed (such as dental extractions, eye entropion surgery, and amputations) before being placed as available for adoption.

One of our biggest annual expenses is veterinary services and supplies, and 2024 was no exception! A total of 498 surgeries took place – mostly for spays and neuters, but also for other life-saving emergency surgeries, and our medical expenses surpassed \$142,000!

We were able to help 31 families spay and neuter their own pets through our financial assistance Myrtle Quigley program and a further 53 feral (wild) cats were spayed and neutered through our Barn Buddies and TNR (Trap-Neu-



KELLY INGLIS PHOTO

Syrup came to SHAID in medical distress on Nov. 6 at just a few weeks old, suffering from a swollen brain. He remained in an experienced foster home where he received round-the-clock care until he was adopted on Jan. 4.

ter-Release) programs. Our Community Pantry was well-used throughout the year by families needing help feeding their pets.

If you’d like to help us continue to help our local community pets in need, please keep an eye on our Facebook page for upcoming events and fundrais-



KELLY INGLIS PHOTO

SHAID’s first arrivals of 2025: the Three Little Pigs! Meet Baby Girl (momma) and Practical Theodore (white male), Fiddle (brown female), and Fifer (white and beige female). They were born in one of our volunteer foster homes on Jan. 2.

ers to participate in (or volunteer at!). We gratefully accept donations of supplies like canned cat food, wood pellets, Javex, clean used towels and facecloths, paper towel, toilet paper, copy paper, and stamps.

We can accept monetary donations through e-transfer ([\[malshelter.com\]\(mailto:malshelter.com\)\), over the phone \(902-543-4849\), by mail \(950 Mullock Rd, Whynotts Settlement, NS, B4V 5T9\), and in person at the same address. Charitable receipts are available for all donations over \\$10 – and every little bit, no matter how big or small – makes a difference.](mailto:info@shaidani-</a></p>
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LIFESTYLES

# Jarvo, don't let the Russians get the processed cheese squares

**DAVID JARVIS**

*How to build a self-sufficient community*

We are still having issues with the size of the truck.

As both of us are too vertically challenged to see over the front of it, I had to suspend a tennis ball from the garage ceiling to act as a stopping guideline which is fine when at home but not when attempting to park at the grocery store.

I must edge forward towards the car in front at snail's pace whilst Karen digs her fingernails into the dashboard and screams about the impending catastrophic impact and begs me to stop before the airbags explode. We left such a big gap last time out that when we came back someone had parked in it.

We also realized, a little late, that we couldn't get the snowblower out of the garage past the truck. This meant that I had to spend an hour hand shovelling snow to enable us to get the truck out to free the snowblower and was then only left with about 10 minutes of snow blowing. We are getting a snow blower shed. Just call me 'Jarvo 3 sheds'.

Finger poised over the skip button, Karen and I watched an ad from a toilet tissue company on TV with some incredulity as they claimed that their new wavy edged perforations would end forever the trauma of shredding paper when tearing off a strip.

I honestly thought that technology had peaked in this area, but I was patently wrong. Obviously, this led me to tell Karen about the toilet tissue supplied by the British Army during the Cold War. In those days I was at the bottom of the food chain and spent an inordinate amount of time on exercises apparently from what I could gather, training to thwart the communist hoards from gaining control of Europe and our valuable cheeses.

Mostly, it meant standing in a hole in the ground in six inches of water staring into the darkness. We were issued with 24-hour ration packs in small cardboard boxes which contained mostly inedible items which we grew to crave and they were designed to constipate us all for three days so we could fight without being distracted.



If we didn't win in three days, we would literally all be caught with our trousers down as the Russians swarmed past us and ate all the Camembert. Anyway, in these rations pack were a miserly three sheets of very shiny toilet tissue.

As a rather dumb soldier I made the mistake of questioning why we were only provided with three sheets and was told in all seriousness, that it was one up, one down and one to polish. I used the cardboard box.

As Karen and I were sorting out cookies for the food bank Christmas boxes, she noticed that one person had donated a rather large amount. She must have had help I offered and Karen said that she "must have a hovel." She must have a "small, squalid and unpleasant dwelling?" I questioned.

"No, I meant a coven."

"That's even worse, it would suggest some sorcery was involved." Obviously getting a little miffed, she bellowed "I meant a cabal". That was close, but all I could see was a group of ladies plotting about a brain altering batch of royal icing but I wisely kept my own council. She then heard someone saying they had a warm feeling in their tummy as Christmas approached. "Probably flatulence" she says in a holiday spirit sort of way.

I realized the cultural gulf that exists between us down in Lunenburg and the cultured people in the big city. Karen

and I had booked a Fawlty Towers Immersive dining experience in Halifax as our Christmas gift to each other and it was a real hoot.

There was lots of food being chucked around, shouting, physical comedy and it was just how we imagined it would be like sitting in the dining room at Fawlty Towers. Karen's sister very kindly gave us a lift and, on the way home we told her all about the ribald humour.

She said she was going out as well that evening, to Handel's Messiah performed by Symphony Nova Scotia. Pretty similar event as far as I was concerned only without the food chucking. Later, we got into the merits of Nova Scotian wine.

We have vowed to do an entire detox month during January. No booze, no takeaways, no fried food, no impulse buying, basically no fun. However, as it has just been pointed out to me via an unnecessarily firm tap on the shoulder, chips are allowed. If you happen

to read about a tragic murder suicide on Second Peninsula, you will know it didn't go that well.

The year 2025 will be a big one for us. We see every day on the news that more and more people are living with food insecurity in this province. We feel that if you have the means, the opportunity and most importantly, the willingness to do something about that then you probably should.

Our mission is to make it easy for you by building a self-sufficient community where it becomes a cumulative effort. In the spring, if we can raise enough money, we will open the Lunenburg Community Food Hub to support this area and beyond with decent nutritious produce and meals on a daily basis.

Nobody should be forced to make tough decisions about who gets something to eat in their family. It's time to step up - [wefeedlunenburg.org](http://wefeedlunenburg.org)

*Give what you can, take what you need. Selfless commitment to others*

## The secret to standing out: Building loyalty in a sea of sameness

**STEPHANIE MILLER VINCENT**  
*Business Moments*

Take a walk down the bread aisle in any grocery store. What do you see? Dozens of brands offering the same basic product, white bread. Yet each brand tells its own story. Some promise nostalgia with "just like grandma made" packaging. Others cater to health-conscious buyers with organic, non-GMO labels. Some boast unbeatable value. They're all selling the same type of bread, but their success lies in one key difference: they know how to stand out.

The same principle applies to your business. Even if you're offering services or products similar to others in your area, how you position yourself can make all the difference. Here's how to rise above the competition and foster unwavering loyalty among your customers.

you're standing out for. What are your customers' biggest pain points? What delights them? The bread aisle example works because each brand has honed in on a specific type of buyer. The same goes for your business. Are you the family-friendly café, the high-end fine dining spot, or the cozy getaway where regulars feel like family? Lean into that identity and let it shine.

### CREATE AN EMOTIONAL CONNECTION

Customers don't just buy products or services, they buy experiences. What's the emotional story behind your brand? Maybe it's a commitment to sustainability, a passion for community, or a dedication to craftsmanship. Share that story consistently in your marketing and day-to-day operations. This connection builds trust and loyalty, making customers feel like they're a part of something bigger when they choose you.

### KNOW YOUR AUDIENCE, DEEPLY

To stand out, you need to know who

*Continued on page 9*

## Business of the week

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[southshorebulletin.ca](http://southshorebulletin.ca)

## LIFESTYLES

# The White Point Christmas Bird Count

**JAMES HIRTLE**  
Bird Notes

The White Point Christmas Bird Count took place on Dec. 15, 2024.

Temperatures for the day ranged from -9 to 0. Winds were moderate and the weather was co-operative with clear conditions all day. I had three teams in the field with a total of eight people and there were two feeder watchers.

Total hours in the field consisted of 21.75 with 152.30 km travelled. Nine hours were spent on foot and we walked 15.6 km, 12.75 hours were spent driving with 136.70 km.

The species count for the day was 61, with 3,063 birds seen. There were a number of high counts: 190 mallards, previous high of 170; 21 ring-necked ducks, previous high of eight; 75 surf scoters, previous high of 69; 21 common loons, previous high of 19; four turkey vultures, previous high of one; two merlins, previous high of one; 17 American pipits, previous high of two; eight chipping sparrows, previous high of one; six fox sparrows, previous high of two.

Low counts consisted of bald eagle matching the low of one; red-tailed hawk matching the low of one; Bonaparte Gull matching the low of one; gray jay matching the low of one.

For the northern flicker, the previous low was seven with only one seen on this count. The previous low for red-breasted nuthatch was 24 with only one seen. Rarer species seen on the count were ring-necked ducks, a red-throated loon, turkey vultures, sanderlings, a gray jay, American pipits, yellow-rumped warblers, chipping sparrows, fox sparrows and common grackles.

The Broad Cove Count took place on Dec. 28. I had a team of five in the field and we did the Broad Cove Route and saw 37 species. My favourite birds in that area were two pileated woodpeckers.

I did a second route with a team of three for Italy Cross. We only found 14 species for that route, but the best bird we found was a barred owl.

Another team found an eastern bluebird in Petite Riviere. I was able to see it on Dec. 29. It was my first eastern bluebird for 2024 and it brought my year list up to 194 species. My goal was 200 species, so I missed that target for the fourth year straight. My Lunenburg County Year List ended with 163 species and it is now time to start my new year list.

Lise Bell had previously seen a barred owl in Petite Riviere. I had a chipping sparrow arrive at my place in LaHave on Dec. 22 and I saw it again on Dec. 24. I found two chipping sparrows in Petite Riviere on Dec. 29.

On Dec. 18, Kevin Lantz reported an orange-crowned warbler, a ruby-crowned Kinglet and a yellow-rumped warbler at the Shore Road Trail in Lunenburg. Kerry Jarvis had a white-throated sparrow arrive in Riverport on Dec. 19. He had not seen one of these birds there for a long time.

Hank and Judy Smits have had a northern cardinal coming to their bird feeders in East LaHave. The Smits have been there since 1986 and this is the first northern cardinal that they have seen there.

On Dec. 25, Lise Bell reported two black-bellied plovers and a dunlin at Crescent Beach. I've been seeing a northern harrier there on a regular basis. Up to Dec. 25 Paul and Linda



JAMES HIRTLE PHOTO

A photo of a pileated woodpecker taken Dec. 28 at Broad Cove.

Demone of Crooked Lake have had a Baltimore oriole. They also had a late hermit thrush.

On Dec. 27, Robert Keereweer located an American kestrel at the Chester golf course. Glenn Rhodenizer of Second Peninsula had seen one of these birds, every day for two weeks.

A co-worker of mine, Erica Babin has had 12 eastern bluebirds in her backyard at Chebogue Point. Good

finds across the province from Dec. 19-30 were other eastern bluebirds, a rock wren, tufted ducks, common gulls, field sparrows, dickcissels, an indigo bunting, eastern towhees, an American woodcock, a male redhead, a killdeer, a yellow-bellied sapsucker, sandhill cranes, a marsh wren, a Carolina wren, a snow goose, fox sparrows and a painted bunting.

You may reach me at 902-693-2174 or [jrhbirder@hotmail.com](mailto:jrhbirder@hotmail.com).

## The secret to standing out

*Continued from page 8*

### DELIVER MORE THAN EXPECTED

Consistency is key, but surprising your customers with something extra can make them lifelong fans. This could be a handwritten thank-you note, a small complimentary service, or remembering their preferences. These micro-moments of thoughtfulness differentiate you from competitors who may focus solely on transactions.

### BUILD A RECOGNIZABLE BRAND

It's not just about what you sell, it's about how you make people feel. Your branding, from your logo to your social media presence, should align with the values and experiences you want to offer. Just as certain bread brands are instantly recognizable by their packaging, your business should have a personality and aesthetic that customers can identify in a glance.

### INNOVATE WITHIN YOUR LANE

You don't have to reinvent the wheel, but small innovations can create big impacts. Take a classic offering and add a unique twist that reflects your brand's personality. For example, if you're run-

ning a bar, perhaps it's your signature cocktail or the way you present the drinks. If you're a bakery, maybe it's your famous customer-named pastry of the month.

### BE UNAPOLOGETICALLY YOU

Finally, don't try to be everything to everyone. The best brands are polarizing in the best way, they know who their ideal customers are and cater to them unapologetically. Not everyone will love your vibe, and that's okay. The people who do will love you more for being authentic and true to your vision.

### MORE THAN BREAD ON THE SHELF

At the end of the day, the businesses that thrive are the ones that connect, inspire, and differentiate themselves. There's room for more than one kind of bread on the shelf, and there's certainly room for your business to succeed. It's not about being the only option; it's about being the preferred option.

The question isn't whether there's competition in your area. The question is: What will make people choose you? Answer that, and you'll not only set yourself apart, you'll set yourself up for loyalty that lasts.



**RICK PERKINS**

MP | SOUTH SHORE—ST. MARGARETS



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[rickperkinsmp.ca](http://rickperkinsmp.ca)



WEDNESDAY EVENING JANUARY 8. Grid showing TV channels (6-11:30) and programs like Global, CTV News, CBC News, America, etc.

THURSDAY EVENING JANUARY 9. Grid showing TV channels (6:30-11:30) and programs like Global, CTV News, CBC News, America, etc.

WEEKDAY DAYTIME JANUARY 8 TO JANUARY 14. Grid showing TV channels (7:30-6:00) and programs like Global News Morning, Morning, Various, etc.

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What's on? www.tvpassport.com/southshore

Channel Guide - A - Lunenburg Co. B - Queens Co. C - Caledonia/Cherry Hill D - St. Margaret's Bay E - New Ross. Grid showing channel numbers and program titles.

FRIDAY EVENING JANUARY 10. Grid showing TV channels (6:30-11:30) and programs like Global, CTV News, CBC News, America, etc.

SATURDAY DAYTIME JANUARY 11. Table with 20 columns (7:30-6:00) and 56 rows of program listings.

SUNDAY DAYTIME JANUARY 12. Table with 20 columns (7:30-6:00) and 56 rows of program listings.

SATURDAY EVENING JANUARY 11. Table with 11 columns (6:30-11:30) and 56 rows of program listings.

SUNDAY EVENING JANUARY 12. Table with 11 columns (6:30-11:30) and 56 rows of program listings.

**MOVIES**

**WEDNESDAY, JANUARY 8**

**EVENING**

9:00 **[CH]** **"Labor Day"** (Romance,2013) *Kate Winslet, Josh Brolin.* An escaped convict (Josh Brolin) enters the lives of a lonely divorcee (Kate Winslet) and her son. (G)  
**[WIN]** **"Grown Ups 2"** (Comedy,2013) *Adam Sandler, Kevin James.* Lenny Feder moves his family back to his hometown and finds out that, sometimes, crazy follows you. (G)

**THURSDAY, JANUARY 9**

**EVENING**

10:00 **[CH]** **"Dawn, Her Dad & the Tractor"** (Drama,2021) *Maya V. Henry, Robb Wells.* Dawn returns home after her transition to mourn her mother and reconnect with her father.  
 12:00 **[TBS]** **"21 Jump Street"** (Comedy,2012) *Jonah Hill, Channing Tatum.* Two cops working under cover at a high school must confront their teenage issues all over again. (14+)  
 1:00 **[VIS]** **"The Wings of the Dove"** (Drama,1997) *Helena Bonham Carter, Linus Roache.* A Briton (Helena Bonham Carter) schemes to raise her beau's (Linus Roache) social standing. (14+)  
 2:15 **[TBS]** **"22 Jump Street"** (Comedy,2014) *Jonah Hill, Channing Tatum.* Officers Jenko and Schmidt begin to question their partnership while undercover at a local college. (14+)

**FRIDAY, JANUARY 10**

**EVENING**

7:00 **[FAM]** **"Jimmy Neutron: Boy Genius"** (Animated,2001) *Voices of Megan Cavanagh, Mark DeCarlo.* A child (Debi Derryberry) tries to rescue adults from aliens. (G)  
 8:00 **[WIN]** **"My Best Friend's Bouquet"** (Romance,2020) *Chaley Rose, Nathan Witte.* A romantic misses all of the signs of true love when she puts her trust in a wedding bouquet toss. (G)  
 9:00 **[TBS]** **"Den of Thieves"** (Thriller,2018) *Gerard Butler, Pablo Schreiber.* Elite lawmen square off against thieves who plan to rob the Federal Reserve Bank in Los Angeles. (14+)  
**[ASN]** **"The Mule"** (Crime Story,2018) *Clint Eastwood, Bradley Cooper.* A hard-charging DEA agent pursues a 90-year-old drug courier for a Mexican cartel. (14+)  
 10:00 **[TOON]** **"Green Lantern: Beware My Power"** (Animated,2022) *Voices of Aldis Hodge, Jimmi Simpson.* When a Power Ring is bestowed upon John Stewart, it leads him on a life-changing mission. (8+)

**[WIN]** **"Winter Castle"** (Romance,2019) *Emilie Ullerup, Kevin McGarry.* Jenny is attracted to the best man at her sister's wedding. Until she meets his pretty plus one. (G)  
**[SHOW]** **"Crash: Director's Cut"** (Drama,2004) *Sandra Bullock, Don Cheadle.* Racial tensions collide in a collection of intertwined stories involving residents of Los Angeles.  
**[APTIN]** **"ParaNorman"** (Animated,2012) *Voices of Kodi Smit-McPhee, Tucker Albrizzi.* A boy (Kodi Smit-McPhee) who can speak with the dead must save his town from a centuries-old curse. (G)

11:00 **[FAM]** **"Jimmy Neutron: Boy Genius"** (Animated,2001) *Voices of Megan Cavanagh, Mark DeCarlo.* A child (Debi Derryberry) tries to rescue adults from aliens. (G)

12:00 **[TOON]** **"Green Lantern: Beware My Power"** (Animated,2022) *Voices of Aldis Hodge, Jimmi Simpson.* When a Power Ring is bestowed upon John Stewart, it leads him on a life-changing mission. (8+)  
**[WIN]** **"Wedding Season"** (Romance,2022) *Pallavi Sharma, Suraj Sharma.* Pressured by their parents, Asha and Ravi pretend to date during a summer of weddings.  
**[TBS]** **"Law Abiding Citizen"** (Thriller,2009) *Jamie Foxx, Gerard Butler.* A prosecutor (Jamie Foxx) gets caught up in a vengeful prisoner's (Gerard Butler) twisted scheme. (13+)

12:30 **[SHOW]** **"Sicario"** (Thriller,2015) *Emily Blunt, Benicio del Toro.* A task force travels across the U.S.-Mexican border, using one cartel boss to flush out another. (14+)

1:00 **[VIS]** **"Mansfield Park"** (History,1999) *Embeth Davidtz, Jonny Lee Miller.* Sent to live with relatives by her impoverished parents, a girl becomes a writer and falls in love. (14+)

2:00 **[TBS]** **"Den of Thieves"** (Thriller,2018) *Gerard Butler, Pablo Schreiber.* Elite lawmen square off against thieves who plan to rob the Federal Reserve Bank in Los Angeles. (14+)  
**[APTIN]** **"ParaNorman"** (Animated,2012) *Voices of Kodi Smit-McPhee, Tucker Albrizzi.* A boy (Kodi Smit-McPhee) who can speak with the dead must save his town from a centuries-old curse. (G)

**SATURDAY, JANUARY 11**

**EVENING**

6:00 **[CTVSCI-FI]** **"Zombieland"** (Comedy,2009) *Woody Harrelson, Jesse Eisenberg.* Survivors (Woody Harrelson, Jesse Eisenberg) of an apocalypse join forces against zombies. (14+)

6:15 **[TBS]** **"Star Wars: The Empire Strikes Back"** (Sci-Fi,1980) *Mark Hamill, Harrison Ford.* Luke Skywalker (Mark Hamill), Han Solo (Harrison Ford) and Princess Leia face Darth Vader's wrath. (G)

7:00 **[WIN]** **"Baby, It's Cold Inside"** (Romance,2021) *Jocelyn Hudon, Steve Lund.* A travel agent who is up for a promotion is directed to visit the world-famous Ice Hotel. (G)

7:30 **[SLICE]** **"What to Expect When You're Expecting"** (Romance,2012) *Cameron Diaz, Jennifer Lopez.* The challenges of impending parenthood turn the lives of five couples upside down. (14+)  
**[SHOW]** **"Hanna"** (Action,2011) *Saoirse Ronan, Eric Bana.* A teenage assassin (Saoirse Ronan) must elude the agents of a ruthless operative. (13+)

8:00 **[TOON]** **"Cloudy With a Chance of Meatballs"** (Animated,2009) *Voices of Bill Hader, Anna Faris.* An overabundance of food falls from the sky, overwhelming townspeople. (G)  
**[FAM]** **"Hotel Transylvania"** (Animated,2012) *Voices of Adam Sandler, Andy Samberg.* Dracula invites the world's most-infamous monsters to celebrate his daughter's 118th birthday. (G)  
**[CTVSCI-FI]** **"The New Mutants"** (Fantasy,2020) *Maisie Williams, Anya Taylor-Joy.* Teenage mutants embrace their superpowers while undergoing treatments at a secret institution. (14+)  
**[APTIN]** **"Coextinction"** (Documentary,2021) *Filmmakers Gloria Pancrazi and Elena Jean.* Illustrate the threat to the dwindling orca population.

9:00 **[WIN]** **"Polar Opposites"** (Thriller,2008) *Charles Shaughnessy, Tracy Nelson.* A scientist (Charles Shaughnessy) must prevent destructive Iranian nuclear tests. (G)  
**[TBS]** **"Star Wars: Return of the Jedi"** (Sci-Fi,1983) *Mark Hamill, Harrison Ford.* Jedi knight Luke Skywalker (Mark Hamill) tries to identify Darth Vader. (G)

10:00 **[SLICE]** **"Step Brothers"** (Comedy,2008) *Will Ferrell, John C. Reilly.* Two lazy and immature men become rivals when their parents marry. (14+)  
**[SHOW]** **"Sicario"** (Thriller,2015) *Emily Blunt, Benicio del Toro.* A task force travels across the U.S.-Mexican border, using one cartel boss to flush out another. (14+)  
**[CTVSCI-FI]** **"Deadpool 2"** (Action,2016) *Ryan Reynolds, Morena Baccarin.* Armed with accelerated healing powers, Deadpool hunts down the man who nearly destroyed his life. (13+)  
**[APTIN]** **"Southpaw"** (Drama,2015) *Jake Gyllenhaal, Forest Whitaker.* A retired boxer (Forest Whitaker) helps a down-and-out fighter (Jake Gyllenhaal) seek redemption. (14+)

11:00 **[WIN]** **"Marry Go Round"** (Romance,2022) *Amanda Schull, Brennan Elliott.* An engaged executive learns that her divorce to her high school sweetheart is not exactly official. (G)

12:00 **[SLICE]** **"50 First Dates"** (Romance,2004) *Adam Sandler, Drew Barrymore.* A man (Adam Sandler) falls for a woman (Drew Barrymore) who has short-term memory loss. (G)  
**[TBS]** **"Star Wars: A New Hope"** (Sci-Fi,1977) *Mark Hamill, Harrison Ford.* A youth (Mark Hamill) and his allies (Harrison Ford, Carrie Fisher) fight dark forces. (G)

12:15 **[CTVSCI-FI]** **"Deadpool 2"** (Action,2018) *Ryan Reynolds, Josh Brolin.* Wisecracking mercenary Deadpool joins forces with a team of mutants to fight the all-powerful Cable. (13+)

12:30 **[ATV]** **"In the Earth"** (Horror,2021) *Joel Fry, Reece Shearsmith.* Terror strikes when a scientist and a park scout venture deep into the woods during a pandemic. (14+)  
**[SHOW]** **"The Town"** (Thriller,2010) *Ben Affleck, Rebecca Hall.* A bank robber looks for a way out of his criminal life after he falls for a former hostage. (14+)

1:00 **[WIN]** **"Big Sky River"** (Drama,2022) *Emmanuelle Vaugier, Kavan Smith.* A woman returns to Parable, Mont., and meets a handsome neighbor who presents an unexpected twist. (G)  
**[APTIN]** **"Southpaw"** (Drama,2015) *Jake Gyllenhaal, Forest Whitaker.* A retired boxer (Forest Whitaker) helps a down-and-out fighter (Jake Gyllenhaal) seek redemption. (14+)

**SUNDAY, JANUARY 12**

**EVENING**

7:00 **[WIN]** **"Polar Opposites"** (Thriller,2008) *Charles Shaughnessy, Tracy Nelson.* A scientist (Charles Shaughnessy) must prevent destructive Iranian nuclear tests. (G)  
 7:15 **[CTVSCI-FI]** **"Spider-Man: Homecoming"** (Action,2017) *Tom Holland, Michael Keaton.* High school student Peter Parker embraces his new identity as Spider-Man to battle the evil Vulture. (G)

7:30 **[SLICE]** **"Charlie's Angels: Full Throttle"** (Action,2003) *Cameron Diaz, Drew Barrymore.* Private detectives (Cameron Diaz, Drew Barrymore, Lucy Liu) try to retrieve cryptic information. (G)  
**[FAM]** **"Open Season 2"** (Animated,2008) *Voices of Mike Epps, Joel McHale.* Animals band (Mike Epps, Joel McHale) together to rescue Europe from a madman's sinister plot. (14+)

8:00 **[FAM]** **"Open Season 2"** (Animated,2008) *Voices of Mike Epps, Joel McHale.* Animals band (Mike Epps, Joel McHale) together to rescue Europe from a madman's sinister plot. (14+)  
 9:00 **[ASN]** **"Marley & Me"** (Comedy Drama,2008) *Owen Wilson, Jennifer Aniston.* A couple's (Owen Wilson, Jennifer Aniston) new puppy grows up to become an incorrigible handful. (G)

9:30 **[ABC]** **"Marley & Me"** (Comedy Drama,2008) *Owen Wilson, Jennifer Aniston.* A couple's (Owen Wilson, Jennifer Aniston) new puppy grows up to become an incorrigible handful. (G)

10:00 **[DISC]** **"Olympus Has Fallen"** (Action,2013) *Gerard Butler, Aaron Eckhart.* A disgraced agent must save the president after terrorists seize control of the White House. (14+)  
**[CTVSCI-FI]** **"Spider-Man: Far From Home"** (Action,2019) *Tom Holland, Samuel L. Jackson.* Spider-Man teams up with Nick Fury and fellow superhero Mysterio to battle four elemental creatures. (G)  
**[APTIN]** **"Robin Hood"** (Action,2018) *Taron Egerton, Jamie Foxx.* Robin Hood and Little John lead a band of oppressed rebels against the evil Sheriff of Nottingham. (G)

11:00 **[WIN]** **"Easy A"** (Comedy,2010) *Emma Stone, Penn Badgley.* The escape of a little white lie teaches a clean-cut teen to use the rumor mill for personal gain. (14+)  
**[TBS]** **"The Hitman's Bodyguard"** (Action,2017) *Ryan Reynolds, Samuel L. Jackson.* A bodyguard and a hitman have 24 hours to get to The Hague to bring down a murderous dictator. (13+)

11:10 **[SHOW]** **"The Town"** (Thriller,2010) *Ben Affleck, Rebecca Hall.* A bank robber looks for a way out of his criminal life after he falls for a former hostage. (14+)

11:45 **[SLICE]** **"Charlie's Angels"** (Action,2000) *Cameron Diaz, Drew Barrymore.* Three detectives (Cameron Diaz, Drew Barrymore, Lucy Liu) try to rescue a computer pro. (G)

12:45 **[CTVSCI-FI]** **"Goosebumps"** (Fantasy,2015) *Jack Black, Dylan Minnette.* Monsters from the "Goosebumps" books of author R.L. Stine (Jack Black) magically come to life. (G)

1:00 **[WIN]** **"Love in Store"** (Romance,2020) *Alexandra Breckenridge, Robert Buckley.* Sparks fly between a home shopping host and her rival when they compete for a promotion. (G)  
**[APTIN]** **"Robin Hood"** (Action,2018) *Taron Egerton, Jamie Foxx.* Robin Hood and Little John lead a band of oppressed rebels against the evil Sheriff of Nottingham. (G)

1:30 **[TBS]** **"The Hitman's Wife's Bodyguard"** (Action,2021) *Ryan Reynolds, Samuel L. Jackson.* Bodyguard Michael Bryce and hitman Darius Kincaid must save Europe from a madman's sinister plot. (14+)  
**[GLOBAL]** **"He's Not Worth Dying For"** (Drama,2022) *Robin Givens, Hilda Martin.* Isla and Grace use their arsenal of social media platforms to badmouth and attack one another. (14+)

1:35 **[SHOW]** **"Ghostbusters"** (Comedy,1984) *Bill Murray, Dan Aykroyd.* Armed with proton packs, four paranormal investigators battle mischievous ghouls in New York. (G)

**MONDAY, JANUARY 13**

**EVENING**

6:00 **[FAM]** **"Jack the Giant Slayer"** (Fantasy,2013) *Nicholas Hoult, Eleanor Tomlinson.* A young farmhand unwittingly opens a portal between his land and a world of fearsome giants. (G)

9:00 **[CH]** **"Saban's Power Rangers"** (Action,2017) *Dacre Montgomery, Naomi Scott.* Five teens utilize their special powers to save the world from an alien threat. (PG)  
**[ASN]** **"#FbF"** (Drama,2022) *Cree Cicchino, Ashley Judd.* Annie uses her mother's laptop to try to repair her divorced parents' relationship.

10:00 **[TOON]** **"Legion of Super-Heroes"** (Animated,2023) *Voices of Meg Donnelly, Harry Shum Jr.* Supergirl must contend with a mysterious group that's searching for a powerful weapon.  
**[FAM]** **"Jack the Giant Slayer"** (Fantasy,2013) *Nicholas Hoult, Eleanor Tomlinson.* A young farmhand unwittingly opens a portal between his land and a world of fearsome giants. (G)

12:00 **[TOON]** **"Legion of Super-Heroes"** (Animated,2023) *Voices of Meg Donnelly, Harry Shum Jr.* Supergirl must contend with a mysterious group that's searching for a powerful weapon.

1:00 **[FAM]** **"Jack the Giant Slayer"** (Fantasy,2013) *Nicholas Hoult, Eleanor Tomlinson.* A young farmhand unwittingly opens a portal between his land and a world of fearsome giants. (G)

12:00 **[TOON]** **"Legion of Super-Heroes"** (Animated,2023) *Voices of Meg Donnelly, Harry Shum Jr.* Supergirl must contend with a mysterious group that's searching for a powerful weapon.

1:00 **[VIS]** **"The Other Boleyn Girl"** (History,2008) *Natalie Portman, Scarlett Johansson.* British sisters Anne and Mary Boleyn compete for the affections of King Henry VIII. (14+)

**TUESDAY, JANUARY 14**

**EVENING**

6:00 **[FAM]** **"Life With Luca"** (Family,2023) *Michael Seater, Ashley Leggat.* Two teenage cousins clash when their parents reunite during a family visit.

9:00 **[WIN]** **"The Wedding Planner"** (Romance,2001) *Jennifer Lopez, Matthew McConaughey.* A lonely organizer (Jennifer Lopez) falls for an engaged pediatrician (Matthew McConaughey). (G)

11:00 **[FAM]** **"Life With Luca"** (Family,2023) *Michael Seater, Ashley Leggat.* Two teenage cousins clash when their parents reunite during a family visit.

1:00 **[VIS]** **"Marie Antoinette"** (History,2006) *Kirsten Dunst, Jason Schwartzman.* The teenage Austrian princess (Kirsten Dunst) becomes queen of France before losing her head. (G)

MONDAY EVENING											JANUARY 13												
6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
6 Global	Goldbergs	Ent. Tonight	NCIS: Origins	Neighbor	Poppa's	NCIS Sean Murray.	News	Global			6 Global	Goldbergs	Ent. Tonight	FBI: Most Wanted	FBI Missy Peregrym.	Doc Billy Ray Cyrus.	News	Global					
8 CTV News	etalk	Big Bang	To Be Announced	NFL Football Wild Card: Teams TBA (L)							8 CTV News	etalk	Big Bang	High Potential	St. Denis	Night Court	The Voice	CTV	CTV News				
11 CBC News	Coronation	Feud	Murdoch Mysteries	Saint-Pierre "Kill Li"	The National	News	Standing				11 CBC News	Coronation	Feud	22 Minutes	Son of a North	Halifax	The National	News	22 Minutes				
4 America	PBS News Hour	Context	R. Steves	Antiques Roadshow	Antiques Roadshow	Independent Lens					4 America	PBS News Hour	Context	R. Steves	Finding Your Roots	Investigates	Journey to America						
7 How/Made	NS TV Bingo (L)	Big Bang	etalk	"#FbF" (22) Ashley Judd, Cree Cicchino.	Conners	Conners					7 How/Made	CTV News Atlantic	Big Bang	etalk	Transplant Hamza Haq.	Transplant Hamza Haq.	Suits Gabriel Macht.						
9 News	News	World News	News	Chronicle	NFL Football Wild Card: Teams TBA (L)						9 News	News	World News	News	Chronicle	Will Trent	High Potential						
12 News	News	NBC News	News	Hollywood	Deal or No Deal Island	"The Banker Strikes Back"	Law & Order: SVU				12 News	News	NBC News	News	Hollywood	St. Denis	Night Court	Deal or No Deal Island	The Irrational				
16 Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	Court Cam	16 Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	Road Wars	
17 King	Wings	Wings	Cheers	Cheers	The Office	The Office	The Office	Work.	Work.	Work.	17 King	Wings	Wings	Cheers	Cheers	The Office	The Office	The Office	Work.	Work.	Work.	Work.	
18 The Lead	Situation Room (L)	Erin Burnett OutFront (L)	Anderson Cooper 360 (L)	The Source With (L)	CNN NewsNight (L)						18 The Lead	Situation Room (L)	Erin Burnett OutFront (L)	Anderson Cooper 360 (L)	The Source With (L)	CNN NewsNight (L)							
19 M*A*S*H	S.W.A.T. "Lion's Den"	Mysteries Unearthed	The Curse of Oak Island	Ancient Aliens: Origins "Sky Gods and Star Beings"							19 M*A*S*H	S.W.A.T. "Sea Legs"	Ancient Aliens: Origins "Sky Gods and Star Beings"	The Proof Is Out There	Tales From Oak Island								
20 Trending N	Evening News at Six	Trending N	Inside Ed.	★ "Saban's Power Rangers" (17) Dacre Montgomery.	Club 54						20 Trending N	Evening News at Six	Trending N	Inside Ed.	Cold Case "Lotto Fever"	Gracepoint	Saving Hope "Vamonos"						
21 Barrymore	Young & Restless	Global	Global	Global News Hour at 6	Goldbergs	NCIS: Origins					21 Barrymore	Young & Restless	Ent. Tonight	Global News Hour at 6	Goldbergs	Ent. Tonight	FBI: Most Wanted						
22 Rock Paper	Loud House	Dylan	★ "Annie" (Child, 82) Albert Finney, Carol Burnett, Aileen Quinn.	★ "Annie" (82) Aileen Quinn.							22 Patrick Star	SpongeBob	SpongeBob	★ "The Smurfs" (11) Neil Patrick Harris, Hank Azaria.	★ "The Smurfs" (11) Neil Patrick Harris, Hank Azaria.								
23 Teen/Teen	Teen/Teen	Pokémon	Gumball	Scooby-Do.	Teen/Teen	Teen/Teen	"Legion of Super-Heroes" (23)	Total			23 Teen/Teen	Teen/Teen	Teen/Teen	Gumball	Scooby-Do.	Teen/Teen	Teen/Teen	Batman	Batman	Batman	Batman	Batman	
28 Good Dr	Will/Grace	Mindy	Superstore	Superstore	Ghosts	Abbott	Elsbeth "Something Blue"	Elsbeth "Devil's Night"			28 Good Dr	Will/Grace	Mindy	Superstore	Superstore	★ "The Wedding Planner" (01) Jennifer Lopez.	Neighbor						
29 Power and Pol			Canada Tonight With Travis Dhanraj	The National							29 Power and Pol			Canada Tonight With Travis Dhanraj	The National								
32 WBZ News	News	CBS News	Wheel	Jeopardy!	Neighbor	Poppa's	NCIS	NCIS: Origins			32 WBZ News	News	CBS News	Wheel	Jeopardy!	FBI "Défense"	FBI: International "Gift"	FBI: Most Wanted					
33 Chi. Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire	Chicago Fire			33 Chicago	Chicago Med	Chicago Med	Chicago Med	Chicago Med	Chicago Med	Chicago Med						
34 Sister	90 Day: The Last Resort	90 Day: The Last Resort	90 Day: The Last Resort	Baylen Out Loud (P)	90 Day: The Last Resort						34 90 Day	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	7 Little Johnstons	Baylen Out Loud							
35 CSI: NY	CSI: NY Gary Sinise.	Suits Gabriel Macht.	Race to Survive: Alaska	Race to Survive: Alaska	The Anonymous						35 CSI: NY	CSI: NY Gary Sinise.	Suits Gabriel Macht.	Timber Titans	Highway Thru Hell	Highway Thru Hell							
36 News	Boston News (L)	Ent. Tonight	TMZ	9-1-1: Lone Star	Rescue: Hi-Surf	Boston 25 News at 10PM					36 News	Boston News (L)	Ent. Tonight	TMZ	Kitchen Nightmares	Doc Molly Parker.	Boston 25 News at 10PM						
37 FBI	FBI "Appearances"	FBI "Closure"	Accused "Val's Story"	Teacup	FBI "Invisible"	FBI					37 NCIS	NCIS "Third Wheel"	NCIS "Fragments"	NCIS	Lockerbie: A Colin Firth.	The Darkness							
38 Will/Grace	King	King	Neighbor	True Crime	True Crime	True Crime	True Crime	Goldbergs			38 Ghosts	King	King	Neighbor	Goldbergs	Goldbergs	Love After "A Gamble in the Desert"	Man-Plan					
39 Big Bang	Conners	Conners	Sheldon	Sheldon	Sheldon	Sheldon	Big Bang	Big Bang	Big Bang	Shoresy	39 Big Bang	Conners	Conners	Friends	Friends	Georgie	Friends	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	
43 ★★ "Jack the Giant Slayer" (13) Nicholas Hoult.	Life Derek	Matters	Goldbergs	Sabrina	Sailor	"Jack the Giant Slayer"					43 "Life With Luca" (23)	SummerM..	Ladybug	Life Derek	Matters	Goldbergs	Sabrina	Sailor	"Life With Luca" (23)</				

# SOUTH SHORE BULLETIN CLASSIFIEDS



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Antiques Wanted. Settling an Estate, downsizing, have some older items you want to sell? Call me, I will buy 1 item or complete house lot. Judy Rhodenizer: 902-543-5194 or 902-521-2411.

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#### LP Renovations

Home renovations, additions, window and door installations, decks, ceramic installations, flooring of all types, dry wall, painting, siding vinyl and wood. Garages and much more! Contact 902-521-4286

### MEMORIAMS



In Loving Memory of William (Bill) LeRoy Hearn July 12, 1946 - January 8, 2017  
Forever in our hearts, your love and spirit continue to inspire all who were fortunate to know you. Though you are no longer with us, your cherished memories remain a constant presence, guiding us with your light, laughter and love. You will always be deeply missed, and never forgotten. "Love you more." Your Wife, Melita; Children; and Grandchildren.

### HOMES/RENT

Furnished 2-bedroom house near Bridgewater/ Mahone Bay. Call 902-543-7193/ 902-277-1013. Short or long-term Rentals.

### MEMORIAMS



PITTMAN, Patrick - It has been 5 years when you left so suddenly on January. 8, 2020. Your name is spoken often, you will never be forgotten, my love. Nor will you ever be, so long as my life and memory, your soul will live in me. I miss you every day, my heart is broken and as time goes by, I miss your laugh, smile, and gentle face. No one can fill the vacant place you left. Forever missed, love you always, your wife Marlene.

CONRAD - In loving memory of my husband Harold, who passed away on January. 8, 2012. Time slips by and life goes on. There will always be an emptiness and often a silent tear. As I cherish those precious memories of days when you were here, missing you is a heartache that never goes away. Lovingly remembered and forever missed by Wife, Pauline.

### OBITUARIES



#### Elizabeth Ruth Young

YOUNG, Elizabeth Ruth, affectionately known as Betty, passed away peacefully on December 8, 2024, at South Shore Regional Hospital, Bridgewater, at the age of 84. Born in Bridgewater on February 16, 1940, Betty spent her life dedicated to her family and community, leaving a lasting impact on everyone she touched.

Betty's life was a testament to her caring and selfless nature. As a steadfast volunteer and long-standing member of her church, she made a measurable difference in her community. Her life centered around caring for others, from her devotion to her children, grandchildren and great-grandchildren and included her commitment to ensuring the well-being of those around her. She was an intricate part of supporting her family, by working in the family business and supporting Arthur's position as a district counsellor as well as his passion for farming and ox pulls. Betty's love and support were constants that brought comfort and joy to many.

Betty's life was a beacon of kindness, love and service, and she will be deeply missed by all who knew her. It is hoped that her legacy of love and dedication to her family and friends will continue to inspire those she has left behind. Her presence on earth was a blessing and she will not be forgotten.

Survived by her husband of 66 years, Arthur, who was not only her partner but her best friend. Betty's legacy continues through her four children: Wendy and Frank (Trina), both of Branch LaHave, James (Cheryl), also of Branch LaHave, and Jackie (Bill) of Middletown, Delaware. She was a cherished grandmother to Ashley, Holly, Britt, Josh, Jordan, Kayla and Sean, and a great-grandmother to six children.

Betty was predeceased by her mother Ruth, her father James and her sister Helen.

There was visitation at the funeral home by request. Graveside service was held at 2pm on Friday, December 13, 2024 in St. James Lutheran Cemetery, Branch LaHave with Rev. Willis Ott officiating. Family flowers only. Memorial donations may be made to St. James Lutheran Church, Branch LaHave. Arrangements were under the direction of the R.A. Corkum Funeral Home, Wileville. Online condolences may be made by visiting [www.corkumfuneralhome.ca](http://www.corkumfuneralhome.ca)

"A mother's love will guide you long after she is gone. Even if you can't see her, you know she is always by your side."



#### St. Clair Bolivar

It is with deep sadness and much love that we mourn the passing of St. Clair Bolivar on Sunday, December 15, 2024 at Shoreham Village in Chester, after a short illness. St. Clair was 92 years old. Born in Baker Settlement, he was the oldest son of the late Clyde and Bernice (Mailman) Bolivar.

St. Clair entered the working world starting at Bowater Mersey- with a crosscut saw and a double bitted axe. He worked at Rafuse Equipment

as a brake specialist, Department of Highways building road signs and a painting specialist with Stelman Crouse. He retired after 15 years of service at Michelin Tire in 1990, where he received a certificate for not missing a single day of work.

Even during his early school days he received a certificate in 1947 from the Department of Education for 6 years of perfect school attendance.

He spent the last number of years living at Shoreham Village in Chester. He and his good friend Charlie Teal received a world record certificate for playing 70 games of Cribbage in 24 hours. They only stopped long enough for bathroom breaks and medications.

He spent most of his retirement years working in his woodlot cutting his logs, firewood and Christmas trees.

He is survived by two sons Wade (Wanda) Bolivar, Oakhill and Dick (Carolyn) Bolivar, Alberta; Grandchildren, Barrett Bolivar, Bridgewater, Pam (Jamie) Meisner, Chelsea, Shilo Bolivar, Baker Settlement, Jeffrey Windfield, Alberta; Great Grandchildren, Tyler (Kala) Meisner, Waterloo, Jessalyn Meisner, Chelsea, Robin Meisner, Liverpool, Conner Benoit, Baker Settlement, Jackson Demone, Baker Settlement, Emma Winfield, Alberta, Koen Winfield, Alberta, Ariel Welch-Chitty, Waterloo; many nieces and nephews.

He was predeceased by his wife Mary in 2022. They were married for 71 years.

He was also predeceased by two brothers, Douglas (Carole) Bolivar, West LaHave, Ernest (Marilyn) Bolivar, Bridgewater. He is survived by two brothers, George (Mary Lou), Newcombsville and Vernon (Linda) Bolivar, Lower Branch.

Cremation has taken place. A graveside service will be held at a later date (date and time will be posted when confirmed) in Baker Settlement Cemetery, Reverend Willis Ott officiating. Family flowers only. Memorial donations may be made to the Baker Settlement Cemetery Fund, or any charity of choice. Arrangements are under the direction of the R.A. Corkum Funeral Home, Wileville. On-line condolences may be made by visiting [www.corkumfuneralhome.ca](http://www.corkumfuneralhome.ca)  
We will miss you, Clair.

### RELIGION DIRECTORY

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#### Sunday January 12th

First Sunday after Epiphany – Rev. Oliver Osmond

9:00am St. Peters West LaHave  
Holy Communion

11:00am St. Michaels Petite Riviere  
Holy Communion

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10:30am Worship and Fellowship  
10:45am Sunday School (Ages 3-18)

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#### The 10 Commandments

I am the Lord your God, you shall have no other gods but me  
You shall not make for yourselves an idol and worship it  
You shall not misuse the name of the Lord your God  
Remember the Sabbath day by keeping it holy  
Honour your father and your mother  
You shall not murder  
You shall not commit adultery  
You shall not steal  
You shall not give false testimony  
You shall not covet

D1055

### DEATHS

Berakos, Norman Glen, 62, Bridgewater, died December 21, 2024 in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Sweeney's Funeral Home.

Chute, Laurie Lin, 60, Harmony, died December 28th, 2024 in Soldiers' Memorial Hospital, Middleton. Arrangements entrusted to Middleton Funeral Home.

Connolly, Betty Ruth, 92, Danesville, died December 26th, 2024 in Queens General Hospital, Liverpool. Arrangements entrusted to R.A. Corkum Funeral Home.

Cullen, Nita Fern Durling, 62, Bridgewater, died December 24th, 2024 in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Sweeney's Funeral Home.

DeLory, Burdette Berringer, 94, Bridgewater, died December 30th, 2024 in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Sweeney's Funeral Home.

Gallant, Jackson Leo, 4, died December 30th, 2024, at the I.W.K. Halifax. Arrangements entrusted to Personal Care Cremations.

Haughn, Yvonne Marie, 92, West LaHave, died December 29th, 2024 in Halifax Infirmary, Halifax. Arrangements entrusted to Sweeney's Funeral Home.

MacKay, Sharon Dorethea, 79, Bridgewater, died December 27th, 2024 in North Queens Nursing Home, Caledonia. Arrangements entrusted to R.A. Corkum Funeral Home.

Nowe, Robert Murray, 85, died December 24th, 2024 at Harbour View Haven, Lunenburg. Arrangements entrusted to Personal Care Cremations.

Richardson, Joyce H., Martin's River, died December 28th, 2024 in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Mahone Funeral Home.

Spidle, Jackie Dawson, 79, Blackhouse, died December, 2024 in South Shore Regional Hospital, Bridgewater. Arrangements entrusted to Sweeney's Funeral Home.

Tidd, Vicki Lynn, 62, Conway, Digby Co., died December 29th, 2024 in Yarmouth Regional Hospital, Yarmouth. Arrangements entrusted to Middleton Funeral Home.

Townsend (Heisler) Nee Blackwood, Joyce, 101, Bridgewater, died December 27th, 2024 in Fishermen's Memorial Hospital, Veterans Wing, Lunenburg. Arrangements entrusted to R.A. Corkum Funeral Home.

### OBITUARIES

#### Frank, Frances Ruth (1930 - 2024)

It is with great sadness that the family announces the passing of Frances Ruth Frank (née Veinotte) with her family by her side at her home in Naughton, Ontario on November 24, 2024. She was 94 years of age. Born in 1930, in New Cornwall, Nova Scotia, she was predeceased by her husband, Oswald Leland; parents Laurie Gordon and Clover Ruth (Hallamore); and all eleven siblings (Douglas, George, Lawrence, Leeland, Clarence, Margeson, Brenton, Hattie, Leola, Geneva and Melba).

She is survived by her seven children, James "Jim" (Laila), Alan (Yvette), Edward "Ed" (Beauty), Hal, Merna, Minnie "Leila" (Tom), and Alice; fifteen grandchildren, Keri, Kris, Kevin, Kurtis, Krista, Matthew, Adam, Carla, Jamie, Arusha, Addis, Asmara, Julia, David and Ian; and sixteen great grandchildren.

A tribute to her life can be found on the Mahone Funeral Home site ([www.mahonefuneral.ca](http://www.mahonefuneral.ca)).

The family would like to thank Dr. Liisa Levasseur of Live-ly, Ontario and Bayshore palliative care nurses Julie and Lindsay for their compassion, support and care of Frances and her family during her final days.

Donations in her memory can be made to the Sudbury Food Bank ([www.sudburyfoodbank.ca/donate/](http://www.sudburyfoodbank.ca/donate/)) or the Elgin Street Mission ([www.canadahelps.org/en/dn/6605/](http://www.canadahelps.org/en/dn/6605/)), or your local food bank.



Obituaries can be found online at:  
[southshorebulletin.ca](http://southshorebulletin.ca)

LOCAL BRIEFS

By KEITH CORCORAN

keith.corcoran@southshorebulletin.ca

✉@SSBulletin2024

PROVINCE COMMITS HOUSING FUNDS

LIVERPOOL — The province’s commitment of \$354,035 toward a Lawrence Street residential development for older adults in Queens County helps address housing concerns and will be an energy efficient project, the area’s MLA Kim Masland says.

In recent weeks, the Queens Neighbourhood Co-operative Housing Ltd. landed the six-figure sum toward obtaining solar panels, windows, and doors, and for other features which will reduce the homes’ carbon

footprint, the government said in a news release.

When finished, the 26-unit development, which also has the financial backing of the Region of Queens Municipality, is viewed by supporters as an affordable unit project with net-zero and passive design capacity.

“That means the buildings will produce as much energy as they use and will be designed and built to use the least amount of energy possible,” the province said.

SIDEWALK PLOW OVERTURNS

BRIDGEWATER — Emergency crews were summoned to the town’s west side in response to a public works sidewalk plow that overturned, public safety radio traffic indicated.

Just before 8 a.m. on Dec. 6, first responders were sent to the corner of Hillcrest Street and Dufferin Street where a caller informed dispatch that the plow

flipped onto its side and went down an embankment.

Although thought to be trapped in the vehicle, the occupant managed to get free without significant intervention from first-arriving emergency personnel, according to radio communications.

Paramedics responded but subsequently were cancelled from the call.

“I can confirm that the operator suffered only minor injuries,” Patrick Hirtle, a spokesperson for the town, told the Bulletin in an email.

“There was no damage to either public nor private property, and the vehicle is being assessed through a local dealership to ensure it’s in good working order ... at this point, we don’t anticipate there will be anything found wrong with it, or any costs associated with repairs.”

The particulars of the incident are under investigation, Hirtle said, and additional details are unavailable.

OBITUARIES

James (Jim) Robert Danson

Feb. 27, 1951 - Dec. 31, 2024

With sadness, we announce that Jim, age 73, died at home in East Gore, with his partner of 14 years, Sue McRuer and his son, John, at his side. He is survived by John (Alison) and grandsons David and Nate, Ottawa; Ned, Calgary; and Gwen Danson (Jeff Gabriel), Halifax. His loss is felt by his sisters, Lynne (Malcolm Barkhouse) and Ruth Danson (James Faraday, deceased), as well as his nieces and nephews, and the extended McRuer family who welcomed him into their hearts. Remembered as a violinist, and craftsman at his Bowed Instrument Shop in Halifax, Jim was a lifelong participant in the music community across the Maritime provinces. Private natural burial, no funeral. To see full details of his life well-lived, and to leave condolences, visit www.sweenysfuneralhome.com

Shirley Albertha Croft

November 4, 1935 - December 24th, 2024

On Christmas Eve, Mom finally found peace after a very long struggle with Alzheimer’s. Mom was born and grew up in Hebb’s Cross. When we were growing up, she had many stories to tell us about her long walks to the schoolhouse in Camperdown in the winter-time. She married young and started a family in Middlewood, where she suffered the tragic loss of her first son. This loss she carried with her all her life. She was a warm and caring person who loved her family unconditionally and would drop everything to come running if we needed her. Her love of animals included not just her poodles but extended to budgies and even a pet rabbit. This love of dogs lives on today in her children and grand-children. We, her children, have many fond childhood memories of camping trips and summers spent at the cottage. Our friends were always made welcome, and our home was a gathering place for the neighbourhood children to come play. Her shrubs and flower gardens were a thing of beauty, and she was in her glory when she was outdoors gardening. Berry-picking, jam-making, pickling and canning vegetables from our garden kept her busy in the summer- along with trying to keep track of 5 children! She kept a spotless house, baked and cooked wonderful meals. She also worked outside the home doing private housecleaning jobs. The grandchildren were cherished and enjoyed time spent with them. After our dad passed, our mom would go to music jams and card parties to help pass the time. She was very independent-which made it hard to accept help when Alzheimer’s limited her ability to care for herself. She lived out her last years at Queens Manor- where she enjoyed participating in the many events that went on. The excellent care she received from the staff there was a great source of comfort to her family. Mom was predeceased by her parents, Charles and Tessie Stewart of Hebb’s Cross; her husband Garnet Croft; sister Thelma Stewart and Mary Hallett; brother Robert (Annie) Stewart; sons David and Mark Croft; and daughter Jennifer Llewellyn. Left to mourn her passing are her remaining children: Dale (Mary) of Crouse’s Settlement, JoAnne (Trevor) Sarty of Italy Cross, Jeannie Roy (Reid Bolivar) of Middlewood, 11 grandchildren and many great- grandchildren. Visitation will take place on Thursday, January. 9, 2025 from 6 p.m. to 8 p.m. at R.A.Corkum Funeral Home, Wileville, and where also a memorial service will take place on Friday, January. 10 at 1 p.m. Family flowers only. Memorial donations may be made to Calvary Lutheran Church, Middlewood; SHAID Tree Animal Shelter or a charity of your choice.



What’s coming to streaming this week

January 8-14, 2025

AMAZON PRIME

January 8th

PWHL: PWHL: Ottawa vs New York  
Tasokare Hotel

January 9th

Cat’s Meow  
Everything Must Go  
Good Will Hunting  
Haretaraaine [Exclusive Content]  
Hercules: The Legend Begins  
I Don’t Know How She Does It  
Infidelity  
Mercury Plains  
Miss Potter  
Miss You  
On Call [Amazon Original]  
Red Carpet VIP Al Tappeto [Amazon Original]  
Unstable Fables Pigs & A Baby

January 10th

LOL: Qui Rira Le Dernier? (Season 3) [Amazon Original]  
NHL Coast to Coast [Amazon Original]  
Ski Jumpers [Exclusive Content]  
Ubel Blatt [Exclusive Content]

January 11th

Fear of God Athletics at City Reapers  
ONE Fight Night 27: Tang vs. Abdullaev  
Speak No Evil

January 12th

My Internship In Canada  
Sas Rogue Heroes (Season 2) [Exclusive Content]  
Sur Le Seuil  
Sur Le Rythme

January 13th

Above And Beyond: The Story Of Cpl. William T. Perkins, Jr.  
Italy Made With Love

PMNH: Flames vs Blackhawks

January 14th

Hellboy: The Crooked Man

CRAVE

January 8th

The Rookie: Season 7  
The Dark Side Of The Cage  
Kitchen Nightmares: Season 9

January 9th

The Traitors U.S.: Season 3  
Bridget Jones: The Edge of Reason —Starz  
Sons of Ecstasy

January 10th

The Meg — Starz  
The Natural — Starz  
Fury — Starz  
The F Word — Starz  
Quiz Lady  
Queenpins  
Women Talking  
Longing  
Bill Maher: Is Anyone Else Seeing This?

DISNEY+

January 8th

Ishura (Season 2 premiere)  
Return to Las Sabinas (Season 1, new episode)

January 9th

Abbott Elementary (Season 4, new episode)  
Return to Las Sabinas (Season 1, new episode)  
UFOs: Investigating the Unknown (Season 1)

January 10th

Goosebumps: The Vanishing (all episodes)

Return to Las Sabinas (Season 1, new episode)

January 14th

American Dad (Season 20, new episode)  
Star Wars: Skeleton Crew (new episode)

NETFLIX

January 8th

Dubai Bling: Season 3 (AE) — Netflix Series  
Fake Profile: Season 2 (CO) — Netflix Series  
Hound’s Hill (PL) — Netflix Series  
I Am A Killer: Season 6 — Netflix Documentary  
Subteran (RO) — Netflix Series

January 9th

American Primeval — Netflix Series  
Asura (JP) — Netflix Series  
I am Ilary (IT) — Netflix Series  
Public Enemies  
The Upshaws: Part 6 — Netflix Series

January 10th

Ad Vitam (FR) — Netflix Film  
Alpha Males: Season 3 (ES) — Netflix Film  
Love is Blind: Germany (DE) — Netflix Series (new episodes)  
Rise of the Guardians  
WWE Smackdown: 2025 — Netflix Live Event

January 11th

Sakamoto Days (JP) — Netflix Anime (weekly)

January 14th

Ari Shaffir: America’s Sweetheart — Netflix Comedy Special  
Single’s Inferno: Season 4 (KR) — Netflix Series

SOUTH SHORE BULLETIN

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☐ 15 words or less, \$9.00\*. Additional words \$0.20\* each.

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☐ 1 col.: \$20.00\*; 2 col.: \$30.00\*. Includes one photo. Additional photo: \$20.00\*.

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☐ Photo with write-up, 75 words or less: \$25.00\*; additional photo: \$30.00\*; write-up only: \$15.65\*. Additional words \$0.20 each.

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OBITUARIES

☐ 75 words or less: \$15.65. Additional words \$0.20 each. With photo: add: \$20.00\*.

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THURSDAY AT 4 P.M. PRIOR TO PUBLICATION DATE (Note: Holidays may affect deadlines)

\*Note: All classified ads must be pre-paid. All prices are +HST

# Nova Scotia Lobster Crawl 2025

*A story worth savouring*

By STEPHANIE MILLER VINCENT

**SOUTH SHORE** - When February arrives on Nova Scotia's South Shore, something magical happens. What was once considered a quiet month now buzzes with energy and the scent of melted butter. This transformation began in 2018 with a simple but bold idea: what if winter became a time to shell'ebrate the South Shore's most famous crustacean? And so, the Nova Scotia Lobster Crawl was born - a culinary festival that turned cold days into a warm embrace of flavour, culture, and community.

As the countdown to the eighth Annual Lobster Crawl begins, January becomes a month of preparation, anticipation, and a dash of controlled chaos for organizers who have been hard at work since last

March. What keeps them going? The joy of unveiling the signature events that make each year's Lobster Crawl unforgettable. Here's a behind-the-scenes look at the three Anchor Events that promise to make this year's celebration one for the books.

### THE ROLL-OFF: A BEACHSIDE SHOWDOWN

It all begins on Feb. 2nd, a date marked on the calendar for two reasons: Lucy the Lobster makes her annual appearance to predict whether spring is near, and the Lobster Roll-Off kicks off at the stunning Quarterdeck Resort on Summerville Beach.

Picture the scene: the Quarterdeck's Champlain Centre filled with the hum of excitement, the salty tang of the ocean air, and Chef's showcasing the finest lobster rolls the South Shore has to offer. The defending



FILE PHOTO

The Kilted Chef, Alain Bossé, shows off a lobster roll to the judges during the 2024 lobster roll competition.

champion, Emerald Light Kitchen & Bar, stole hearts – and appetites – last year with their winning roll. Now, the question on everyone's mind is: who will rise to the challenge and take the claw this time?

But the Roll-Off isn't just a competition; it's an invitation to slow down and savour life. After all, the Quarterdeck is only steps from the sand, making it the perfect place for an eat, beach walk, sleep, repeat weekend. To make it even sweeter, check out their special packages at quarterdeck.ca and plan a beachside getaway.

### A BOWLFUL OF STORIES: THE CHOWDER CHOWDOWN SHOWDOWN

By the time Feb. 9th rolls around, Crawlers will be ready to warm up with the Lobster Chowder Chowdown Showdown, hosted at the Black Loyalist Heritage Centre in Birchtown.

The competition is as fierce as it is delicious. Ten South Shore restaurants will ladle out their best chowders, each bowl brimming with rich flavours and a touch of creativity. Is that dill? A hint of habanero? The only certainty is that every spoonful is crafted to impress.

Last year's winner, Mr. Fish, set the bar high with a chowder that left tasters clamouring for more. But will they hold onto their Golden Ladle title? As you taste your way through the lineup, your ticket includes ten

chowder samples, and a flaky homemade biscuit to complete the experience.

While you're there, take a moment to explore the Centre's multimedia presentation and immerse yourself in the powerful stories of the Black Loyalists' journey. It's a chance to feed both your body and your soul.

### ENDING WITH THE FINAL CATCH: THE TAIL END PARTY

If you've ever wondered how February could fly by so fast, the answer is simple: the Lobster Crawl's grand finale makes time disappear. On Feb. 28th, Crawlers gather at the Best Western Plus Bridgewater for the Tail End Party Reception, an event that perfectly captures the South Shore's spirit of warmth and camaraderie.

The reception is a celebration of everything the Lobster Crawl represents: good food, great company, and unforgettable memories. With live music, local drinks, and the chance to swap stories with fellow Crawlers, it's a fitting farewell to a month that always feels too short.

Visit lobstercrawl.ca to explore the full lineup of events, purchase tickets, and start planning your South Shore adventure.

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**WINTER GREEN CART TIPS**

Food waste can freeze in your cart, making it hard to empty. Here are some tips:

- Put your cart out every green cart collection, even if it isn't full. Retrieve it from the road when empty, to make way for snowplows.
- Strain and wrap wet foods in newspaper or stick food scraps in cereal boxes or paper shopping bags.
- Line your cart with cardboard or paper leaf waste bags so food waste slides out easier when it freezes. Plastic-type compostable liners are not accepted.
- Large carts can hold up to 250 lbs. Carts over this weight will not be emptied to prevent damaging them. **Don't put hot ashes in your cart, you can start a fire!**

Questions? Visit [www.communityrecycling.ca](http://www.communityrecycling.ca) or call 902-543-2991

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